- **Ps.56.1 - Be merciful to me, O God, for man would swallow me up; Fighting all day he oppresses me.**
- **Ps.56.2 - My enemies would hound me all day, For there are many who fight against me, O Most High.**
- **Ps.56.3 - Whenever I am afraid, I will trust in You.**
- **Ps.56.4 - In God (I will praise His word), In God I have put my trust; I will not fear. What can flesh do to me?**
- **Ps.56.5 - All day they twist my words; All their thoughts are against me for evil.**
- **Ps.56.6 - They gather together, They hide, they mark my steps, When they lie in wait for my life.**
- **Ps.56.7 - Shall they escape by iniquity? In anger cast down the peoples, O God!**
- **Ps.56.8 - You number my wanderings; Put my tears into Your bottle; Are they not in Your book?**
- **Ps.56.9 - When I cry out to You, Then my enemies will turn back; This I know, because God is for me.**
- **Ps.56.10 - In God (I will praise His word), In the LORD (I will praise His word),**
- **Ps.56.11 - In God I have put my trust; I will not be afraid. What can man do to me?**
- **Ps.56.12 - Vows made to You are binding upon me, O God; I will render praises to You,**
- **Ps.56.13 - For You have delivered my soul from death. Have You not kept my feet from falling, That I may walk before God In the light of the living?**