



# Approved Book List

(updated Summer 2026)

<b>Approved Book List-----</b>	<b>4</b>
500 – Principles of Research and Program Evaluation-----	4
503 – Introduction to the Counseling Profession-----	5
504 – Abnormal Psychology & DSM-5-----	5
505 – Developmental Psychology-----	5
508 – Clinical Applications of Adlerian Theory-----	5
509.3 – Comparative Theories Through an Adlerian Lens (3 credit)-----	5
516 – Introduction to Addictions & Co-Occurring Disorders-----	6
517 – Ethics and Professional Identity in Counseling-----	6
519 – Trauma and Crisis Intervention-----	6
521.5 - Values, Ethics & Legalities in Art Therapy-----	6
523 – Multicultural Counseling-----	6
525 – Essential Interviewing Skills-----	6
527 – Special Topics: Trauma-Informed Approaches-----	6
527.2 - Exploring the Expressive Arts Through Play-----	7
527.14 - Counseling Military Populations-----	7
527.18 - Counseling Clients with Chronic Pain-----	7
527.19 - Nutritional Psychology-----	7
527.21 - Adlerian Insights into Counseling Offender Populations-----	7
527.22 - Spirituality in Counseling-----	7
527.23 - Foundations of Counseling Men-----	8
527.24 - Grief and Loss-----	8
527.25 - Reframing Dissociative Identity Through an Adlerian Lens-----	8
532 – Group Psychotherapy and Counseling-----	8
533 – Clinical Assessment-----	8
534 – Behavioral Neuroscience-----	9
536 – Clinical Treatment Planning in Counseling & Psychotherapy-----	9
537 – Advanced Approaches to Counseling & Psychotherapy Skills-----	9
539 – Consultation and Advocacy in the Mental Health Profession-----	9
541 – Theories of Family Therapy-----	10
542 – Couples Counseling-----	10
543- Family Therapy-----	10
544 – Counseling Children & Adolescents-----	10
551 – Foundations of Art Therapy-----	10

552 – Art Therapy for Children & Adolescents-----	11
553 - Group Art Therapy-----	11
555 – Art Therapy Assessment-----	11
556 – Art Therapy Studio: Media Exploration-----	11
557.1 - Art Therapy in the Treatment of Eating Disorders-----	11
557.3 - Art Therapy with Older Adults-----	11
557.4 - Art Therapy and Spirituality-----	12
557.6 - Art Therapy and the Psychosocial Impact of Cancer-----	12
557.8 - Art Therapy and the Autism Spectrum-----	12
557.9 - Art Therapy: Grief and Loss-----	12
557.11 - Art Therapy for Addictions-----	12
557.12 - Sexuality and Art Therapy-----	12
557.14 - Community Based Art Therapy-----	13
558 - Multicultural Art Therapy-----	13
559 - Integrative Approaches to Family Art Therapy-----	13
562 - Foundations of Career Development-----	13
566 - Integrative Approach to Art Therapy and Neuroscience-----	13
583 - Case Management for Co-occurring Disorders-----	13
584- Evidence Based Practice in Co-Occurring Disorders-----	14
585- Integrative Seminar in CODAC-----	14
604 - Portfolio Defense - COD, MCFC, MHC-----	14
604.4 – Portfolio Defense – Art Therapy-----	14
620 - Advanced Seminar in Counseling: Human Sexuality-----	14
680 - Foundations of Expressive Arts Therapy-----	14
681- Multimodal Application of Expressive Arts in Therapy-----	15
682 - Clinical Practices in Expressive Arts Therapy-----	15
683 - Expressive Arts: Group Applications-----	15
684.2 - Native and Indigenous Health and Healing-----	16
684.3 - Visual Arts and Storytelling-----	16
684.4 - Mindfulness and Contemplative Practices-----	16
684.5 - Mind-Body Work in Expressive Arts Therapy-----	16
684.6 - Poetry and Writing in the Expressive Arts-----	17
684.7 - Dreamwork-----	17
684.8 - Movement and the Creative Process-----	17

