

# **PDB Zoom Meeting Leader's Guide M-F, 6:15AM; S-S, 7:00AM**

**08/04/2022**

*(The Chairperson is encouraged to prepare a topic for discussion or use a reading from the Daily Ponderables and then share their thoughts about the reading. The chairperson may schedule attendees to read or ask for volunteers. Links to the readings are listed below.)*

## **[How It Works](#)**

## **[Twelve Traditions](#)**

## **[9th Step Promises](#)**

- Welcome to the Pre-Dawnbusters Morning Meditation Online Meeting of Alcoholics Anonymous at the 8111 Club. My name is [ \_\_\_\_\_]. I am an alcoholic.
- Please join me in a moment of silence followed by the Serenity Prayer. [Serenity Prayer]
- Please help keep background noise to a minimum by muting yourself when you are not speaking and unmute when you speak.
- Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership. We are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; and neither endorses nor opposes any causes. Our primary purpose is to stay sober and to help other alcoholics achieve sobriety.

• Each AA group ought to be a spiritual group, having but one primary purpose: that of carrying its message to the alcoholic who still suffers. We ask that you confine the discussion to alcoholism and related topics.

• Do we have any visitors or newcomers today? We would like to welcome you to the meeting.

○ Can someone read “How It Works”?

○ Can someone read “The Twelve Traditions”?

○ Can someone read “The Ninth Step Promises”?

• Our 7th Tradition says that we are fully self-supporting through our own contributions. Please contribute via the Venmo app @EightyOneEleven-Clubhouse and write “PDB-Zoom meeting” in the description line. You can also contribute on the 8111 website or at the clubhouse.

• We encourage everyone to have a sponsor and even, more importantly, to speak with them or another alcoholic before you take that first drink. A list of member names and numbers is available.

• AA literature is available online or at the 8111 Clubhouse.

• Check the chat menu for links to all the resources I mentioned this morning. Join us in the virtual parking lot after the meeting if you would like to talk or need help.

• Are there any AA-related announcements?

• Who would like to give out the chips?

## DISCUSSION

*(The Chairperson is encouraged to prepare a topic for discussion or use a reading from the Daily Ponderables and then share their thoughts about the reading. Attendees are encouraged to share about the reading but are free to share about anything 'alcohol related')*

“The topic is \_\_\_\_\_ or anything related to alcoholism.”

**At 5 minutes before the end of an hour or when no one has shared for about five minutes>**

- Are there any “burning desires”? Anything you need to say for the sake and safety of your sobriety?
- Thank you all for helping me stay sober today by participating in the meeting.
- Our 12th Tradition reminds us that anonymity is the spiritual foundation of all our traditions, reminding us to place principles before personalities. In part, this means that I have the right to say that I’m an alcoholic and that I was here, but I do not have the right to say that you are an alcoholic or that I saw you here. Please respect personal anonymity.
- After a moment of silence, please join in the Lord’s Prayer.

*Post these links in the chat menu>*

- Member list:

<https://docs.google.com/spreadsheets/d/1ATH8zPJuLTakyO4Crf4QqhneRL5CrGnO/edit?usp=sharing&ouid=113339221894845681858&rtpof=true&sd=true>

- Meeting Website: <https://sites.google.com/view/8111predawnbusters/home>

- AA Literature Website [https://www.aa.org/pages/en\\_US/aa-literature](https://www.aa.org/pages/en_US/aa-literature)