

October Trips in Northern Spain

Explore the hidden gems of the north — on foot, by van, or wherever the road takes us.

This October, Daniel will be leading a series of nature-based trips through the mountains, coasts, forests, and villages of Northern Spain. These trips are real, grounded, and wild — just like the north.

The possibilities:

- Scenic hikes, waterfalls, secret beaches
- Northern gastronomy: local restaurants and simple village cooking
- Encounters with local culture and traditions
- Flexible pace: from adventurous treks to relaxed nature days
- A relaxed, welcoming atmosphere with space for spontaneity and curiosity

Daniel brings years of experience as a nature guide, yoga teacher, and local explorer. He knows the terrain, the people, the legends — and how to hold a group with clarity and humor. Whether you're seeking adventure or just want to breathe fresh air and eat well, you'll be in good hands.

Maya will be joining for some of the trips, offering a slower, nourishing rhythm for those who want moments of reflection, simple meditations, or to ask about healthy food spots and practices.

Who It's For

- People who love nature in all its forms
- Curious travelers who want to go beyond the usual tourist spots
- Those who want to feel part of something real, without anything too structured

Come as you are, with curiosity and a sense of wonder.

Write to us to learn more about upcoming dates and options.

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