684.9 - MARI-----	17
684.10 - Counseling Applications of MARI-----	18
684.11 - Music and Sound in Therapy-----	18
684.12 - Trauma Informed Expressive Arts Therapy-----	18
684.13 - Expressive Arts Therapies and Art-Based Approaches-----	18
684.14 - Exploring Adlerian Life Tasks Through Visual Journaling-----	18
685 - Field Experience in Expressive Arts Therapy-----	19
930 - Introduction to Field Experience-----	19
930.1 - Introduction to Field Experience (EXAT & AT)-----	19
931 - Practicum for COD, MCFC, and CMHC-----	19
938 - Internship in Mental Health Counseling-----	19
948 - Internship in MCFC-----	20
956 - Introduction to Field Experience in Art Therapy-----	20
957 - Practicum in Art Therapy-----	20
958 - Internship in Art Therapy-----	20
988 - Internship in Co-Occurring Disorders-----	21

## Approved Book List

<i>Summer 2026</i>	Title	Author(s)	Publication Year	Edition	ISBN
<b>500 – Principles of Research and Program Evaluation</b>					
<b>Required</b>	Counseling and Educational Research: Evaluation and Application	Houser	2019	4th	978-1544305066
<b>Required</b>	The Heart and Soul of Change: What Works in Therapy	Duncan, Miller, Wampold, & Hubble	2010	2nd	Available on EBSCO in APA PsycBooks database 978-1433807091

## 503 – Introduction to the Counseling Profession

Required	The World of the Counselor: An Introduction to the Counseling Profession	Neukrug	2022	6th		978-1793544971
Required	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th		978-1138478954

## 504 – Abnormal Psychology & DSM-5

Required	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th		978-0890425763
Required	Diagnosing and Treating Children and Adolescents: A Guide for Mental Health Professionals	Flamez & Sheperis	2015			978-1118917923
Required	Psychopathology & Psychotherapy: DSM-5-TR Diagnosis, Case Conceptualization, and Treatment	Sperry, Sperry, & Bluvshstein (Eds.)	2024	4th		978-1032478333

## 505 – Developmental Psychology

Required	The Life Span: Human Development for Helping Professionals	Broderick & Blewitt	2024	6th		978-0138161507
Required	Nurturing Resilience: Helping Clients Move Forward from Developmental Trauma	Kain	2019			978-1623172039

## 508 – Clinical Applications of Adlerian Theory

Required	The Psychology of Courage: An Adlerian Handbook for Healthy Social Living	Yang & Milliren	2018			978-1138884397
Required	Techniques in Adlerian Psychology	Carlson & Slavik	1997			978-1560325550

## 509.3 – Comparative Theories Through an Adlerian Lens (3 credit)

Required	Theories of Counseling and Psychotherapy	Jones-Smith	2021	3rd		978-1544384559
Required	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th		978-1138478954

## 516 – Introduction to Addictions & Co-Occurring Disorders

Required	Foundations of Addictions Counseling	Capuzzi & Stauffer	2024	5th		978-0138233549
----------	--------------------------------------	--------------------	------	-----	--	----------------

## 517 – Ethics and Professional Identity in Counseling

Required	Ethical Decision-Making for the 21st Century Counselor	Sheperis, Henning, & Kocet	2024	2nd		978-1793586759
Recommended	Ethical, Legal, and Professional Issues in Counseling	Remley & Herlihy	2019	6th		978-0134061641

## 519 – Trauma and Crisis Intervention

Required	Trauma Counseling: Theories and Interventions for Managing Trauma, Stress, Crisis, and Disaster	Lopez Levers	2022			978-0826150844
Required	Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others	Van Dernoot Lipsky & Burk	2009			978-1576759448
Required (Choose 1)	Healing the Fragmented Selves of Trauma Survivors: Overcoming Internal Self-Alienation	Fisher	2017			978-0415708234
	The Pain We Carry: Healing from Complex PTSD for People of Color	Gutierrez	2022			978-1684039319
	Trauma and Recovery: The Aftermath of Violence - From Domestic Abuse to Political Terror	Herman	2015			978-1541602953
	Decolonizing Trauma Work: Indigenous Stories and Strategies	Linklater	2014			978-1552666586

## 521.5 - Values, Ethics & Legalities in Art Therapy

Required	Ethical Issues in Art Therapy	Moon & Nolan	2019			978-0398093143
Required	Ethical, Legal, and Professional Issues in Counseling	Remley & Herlihy	2024	7th		978-0138168094
Required	The Words of Martin Luther King, Jr.	King, C.	2001			978-1557044501

