



4th and 5th Grade Run Club

4th and 5th Grade Run Club is available to any 4th and 5th graders who would like to participate in our run club which will focus on running the mile. Through the run club, I will pick up to eight boys and eight girls in each grade level to participate in the District 12 Cross Country Meet held on the afternoon of September 28th at the Margaret Carpenter Rec Center on 112th and Colorado Blvd.

When: Mondays and Thursdays

Time: **2:35-3:10**

Dates: **September** 10th, 14th, 17th, 21st, 24th, / **Race on Sept. 28th**

Qualifying Day: September 21st

Where: Meet in the Gym for attendance and then we will head out to the playground areas to run.

Note: Students must have transportation home or be in B.A.S.E. Pick up will be in front of the school at 3:10. Please be on time as I have to get to Legacy High School for football practice. Thank you.

Tear and keep top half at home for dates and times

Student Name _____ Grade _____

How will your student get home? BASE _____ Picked Up _____ Walk _____

Signature _____ Date _____

Best contact name and number for this time _____

If you have any questions contact me directly.

Gunnar Johnson

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