2025 FIELD DAY ACTIVITIES

******Cones will be limited - for some relays we have spray painted lines as a starting or finishing line. If you need to tweak a game feel free, please do whatever works best for you. You may have time to do the activities more than once. Please stay on schedule - every 15 minutes we rotate

Baseball Hits - The class will divide into groups at the tall cones. One player will dump all the balls by their tall cone. The remaining teammates will take the empty basket out in the field and gather the balls as they are hit. Once one player hits all the balls the teammates will switch. PLEASE BE CAREFUL NOT TO ALLOW ANYONE TO STAND BY THE CONES WHEN A PLAYER IS BATTING!!! Before heading to the next station please collect all the balls from the field and bring them back to the tall cones.

- **A.M. shift (8:30 - 11:15) classes will be:** Lofay, Richardson, Johnson, Barbour, Marshall, King, Greenwood, Scott, Burrus, Stratton
- **P.M. shift (11:15 - 1:45) classes will be:** Wilson, Thompson, Solakian, Elam

Builders and Bulldozers: Divide the class in half. Half will be the builders and half will be the bulldozers. The builders will run around the area and set the cones up correctly. The bulldozers will use one hand to knock the cones over. After a few minutes they will freeze and then switch jobs.

- **A.M. shift (8:30 - 11:15) classes will be:** DiAngelo, Geddings, Solakian, Askew, DeRon
- **P.M. shift (11:15 - 1:45) classes will be:** Coles, Schrade, Hudson, Whitehead, Cochran

Bubble Pool - There will be baby pools full of bubble mix - the students will each have a fly swatter - dip it in the pool - back up and blow - millions and millions of bubbles:) This is also a great way to wash their hands.

- **A.M. shift (8:30 - 11:15) classes will be:** Coles, Schrade, Minervini, Whitehead, DiAngelo, Hopson, Geddings, Sherrod
- **P.M. shift (11:15 - 1:45) classes will be:** Cochran, DeRon, PM Pre-K

Centipede Build/break down - Students will line up relay style behind the cones and stack of hula hoops. One hula hoop will be placed 10 feet in front of each relay line. Students will go relay style and take one hula hoop and hop in the previous hoops and lay their hop down after the last hoop connecting them into a centipede. Once they have laid all of the hoops down they are finished. **Centipede break down -** Relay style one player will hop in all the hula hoops to the last hoop and pick it up and bring it back to the relay line. This will continue until all the hula hoops are picked up. Wait for your hand to be tagged to go.

- **A.M. shift (8:30 - 11:15) classes will be:** DeRon, Cochran, Hudson, Schrade, Lofay
- **P.M. shift (11:15 - 1:45) classes will be:** Minervini, DiAngelo,Askew, Stratton, Smith, Coles, Hopson

Chalk Art - This will be where car riders drop off in the morning. Hopefully by the end of the 3rd grade hallway doors. Move if no open space is left. There will be buckets of sidewalk chalk. Students are to draw pictures on the sidewalks - NO LETTERS OR NAMES!!! Please don't allow them to draw on the bricks of the school.

- **A.M. shift (8:30 - 11:15) classes will be:** Coles, Shrade, Whitehead, DiAngelo, Hopson, Hudson, Geddings, Sherrod, Richardson
- **P.M. shift (11:15 - 1:45) classes will be:** Cochran, Deron, Greenwood, Eberle, Askew, Barbour

Coconuts: In this game every player will start by an upside down cone with 2-3 balls in or next to each cone. You may have to put additional cones out or take away cones prior to the start depending on your class size. They will try to remember which come is theirs. On the signal, students will try to take coconuts from other cones and bring them back to their cone. They may only have one ball in their hand at a time. They may not guard their cone everyone must be moving. On a whistle play stops and the cone with the most balls near it wins!!!

- **A.M. shift (8:30 - 11:15) classes will be:** Solakian, Hopson, Eberle, Askew, DeRon
- **P.M. shift (11:15 - 1:45) classes will be:**Schrade, Hudson

Cone Dice Relay: Split the class into 5 groups. Try to make teams even. Part One Dice Roll: Each team rolls a dice. Teams have a set of 6 cones at their end. If you roll a 6, collect it, while the next person rolls. Roll a 5, collect the 5. If a team rolls a number they already have, return it. They can also take 2 cones that equal the number rolled. First team to collect all 6 cones wins.