## 523 – Multicultural Counseling

Required	Multicultural Counseling: Responding with Cultural Humility, Empathy, and Advocacy	Summers & Nelson	2023	1st		978-0826139528
----------	--	------------------	------	-----	--	----------------

## 525 - Essential Interviewing Skills

Required	Intentional Interviewing and Counseling: Facilitating Client Development in a Multicultural Society	Ivey, Ivey, and Zalaquett	2022	10th		978-0357622797
Required	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th		978-1138478954

## 527 - Special Topics: Trauma-Informed Approaches

Required	Principles of Trauma Therapy: A Guide to Symptoms, Evaluation and Treatment	Briere & Scott	2025	3rd		978-1544333564
Required	Treating the Trauma Survivor: An Essential Guide to Trauma-Informed Care	Clark, Classen, Fourt, & Shetty	2014			978-0415810982

## 527.2 - Exploring the Expressive Arts Through Play

Required	Doing Play Therapy: From Building the Relationships to Facilitating Change	Kottman, T. & Meany-Walen, K.	2018			978-1-462536054
Required	Handbook of Expressive Arts Therapy	Malchiodi, C.	2023			978-1462550524
Recommended	Partners in Play: An Adlerian Approach to Play Therapy	Kottman, T. & Meany-Walen, K.	2016			978-1556203527
Recommended	Windows to Our Children	Oaklander, V.	1988			972-1938304026

## 527.14 - Counseling Military Populations

Required	Counseling Military Families	Hall	2016	2 <sup>nd</sup>		978-0415704526
----------	------------------------------	------	------	-----------------	--	----------------

## 527.18 - Counseling Clients with Chronic Pain

Required	None					
----------	------	--	--	--	--	--

## 527.19 - Nutritional Psychology

Required	None					
----------	------	--	--	--	--	--

## 527.21 - Adlerian Insights into Counseling Offender Populations

Required	Exploring Developmental Trauma Disorder Among Offending Populations: In Pursuit of Healing and Justice	Sapp	2024			978-3031611568
Required	Correctional Counseling and Rehabilitation	Salisbury & Van Voorhis	2022	10th		978-0367406455
Required	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th		978-1138478954

### 527.22 - Spirituality in Counseling

Required	Integrating Spirituality and Religion into Counseling: A Guide to Competent Practice	Cashwell & Young (eds.)	2020	3rd		978-1556203879
Required	Man's Search for Meaning	Frankl	2006			978-0807014271

### 527.23 - Foundations of Counseling Men

Required	Men's Mental Health: A Wellness-Based Approach to Healthy Masculinity	Granello, Fleming, & Hudson (eds.)	2024			978-1793573254
----------	---	------------------------------------	------	--	--	----------------

### 527.24 - Grief and Loss

Required	Grief Counseling and Grief Therapy: A Handbook for the Mental Health Practitioner	Worden	2018	5th		978-0826134745
Required	The Gift of Grief: A Practical Guide to Navigating Grief and Loss	Robinson	2020			978-1735392509

### 527.25 - Reframing Dissociative Identity Through an Adlerian Lens

Required	Dissociation and the Dissociative Disorders: Past, Present, and Future	Dorahy, Gold, & O'Neil (Eds.)	2023			978-0367522780
Required	An Introductory Clinical Guide to Dissociative Identity Disorder	Nooney	2024			978-1683737780

### 529 - Group Didactic

Required	None					
----------	------	--	--	--	--	--

### 532 - Group Psychotherapy and Counseling

Required	The Theory and Practice of Group Counseling	Corey	2022	10th		978-0357622957
----------	---	-------	------	------	--	----------------

Required	Adlerian Group Counseling and Therapy: Step-by-Step	Sonstegard, Bitter, & Pelonis	2015	1st		978-1138871588
Required	The Interpersonal Neurobiology of Group Psychotherapy and Group Process	Gantt & Badenoch	2013	1st		978-1780491776

### 533 – Clinical Assessment

Required	Assessment in Counseling: Procedures and Practices	Hays	2023	7th		978-1556204159
----------	--	------	------	-----	--	----------------

