

## Making a Positive Change for Men's Well-Being

Hey Men's Line Australia

I was checking out MensLine Australia's work, and I'm impressed by the amount of success you guys have had in helping men to take control of their mental health and wellbeing

I have noticed you guys don't have an Instagram page and only Facebook, top players in the mental health space have Instagram pages and this could help raise awareness of your service, connect men with resources, and promote positive mental health.

If you like this idea and want to find other ways to get more men to seek support at Mens Line Australia.

Let's jump on a call. Just click here

<https://calendly.com/d/27c-w7y-g8g/conversation-connection-call> to pick a time that works.

Looking forward to talking more,

Hayden purdye