- **A.M. shift (8:30 - 11:15) classes will be:** Johnson, Lofay, Richardson, Stratton, Smith, Marshall, Askew, Greenwood, Scott, Burrus
- **P.M. shift (11:15 - 1:45) classes will be:** Wilson, King, Elam, Thompson, Eberle

Cone Stack Race: Divide into relay teams. Each team has the same number of small cones at the end of the relay. Each team also has one large cone. The first person runs down and grabs one small cone and runs it back to their relay team. That player runs downs and puts the small cone on top of the larger cone, grabs a smaller cone and runs it back to their relay team. They repeat this until all the small cones are gone.

- **A.M. shift (8:30 - 11:15) classes will be:** Burrus, Greenwood, Scott, Richardson, Thompson, Stratton, King, Eberle
- **P.M. shift (11:15 - 1:45) classes will be:** Whitehead, Smith, Barbour, Deron, DeAngelo

Crab Ball - THIS **GAME WILL TAKE PLACE IN THE GYM!!!!** This station will go quickly - be sure to be on time or a minute early to get ready. Depending on your grade level - you may play another class. (1st grade you are going to divide your grade level into 4 teams, each team will sit on a section of mats. 1st grade there is no need to worry about jersey shirts.) When you enter the gym give your kids a number on their hand 1-6, there are washable markers on the speaker cart. This will speed up the process of starting the game. Have the students sit on their side of the mats and put on colored jersey. The students will take their shoes OFF. The teacher/volunteer will call out 1 number at a time – when your number is called you will walk like a crab to the middle and try to kick the ball over the head of the other team. The remaining students will get on their knees and try to block the team from scoring. The students on the mats not in the game cannot come off of the mats or stand up for any reason during the game. Points are scored by kicking it over the other team or points are awarded to the other team if one team breaks one of the rules. There is no need to keep score unless you want to.

- **A.M. shift (8:30 - 11:15) classes will be:** Thompson, Marshall, Elam, Wilson, Greenwood, Scott, Burrus, Smith, Solakian, Barbour
- **P.M. shift (11:15 - 1:45) classes will be:** Eberle, Stratton, Askew, Richardson, Johnson, Lofay, King

Duck Duck Goose: Old time favorite - students make a circle and you pick one person to be the tagger - they softly tap each head saying duck, duck, duck until goose then they chase trying to get back to the original spot first.

- **A.M. shift (8:30 - 11:15) classes will be:** Geddings, Minervini
- **P.M. shift (11:15 - 1:45) classes will be:** Schrade, Coles, Hudson, Whitehead, DiAngelo, Cochran, DeRon

Egg race – Divide the students into even teams. Each team will start at the starting line. First person in line will hold the sand shovel with their hand and place the ball on top of the shovel. They have to balance the ball to the opposite side and turn around and come back. If they drop the ball on the way they have to pick it up and rebalance it and keep going. When they get back to the front of their line they will hand the shovel and ball to the next person in line. The first team to have everyone accomplish this wins.

- **A.M. shift (8:30 - 11:15) classes will be:** Hopson, Solakian, Geddings, DeRon, Askew
- **P.M. shift (11:15 - 1:45) classes will be:** Coles, Schrade, Hudson, DiAngelo, Whitehead

Facepaint in the Art Room - Mrs. T and her team will run this station. If students need to use the restroom or refill their water bottles this would be an excellent time.

- **A.M. shift (8:30 - 11:15) classes will be:** Elam, Barbour, Thompson, Marshall, Eberle, Wilson, Solakian, Cochran, Hudson,Stratton
- **P.M. shift (11:15 - 1:45) classes will be:** King, DeRon, Hopson, Coles, DiAngelo, Minervini, Lofay, Schrade, Whitehead,

Fire Truck visit - Hopefully the fire trucks will not be called away - if they are you can have an additional chalk art station. The fire trucks will hopefully be right outside on the car ramp by the 5th grade hallway hopefully - last year they parked where they wanted 🙂!!