### 534 – Behavioral Neuroscience

Required	Handbook of Clinical Psychopharmacology for Therapists	Preston, O'Neal, & Talaga	2025	10th		978-1648483684
Required	Behavioral Neuroscience for the Human Services: Foundations in Emotion, Mental Health, Addiction, and Alternative Therapies	Johnson	2014			978-0199794157
Required	Trauma-Informed Care: How Neuroscience Influences Practice	Evans & Coccoma	2014			978-1138637160

### 536 – Clinical Treatment Planning in Counseling & Psychotherapy

Required	Treating Those with Mental Disorders: A Comprehensive Approach to Case Conceptualization	Kress & Paylo	2018	2nd		978-0134814568
----------	--	---------------	------	-----	--	----------------

### 537 – Advanced Approaches to Counseling & Psychotherapy Skills

Required	Individual Counseling and Therapy: Skills and Techniques	Chen & Bloom	2025	4th		978-1032503691
Required	45 Techniques Every Counselor Should Know	Erford	2019	3rd		978-0134694894 See: <a href="https://www.pearson.com/en-us/subject-catalog/p/45-techniques-every-counselor-should-know/P200000001000/9780134694894">https://www.pearson.com/en-us/subject-catalog/p/45-techniques-every-counselor-should-know/P200000001000/9780134694894</a>
Required	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th		978-1138478954

## 539 – Consultation and Advocacy in the Mental Health Profession

Required	Professional Counseling Excellence Through Leadership and Advocacy	Chang & Barrio Minton	2021	2nd		978-0367494568
Required	And Healthcare for All: How to Become a High-Performing, Equity-Centric Organization: A Practical Guide for Health Leaders	Mancini	2023			978-1915930453

## 541 – Theories of Family Therapy

Required	Family Therapy: Concepts and Methods	Nichols & Davis	2021	12th		Check Pearson (publisher)
Required	Systems of Family Therapy: An Adlerian Integration	Sherman & Dinkmeyer	2015			978-1138869042
Required	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th		978-0890425763

## 542 – Couples Counseling

Required	Clinical Handbook of Couple Therapy	Lebow & Snyder	2022	6th		978-1462550128
Required	A Practical Guide to Family Therapy: Structured Guidelines and Key Skills	Wallis, James, & Rhodes (Eds.)	2024	2nd		978-1032789835
Recommended	Case Studies in Couples Therapy	Carson & Casado-Kehoe	2011	1st		978-0415879439

## 543- Family Therapy

Required	A Practical Guide to Family Therapy: Structured Guidelines and Key Skills	Wallis, James, & Rhodes (Eds.)	2024	2nd		978-1032789835
Required	Socioculturally Attuned Family Therapy: Guidelines for Equitable Theory and Practice	McDowell, Knudson-Martin, & Bermudez	2022	2nd		978-1032074412

## 544 – Counseling Children & Adolescents

Required	Counseling Children and Adolescents: Connecting Theory, Development, and Diversity	Smith-Adcock & Tucker	2023	2nd		978-1544385990
----------	--	-----------------------	------	-----	--	----------------

<b>Required</b>	Children: The Challenge	Dreikurs & Soltz	1991			978-0452266551
<b>Required</b>	Reclaiming Youth at Risk: Futures of Promise	Bendtro, Brokenleg, & Van Bockern	2019	3rd		978-1949539158

## 551 – Foundations of Art Therapy

<b>Required</b>	Wiley Handbook of Art Therapy	Gussak & Rosal	2016			978-1118306598
<b>Required</b>	Little Windows into Art Therapy: Small Openings for Beginning Therapists	Schroder	2005			978-1843107781
<b>Required</b>	The Art Therapy Sourcebook	Malchiodi	2006	2nd		978-0071468275

## 552 – Art Therapy for Children & Adolescents

<b>Required</b>	Art Therapy Practices for Resilient Youth: A Strengths-Based Approach to Art Therapy	Berberian & Davis	2019			978-1138293519
<b>Required</b>	The Practitioner's Guide to Child Art Therapy: Fostering Creativity and Relational Growth	Shore	2013			978-0415829038

