

EMAIL 1# Welcome sequence

Overcoming the Trauma of Narcissistic Abuse

Hey [Name],

I am so glad you decided to join my newsletter community.

You have taken the first step towards a life of greater fulfillment and success, and I am honored to be part of your journey.

Now that you're here, I want you to know exactly what you can expect:

- Discover how to overcome the trauma of narcissistic abuse and start your healing journey.
- Unlock the secrets to overcoming narcissistic abuse from experts and survivors.
- Reclaim your sense of self-worth and start living a fulfilling life again.

As a survivor of narcissistic abuse myself, I understand the challenges and struggles that come with rebuilding your life. But I also know that it is possible to heal and create a fulfilling life after such trauma.

Thank you for entrusting me with your journey toward healing and empowerment.

Regards,

Michelle