- **A.M. shift (8:30 - 11:15) classes will be:** Schrade, Whitehead, Coles, DeAngelo, Minervini, Geddings, Sherrod

Hippity Hop "Bouncy" Ball Relay – You can divide class into 6 lanes. Each lane will have one bouncy ball. Sit on the ball and bounce down and around the cone and back. Switch with the first person in line and then go to the end of the line.

We also have a lot of hop balls - so if you would like to you can have them get into groups and take turns. Unfortunately we have to keep these in the dirt due to the little "prickly" things in parts of our grass.

- **A.M. shift (8:30 - 11:15) classes will be:** Minervini, DiAngelo, Hopson, Sherrod, Geddings, Coles, Whitehead, DeRon, Eberle
- **P.M. shift (11:15 - 1:45) classes will be:** Schrade, Solakian, Barbour, Cochran, Hudson, Askew

Human Pinball in the Gym: Have students sit around the perimeter of the floor. Adjust perimeter for class size. Give each student a number 1-4 if 20 or less students and 1- 5 if more than 20 students. Pick a number to go inside the perimeter. Give 3 - 6 playground balls to those sitting around the perimeter. On GO The students ROLL the ball trying to tag the feet of those in the center. The last person left will stay in the perimeter while the next number is called.

- **A.M. shift (8:30 - 11:15) classes will be:** Barbour, Thompson, Marshall, Elam, Wilson, Greenwood, Scott, Burrus, Smith, Stratton, Askew
- **P.M. shift (11:15 - 1:45) classes will be:** Richardson, Johnson, Lofay, King, Solakian

Jump Rope/Chinese Jump Rope - An easy one - let your students jump rope. There will be Chinese Jump Patterns for the kids to perform as well. When you leave this station please try to lay the ropes out so they are ready for the next group. Have a jump off with your kids or show them how you long rope jump. They love to see you jump!!!

- **A.M. shift (8:30 - 11:15) classes will be:**Whitehead, Stratton, King, Hopson, Smith, Johnson, Lofay
- **P.M. shift (11:15 - 1:45) classes will be:** Thompson, Marshall, Wilson, Richardson, Scott, Burrus

Make It Take It: Students will be divided into relay lines. The first person in line will grab a ball from their collection basket or the floor and take the ball to any hula hoop on the floor. Standing in the hoop they will shoot the ball into a laundry basket. If the ball makes it and stays in the basket they get to take the hula hoop back to their team's cone. Once all the hula hoops are gone the game is over. The volunteers and teachers will reset the hula hoops and the kids can pick up the balls and bring them back to their collections baskets. If there is enough time, you can play again!!

- **A.M. shift (8:30 - 11:15) classes will be:** Hudson, Cochran, Burrus, Scott, Lofay, Barbour, Wilson, Elam
- **P.M. shift (11:15 - 1:45) classes will be:** Minervini, Thompson, Hopson, Marshall, Johnson

Over Under pass, Foot pass and Ball Toss;: At this station there are multiple ways to play this game. The first is to have the students stand facing each other. One player will have the ball. Similar to an egg toss - have the kids toss the ball back and forth with one side taking a step back each time. They will continue until the ball is dropped. AT that point they will go back to how they started (close to one another) and start again.

Another way - Over Under - Classes split into teams forming a straight line the first person in line starts with the ball and passes the ball over the head to the person behind them. Have them chant over, under, over, under this will help them remember what to do. The next person will pass the ball under their legs….this will repeat until the last player gets the ball. They will take the ball and run to the front of the line and start again. When the original person gets back to the front the play is over.

One More way is Foot pass: This is extremely difficult for them. Students will lay on their backs and pass a ball to the person behind them only using their feet. They will squeeze the ball between their ankles and bring their legs up and over their head passing the ball to the next person in line that will use their feet to take the ball from them. This will be difficult and you may have to adjust depending on age. I would make very short lines for this because it will take them a bit to pass. The last person in line can then run the ball to the beginning and re start the process.