## 553 - Group Art Therapy

<b>Required</b>	Group Art Therapy: Practice and Research	Robb	2022			978-0367527778
<b>Required</b>	Adlerian Group Counseling and Therapy: Step-by-Step	Sonstegard & Bitter	2004			978-1138871588

## 555 – Art Therapy Assessment

<b>Required</b>	The Art Therapists' Primer: A Clinical Guide to Writing Assessments, Diagnosis, and Treatment	Horovitz	2020			978-0398093389
<b>Required</b>	Assessment in Art Therapy	Gilroy, Tipple, & Brown	2012			978-0415567961

## 556 – Art Therapy Studio: Media Exploration

<b>Required</b>	Expressive Therapies Continuum: A Framework for Using Art in Therapy	Hinz	2020	2nd		978-0367280420
<b>Required</b>	A Guide to Art Therapy Materials, Methods, and Applications: A Practical Step-by-Step Approach	Horovitz	2017			978-1138209428

<b>Required</b>	Implementing the Expressive Therapies Continuum: A Guide for Clinical Practice	Graves-Alcorn & Kagin	2017	1st		978-1138652408
<b>557.1 - Art Therapy in the Treatment of Eating Disorders</b>						
<b>Required</b>	Drawing from Within: Using Art to Treat Eating Disorders	Hinz	2006			978-1843108221
<b>Required</b>	The Wiley Handbook of Art Therapy	Hunter	2016			978-1118306598
<b>557.3 - Art Therapy with Older Adults</b>						
<b>Required Books</b>	Pending					
<b>557.4 - Art Therapy and Spirituality</b>						
<b>Required</b>	Spirituality and Art Therapy: Living the Connection	Farrelly-Hansen	2009			978-1853029523
<b>Required</b>	Spiritual Art Therapy: An Alternate Path	Horovitz	2017			978-0398091880
<b>557.6 - Art Therapy and the Psychosocial Impact of Cancer</b>						
<b>Required</b>	Art Therapy and Health Care	Malchiodi	2012			978-1462507160
<b>Required</b>	Art Therapy and Cancer Care	Waller	2005			978-0335216208
<b>557.8 - Art Therapy and the Autism Spectrum</b>						
<b>Required</b>	Divergent Mind: Thriving in a World that Wasn't Designed for You	Nerenberg	2020			Audiobook Recommended
<b>Required</b>	Life as a Late-Identified Autistic: A Collection of Essays Exploring Autism	Schuld	2024			B0CT5PNMC7
<b>Required</b>	Special Interests in Art Therapy with Autistic People: A Neurodiversity Positive Approach to Empower and Engage Participants	Stallings	2022			978-1787759084
<b>557.9 - Art Therapy: Grief and Loss</b>						
<b>Required</b>	Grief and Loss Across the Lifespan: A Biopsychosocial Perspective	Walter & McCoyd	2016			978-0826120281
	*3 <sup>rd</sup> edition available – check with instructor					

## 557.11 - Art Therapy for Addictions

Required	Art Therapy and Substance Abuse: Enabling Recovery from Alcohol and Other Drug Addiction	Schmanke	2017			978-1849057349
Required	Art Therapy in the Treatment of Addiction and Trauma	Quinn	2020			978-1785927867

## 557.12 - Sexuality and Art Therapy

Required	When Art Therapy Meets Sex Therapy	Metzal	2016			978-1138913134
Required	Expanding the Practice of Sex Therapy	Ogden	2018			978-1138543942
Required	What Every Mental Health Professional Needs to Know About Sex	Buehler	2021	3rd		978-0826135889

## 557.14 - Community Based Art Therapy

Required	An Introduction to Visual Culture	Mirzoeff	2023	3rd		978-0367235345
Required	Community Art Therapy: Theory and Practice	Nolan	2023			978-1032044583

## 558 - Multicultural Art Therapy

Required	Multicultural Counseling: Responding with Cultural Humility, Empathy, and Advocacy	Summers & Nelson	2023	1st		978-0826139528
Required	Art Therapy for Social Justice: Radical Intersections	Talwar	2019	1st		978-1138909069

## 559 - Integrative Approaches to Family Art Therapy

Required	Family Art Therapy: Foundations of Theory and Practice	Kerr, Hoshino, et al.	2008			978-1138969544
Required	Multicultural Family Art Therapy	Kerr	2015			978-0415827324

