

## **HaloRed Contraindications**

*Below is a list of conditions where individuals should avoid using a HaloRed.*

- 1) Diseases that involve the retina of the eye, such as diabetes
- 2) Photo-sensitizing medications like lithium, melatonin, phenothiazine, antipsychotics, and certain antibiotics.
- 3) Pregnancy
- 4) Epilepsy
- 5) People currently taking cortisone injections or steroids
- 6) Use of Red Light Therapy directly over the thyroid in specific thyroid conditions is not advised
- 7) Due to the increased circulation response from Red/NIR, it is not advised to apply red light therapy to active hemorrhage or bleeding wounds since it may only allow for more bleeding.
- 8) Halotherapy is not recommended in the following cases: tuberculosis, fever, contagious conditions, severe heart disorders, or existence of cancer, advanced pregnancy, or acute state of respiratory attack.

**Disclaimer:** The use of Salt Therapy is not intended to substitute for medical care or treatment.