- **A.M. shift (8:30 - 11:15) classes will be:**Sherrod, Cochran, Hudson, Barbour
- **P.M. shift (11:15-1:45) classes will be:** Whitehead, DiAngelo, Coles, Minervini, DeRon

Parachute - Grab a section and shake - be a kid again - you can make popcorn or go under the parachute!!! You will need to assist with this. Please don't let the children stand on the parachute - it will rip. Be creative! Make a tent! Tell a story! Make waves! Walk in a circle! Have fun!

- **A.M. shift (8:30 - 11:15) classes will be:** Greenwood, Scott, Sherrod, Thompson, Burrus, Richardson, Cochran, Marshall, King
- **P.M. shift (11:15 - 1:45) classes will be:** Johnson, Hudson, Whitehead,Elam Smith Solakian, Deron, Minervini, Schrade

Pizza Tag: Each player will have a Pizza (poly spot). Using different locomotor skills students try to knock Pizza (poly spots) out of others hands while holding their pizza on their hand. If you lose your pizza you owe 3 jumping jacks. If you find a pizza on the floor you may pick it up. When the whistle blows everyone freezes.

- **A.M. shift (8:30 - 11:15) classes will be:** Eberle, Askew, Hudson, Cochran
- **P.M. shift (11:15 - 1:45) classes will be:** Minervini, Scott, Coles, Hopson, Stratton

Plunger Relay or Plunger pass: Students will form relay style lines. The first person in line will have a plunger and a ball. They will place the ball on the plunger, like an olympic torch with fire, and run down around the cone and back without dropping the ball. If we have enough money - we will purchase more plungers and we will form a circle and pass the ball from plunger to plunger without using their hands. **This will depend on how many plungers we can buy…. 🙂

- **A.M. shift (8:30 - 11:15) classes will be:** DeRon, Sherrod, Barbour, Solakian, Stratton, Eberle
- **P.M. shift (11:15 - 1:45) classes will be:** DiAngelo, Coles, Minervini, DeRon

Popsicle Station: Each student will enjoy one popsicle. Be sure to clean up the trash when finished.

- **A.M. shift (8:30 - 11:15) classes will be:** Geddings, Sherrod, All 5th Grade, All 4th Grade
- **P.M. shift (11:15 - 1:45) classes will be:** All 3rd Grade, All Kindergarten, All 1st Grade, All 2nd Grade

Rock Paper Scissors Hop - The class will be divided into 4 teams and start behind a hula hoop chain. One student from each end will hop towards each other - when they meet they will rock, paper, scissors…the winner will make eye contact with the first person in the opposing line and then hop towards each other. The loser will get out of the line and go to the end of the shortest line.

- **A.M. shift (8:30 - 11:15) classes will be:** King, Wilson, Smith, Elam, Eberle, Stratton, Thompson, Johnson
- **P.M. shift (11:15 - 1:45) classes will be:** Marshall, Burrus, Greenwood, Scott, Richardson, Lofay

Rudolph Red Nose Relay: Players must face the same direction with feet touching each other.The red nose (Red Ball) starts with the first person in line. When you say go, the red nose gets passed to each player ending on the last player. The ball must touch the hands of every player. When the last person has the red nose in their hand, they run to the front of the line. This player makes sure that the foot closest to the front player touches their foot and they begin passing the red ball again. When the chain of students reaches the bucket and drops it in they win. If the red nose is dropped……. **Start Over** If the red nose skips a player…..**Start Over** If shoes are not touching……..**Start Over.**

- **A.M. shift (8:30 - 11:15) classes will be:** Stratton, Askew, Eberle, Solakian, Lofay, Elam, Wilson,
- **P.M. shift (11:15 - 1:45) classes will be:** Burrus, Thompson, Hopson

Sack race – Students are divided into teams – each team has a sack – the students must get in the sacks and race relay style. You may also have 2 students stand side by side and they each put their "inside" leg in the bag – like a 3 legged race. We have a lot of sacks so you can do a huge race as well.