## 562 - Foundations of Career Development

Required	Career Development and Counseling: Theory and Practice in a Multicultural World	Tang	2018	1st edition		978-1452230863
Required	Adlerian Counseling and Psychotherapy: A Practitioner's Wellness Approach	Sweeney	2019	6th edition		978-1138478954

## 566 - Integrative Approach to Art Therapy and Neuroscience

Required	My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies	Menakem	2017			978-1942094470
Required	Mindsight: The New Science of Personal Transformation	Siegel	2010			978-0553907100
Required	Your Brain on Art: How the Arts Transform Us	Magsamen	2024			978-0593449240

## 567 - Psychotraumatology: Assessment and Intervention

Required	See books listed under Course 519.					
----------	------------------------------------	--	--	--	--	--

## 583 - Case Management for Co-occurring Disorders

Required	Case Conceptualization and Treatment Planning: Integrating Theory with Clinical Practice	Berman	2018	4th		978-1506331386
Required	Co-Occurring Disorders: A Whole-Person Approach to the Assessment and Treatment of Substance Use and Mental Disorders	Aitkins	2021	2nd		978-1683733829
Required	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th		978-0890425763

## 584- Evidence Based Practice in Co-Occurring Disorders

Required	Co-Occurring Disorders: A Whole-Person Approach to the Assessment and Treatment of Substance Use and Mental Disorders	Atkins	2021	2nd		978-1683733829
Required	Evidence-Based Addiction Treatment	Miller	2009			978-0123743480
Required	Integrated Treatment for Co-Occurring Disorders: Treating People, Not Behaviors	Klott	2013			978-1118205662

## 585- Integrative Seminar in CODAC

Required	None					
----------	------	--	--	--	--	--

## 604 - Portfolio Defense - COD, MCFC, MHC

Required	None					
----------	------	--	--	--	--	--

## 604.4 - Portfolio Defense - Art Therapy

Required	None					
----------	------	--	--	--	--	--

## 620 - Advanced Seminar in Counseling: Human Sexuality

Required	What Every Mental Health Professional Needs to Know About Sex	Buehler	2021	3rd		978-0826135889
----------	---	---------	------	-----	--	----------------

## 680 - Foundations of Expressive Arts Therapy

Required	Handbook of Expressive Arts Therapy	Malchiodi	2022	1st		978-1462550524
Required (Choose 1)	Women Who Run with the Wolves	Pinkola Estes	1992			978-0345377449
	Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants	Wall Kimmerer	2013			978-1571313560
	The Spell of the Sensuous: Perception and Language in a More-Than-Human World	Abram, D.	1997			978-0679776390
	The Listening Path: The Creative Art of Attention	Cameron, J.	2021			978-1250768582

## 681- Multimodal Application of Expressive Arts in Therapy

Required	The Creative Arts in Counseling	Gladding	2021			978-1556204067
Required	The Creative Connection: Expressive Arts as Healing	Rogers, N.	1993			978-0831400804
Recommended	Minstrels of Soul: Intermodal Expressive Therapy	Knill, Barba, & Fuchs	2015			978-0968533031
Recommended	The Art of Emotional Wellness: Guided and Expressive Arts Activities for Healing, Growth, and Connection	Randick	2026			979-8994511909

## 682 - Clinical Practices in Expressive Arts Therapy

Required	Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions	Degges-White & Davis	2017	2nd		978-0826177018
----------	--	----------------------	------	-----	--	----------------

<b>Required</b>	Using Expressive Arts to Work with Mind, Body, and Emotions: Theory and Practice	Pearson & Wilson	2009			978-1849050319
<b>Recommended</b>	Trauma, Tragedy, Therapy: The Arts and Human Suffering	Levine	2009			978-1843105121

### 683 - Expressive Arts: Group Applications

<b>Required</b>	Art-Based Group Therapy: Theory and Practice	Moon, B.	2016	2nd		978-0398091156
-----------------	--	----------	------	-----	--	----------------

