

**TIER 1**  
**Social/Emotional Intervention Examples**

<b>TIER 1 Social/Emotional Interventions and Supports:</b>
<b>Breaks:</b>
-move position in class
-have student take frequent breaks or activity
-send student on errand
-snack break
-take a break
-call parent or note home
-card flip
-clear, consistent, and predictable consequences
-do unfinished work during choice time or unstructured time
-have student say a nice thing to the student they called a name
-logical consequences
-natural consequences
-office referral
-reflection sheet
-remove from room
-speak in calm and neutral tone
-take away privileges
<b>Praise:</b>
-acknowledge positive behavior
-praise student frequently
-praise when cooperative and well behaved
-praise when good attitude and involvement occur

-praise when on task
<b>Rewards:</b>
-simple reward system/incentives
-call parent or positive note home
<b>Other:</b>
-alternative seating in own space
-alternative modes of completing assignments
-assign a buddy or partner
-assign a classroom job
-break down assignment
-break down directions
-call on student frequently
-clear and concise directions
-color coded folders
-daily planner
-encourage interaction/pair up with more self-confident student or role model
-engage student
-explain assignment or directions
-frequent eye contact
-frequent home contact
-give choices
-have student repeat directions back
-headphones
-ignore (planned ignoring)
-individual work space/remove distracting materials
-listen to music

-model appropriate language
-more structured routine
-non verbal cues
-organize materials daily
-pause before giving a direction
-pre-teaching
-provide a container for a student's belongings
-proximity to student
-reassurance
-redirection
-reduce assignment
-reflective listening
-review expectations and rules
-speak in calm and neutral tone
-have student stand while working
-stress ball or fidget
-talk one on one with student
-talk to parent
-teach and model specific social skills, self-monitoring or relaxation technique
-teach substitute words
-use a timer
-visual schedule or examples (using pictures or objects)

**Go to [PBISWorld.com](http://PBISWorld.com) for behavior tracking forms, simple incentive charts and supports for specific behaviors.**