

SADENE S. JOHNSON

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EDUCATION

Towson University - Biology

Towson, MD – 8/19 to 5/25

Walter Johnson High School

Bethesda, MD - 9/14 to 7/18

EXPERIENCE

Point Performance- Physical Therapy Technician

Bethesda, MD (08/2024 – present)

- Assisted patients during treatment sessions by prompting exercise sequences and ensuring proper form and safety under the supervision of licensed physical therapists
- Maintained clean and organized treatment and gym areas
- Monitored patient progress during exercises, documented supervised activities, and reported observations to therapists for treatment modifications
- Supported administrative tasks including patient check-in/out, follow-up calls, and general clerical duties
- Managed physical therapy supply inventory and performed daily restocking to ensure treatment areas remained fully equipped
- Acted as a liaison between patients and therapy staff, providing clear, compassionate communication to support patient care
- Collaborated with the physical therapy team to coordinate and adjust individualized treatment plans for optimal outcomes

Adventist Healthcare at White Oak- Dietetic Assistant

Silver Spring, MD (02/2023- 08/2024)

- Assisted with meal planning, preparation, and delivery for patients with specific dietary needs, ensuring dietary restrictions and preferences were met.
- Conducted nutritional assessments and monitored patients' food intake, reporting any concerns to the dietitian.
- Educated patients and their families on nutritional guidelines and healthy eating habits.
- Managed patient dietary records and updated nutritional data in electronic health records (EHR) systems.
- Coordinated with dietitians for patient consultations and follow-ups.
- Answered phone calls and responded to inquiries regarding dietary services and nutrition plans.
- Organized and maintained filing systems, ensuring confidentiality of patient information.

Certified Pharmacy Technician (CPhT)- Giant Pharmacy

North Bethesda, MD (06/2019- 02/2023)

- Assisted pharmacist to fill and dispense prescriptions for customers
- Processed insurances and invoices for billing and resolved issues with payment
- Helped with record keeping, data entry, and office filing
- Handled store merchandising duties, place orders, and strengthen accuracy of orders
- Retrieved and dispensed prescription orders via in-person
- Answered numerous phone inquiries regarding medications
- Reviewed cash register and improved store appearance
- Updated patient records and inventory and process invoices using computerized system
- Supportive team player by always being available to cover shifts on short notice at other Giant store location

Technical Service Representative- Logical Integrations Inc

Norcross, Georgia (06/2020-08/2020) (Virtual)

- Managed ZOOM video teleconference platform
- Identified hardware and software needs
- Coordinated the use of audio-visual equipment
- Monitored video conferencing platform
- Troubleshooted any ZOOM connection problems
- Assisted attendees with support requests, complaints, and inquiries regarding the CDC-RFA-DP202001 Virtual Kickoff Meeting
- Documented user calls and issued resolution related processes and procedures

Student Worker- Towson University Post Office

Towson, MD (09/2018- 3/2020)

- Responded to customer requests via telephone and email while effectively responding to inquiries
- Analyzed departmental documents for appropriate distribution and filing
- Received and scanned packages to be delivered to campus population
- Delivered mail and scanned packages for various dorms
- Collected letters and scanned packages from UPS and USPS
- Organized packages and mail to be delivered to multiple locations

Host and Runner – Nandos

Bethesda, MD (04/2018- 8/2018)

- Welcomed guests and assigned them their tables
- Created a great dining experience for guests by providing excellent customer service
- Operated cash register to place order for customers
- Served food and ensured that tables were clean and organized

AWARDS AND EXTRA CURRICULAR ACTIVITIES

Certified Pharmacy Technician – Pharmacy Technician Certification Board