### 684.1 - Special Topics: Nature in Counseling

<b>Required</b>	Nature-based Therapy: A Practitioner's Guide to Working Outdoors with Children, Youth, and Families	Harper, Rose, & Segal, D.	2019			978-0865719132
<b>Required</b>	Outdoor Therapies: An Introduction to Practices, Possibilities, and Critical Perspectives	Harper & Dobud	2021			978-0367365707
<b>Recommended</b>	Ecopsychology					

### 684.2 - Native and Indigenous Health and Healing

<b>Required</b>	Healing the Soul Wound: Trauma-Informed Counseling for Indigenous Communities	Duran, E.	2019			978-0807761397
-----------------	---	-----------	------	--	--	----------------

### 684.3 - Visual Arts and Storytelling

<b>Required</b>	Storytelling Therapy: The Therapist's Guide to Authentic Bibliotherapy	Shoshan-Reshef	2022			979-8843231743
<b>Required</b>	The Storyteller's Handbook	Hurst	2022			978-1970147766

### 684.4 - Mindfulness and Contemplative Practices

<b>Required</b>	Art as a Contemplative Practice: Expressive Pathways to the Self	Franklin & Chapple	2018			978-1438464329
<b>Required</b>	Mindfulness and the Arts Therapies: Theory and Practice	Rappaport	2013			978-1849059091

## 684.5 - Mind-Body Work in Expressive Arts Therapy

<b>Required (Choose 1)</b>	Radical Belonging: How to Survive + Thrive in an Unjust World (While Transforming It for the Better)	Bacon, L.	2020			978-1950665341
	My Grandmother's Hands: Racialized Trauma and the Mending of Our Bodies and Hearts	Menakem, R.	2017			978-1942094470
	Burnout: The Secret to Unlocking the Stress Cycle	Nagoski, E. & Nagoski, A.	2019			978-1984818324
	The Angel and the Assassin: The Tiny Brain Cell that Changed the Course of Medicine	Nakazawa, D. J.	2020			978-1524799199
	Complex PTSD: From Surviving to Thriving	Walker, P.	2013			978-1492871842
	Women Who Run with the Wolves	Pinkola Estes	1992			978-0345377449

## 684.6 - Poetry and Writing in the Expressive Arts

<b>Required</b>	The Soul is Here for Its Own Joy: Sacred Poems from Many Cultures	Bly, R.	1999			978-0880014755
<b>Required</b>	Nine Gates: Entering the Mind of Poetry	Hirschfield, J.	1998			978-0060929480
<b>Required</b>	The Art of Dying	Truer, J.	2018			978-1641822497

## 684.7 - Dreamwork

<b>Required</b>	A Clinician's Guide to Dream Therapy	Ellis	2020			978-0367029159
<b>Required</b>	A Geography of Dream Work and Art Therapy	Carpendale	2021			978-1698706719
<b>Recommended</b>	Let Your Body Interpret Your Dreams	Gendlin	2004			978-0933029019

## 684.8 - Movement and the Creative Process

<b>Required</b>	Sensing, Feeling and Action: The Experiential Anatomy of Body-Mind Centering	Bainbridge, C.	2012			978-0937645147
<b>Required</b>	The Expressive Body in Life, Art, and Therapy: Working with Movement, Metaphor and Meaning	Halprin, D.	2003			978-1843107378

### 684.9 - MARI

<b>Required</b>	The Little Book of Colour	Haller, K.	2019			978-0241352854
<b>Required</b>	Mini MARI <sup>®</sup> Card Set – Provided by Instructor					

### 684.10 - Counseling Applications of MARI

<b>Required</b>	Your instructor will provide information on the required MARI kit.					
-----------------	--	--	--	--	--	--

### 684.11 - Music and Sound in Therapy

<b>Required</b>	Music Therapy Handbook	Viega, dos Santos, & Wheeler (Eds.)	2025	2nd		978-1462556922
<b>Required</b>	Sound Healing for Beginners: Sonic Medicine for the Body, Chakra Rituals, and What They Didn't Tell You About Vibrational Energy	Ascending Vibrations	2021			978-1953543943

### 684.12 - Trauma Informed Expressive Arts Therapy

<b>Required</b>	Trauma and Expressive Arts Therapy: Brain, Body, and Imagination in the Healing Process	Malchiodi	2020			978-1462543113
<b>Required</b>	Trauma Is Really Strange	Haines	2015			<b>Provided on Canvas</b>
<b>Required</b>	My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies	Menakem	2017			978-1942094470

### 684.13 - Expressive Arts Therapies and Art-Based Approaches

Required	PENDING					
----------	---------	--	--	--	--	--

### 684.14 - Exploring Adlerian Life Tasks Through Visual Journaling

Required	The Creative Journal: The Art of Finding Yourself	Cappachione	2015			978-0804011648
----------	---	-------------	------	--	--	----------------

### 685 - Field Experience in Expressive Arts Therapy

Required	Ethical Issues in Art Therapy	Moon & Goldstein Nolan	2019	4th		978-0398093143
----------	-------------------------------	------------------------	------	-----	--	----------------

### 930 - Introduction to Field Experience (CMHC, COD, MCFC)

Required	None					
----------	------	--	--	--	--	--

### 930.1 - Introduction to Field Experience (EXAT & AT)

Required	Foundations of Art Therapy Supervision: Creating Common Ground for Supervisees and Supervisors	Awais & Blausey	2020			978-1138212152
----------	--	-----------------	------	--	--	----------------

### 931 - Practicum for COD, MCFC, and CMHC

Required	Field Experience: Transitioning from Student to Professional	Zhang & Parsons	2015			978-1483344539
Required	Case Conceptualization: Mastering this Competency with Ease and Confidence	Sperry & Sperry	2020	2nd		978-0367256654
Required	Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment	Sperry, Sperry, & Blushtein (Eds.)	2024	4th		978-1032464497
Required	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th		978-0890425763

### 938 - Internship in Mental Health Counseling

<b>Required</b>	Field Experience: Transitioning from Student to Professional	Zhang & Parsons	2015			978-1483344539
<b>Required</b>	Case Conceptualization: Mastering this Competency with Ease and Confidence	Sperry & Sperry	2020	2nd		978-0367256654
<b>Required</b>	Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment	Sperry, Sperry, & Bluvshstein (Eds.)	2024	4th		978-1032464497
<b>Required</b>	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th		978-0890425763

### 948 - Internship in MCFC

<b>Required</b>	Field Experience: Transitioning from Student to Professional	Zhang & Parsons	2015			978-1483344539
<b>Required</b>	Case Conceptualization: Mastering this Competency with Ease and Confidence	Sperry & Sperry	2020	2nd		978-0367256654
<b>Required</b>	Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment	Sperry, Sperry, & Bluvshstein (Eds.)	2024	4th		978-1032464497
<b>Required</b>	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th		978-0890425763

### 956 - Introduction to Field Experience in Art Therapy

<b>Required</b>	Foundations of Art Therapy Supervision: Creating Common Ground for Supervisees and Supervisors	Awais & Blausey	2021			978-1138212152
-----------------	--	-----------------	------	--	--	----------------

### 957 - Practicum in Art Therapy

<b>Required</b>	Foundations of Art Therapy Supervision: Creating Common Ground for Supervisees and Supervisors	Awais & Blausey	2021			978-1138212152
<b>Required</b>	Case Conceptualization: Mastering this Competency with Ease and Confidence	Sperry & Sperry	2020	2nd		978-0367256654

### 958 - Internship in Art Therapy

<b>Required</b>	Foundations of Art Therapy Supervision: Creating Common Ground for Supervisees and Supervisors	Awais & Blausey	2021			978-1138212152
<b>Required</b>	Case Conceptualization: Mastering this Competency with Ease and Confidence	Sperry & Sperry	2020	2nd		978-0367256654

### 988 - Internship in Co-Occurring Disorders

<b>Required</b>	Field Experience: Transitioning from Student to Professional	Zhang & Parsons	2015			978-1483344539
<b>Required</b>	Case Conceptualization: Mastering this Competency with Ease and Confidence	Sperry & Sperry	2020	2nd		978-0367256654
<b>Required</b>	Psychopathology and Psychotherapy: DSM-5 Diagnosis, Case Conceptualization, and Treatment	Sperry, Sperry, & Bluvshstein (Eds.)	2024	4th		978-1032464497
<b>Required</b>	Diagnostic and Statistical Manual of Mental Disorders, Text Revision (DSM-5-TR)	American Psychiatric Association	2022	5th		978-0890425763