- **A.M. shift (8:30 - 11:15) classes will be:** Scott, Burrus, Greenwood,DeRon,Richardson, Thompson, Marshall, King, Eberle
- **P.M. shift (11:15 - 1:45) classes will be:** Johnson, Hudson, Whitehead, Elam, Smith, Askew,Stratton, Minervini

Snowball Race: Students will line up in relay lines. The first person in each line will have an exercise ball. They will roll it like a giant snowball down and around the cone and back to their team. Make this a continuous relay.

- **A.M. shift (8:30 - 11:15) classes will be:** Geddings, Minervini, DiAngelo, Johnson, Sherrod, Whitehead, Coles, Barbour, Richardson, Solakian
- **P.M. shift (11:15 - 1:45) classes will be:** Hopson, Wilson, Schrade, Cochran, King, Elam, Hudson

Sponge Relay - In this relay race the first person in line dips their sponge in a bucket of water and they run to the smaller bucket and ring out the sponge and race back – the fullest and fastest team wins. We will need to keep the buckets full of water.

- **A.M. shift (8:30 - 11:15) classes will be:** Smith, Coles, King, Johnson,Richardson
- **P.M. shift (11:15 - 1:45) classes will be:** Lofay,Thompson, Cochran, Hopson,Scott, Marshall, Burrus, Wilson, Greenwood

Sponge Toss – Students will dip a ball in a bucket and toss the ball back and forth to their partner after dipping it in water each time. Have the students take a step back every few tosses. This tends to get a little out of hand if you let it. Just toss and catch!!! This also takes a lot of water please help keep those buckets full if you can.

- **A.M. shift (8:30 - 11:15) classes will be:** Whitehead, Schrade, Coles, Sherrod, Johnson, Geddings, King
- **P.M. shift (11:15 - 1:45) classes will be:** Lofay, Elam, Hopson, DeRon, Greenwood, Barbour, Wilson

Stuck in the Mud – A circle of cones will be made – students must stay in the circle. Pick 3 students to be " it" – they will be given a tagging noodle. They run around and try to tag anyone below the waist with the noodle – once tagged the student must stand with their legs apart(and pretend they are stuck in the mud) – another student will crawl under their legs to free them – after a few minutes or all players are frozen, switch taggers.

- **A.M. shift (8:30 - 11:15) classes will be:** Askew, Eberle, Greenwood, Hudson, Cochran, Schrade, Lofay,
- **P.M. shift (11:15 - 1:45) classes will be:** DiAngelo, Minervini, Solakian, Wilson, Thompson, Marshall, Smith, Coles

Swamp Monster: A scooter tag game. Have students sit in lines behind the tape. Place two scooters in the middle of the room upside down with a tag stick(pool noodle) on it. Choose 2 students to be the swamp monster. These students will sit on the scooter in the middle of the room and have a tag stick in hand. The remaining students will form 8 relay lines, they will be the baby alligators who will be riding scooters on their belly. The object is for baby alligators to swim across the swamp from one side to the other without getting tagged. If tagged by the swamp monster…. Students must stand up, pick up their scooter and walk it back to their line. Play for about 2 minutes at a time then have the swamp monster choose someone to take their place.

- **A.M. shift (8:30 - 11:15) classes will be:** Marshall, Elam, Wilson, Lofay, Scott, Burrus, Smith, Solakian, Greenwood, Barbour
- **P.M. shift (11:15 - 1:45) classes will be:** Richardson, King, Hopson, DiAngelo, Stratton, Johnson, Thompson

Tire Bowling: Students will form relay lines behind a tire. The first person in line will go stand behind the bowling pins to catch (wherever the tire may roll) and roll the tire back to the line. The first bowler will attempt to roll the tire towards the bowling pins and try to knock over as many pins as possible. The person that rolled the tire will then switch and set up any bowling pins they hit. They will put the bowling pins on the spray painted marks. Their job now is to grab the tire after hitting the pins of the next bowler. Players will continue to rotate. Remember the person grabbing the tire also needs to grab it if the tire is going to hit the wrong bowling pins. Be sure to set up all the bowling pins before you switch stations.

- **A.M. shift (8:30 - 11:15) classes will be:** Richardson, Johnson, Lofay, Burrus, Schrade, Minervini, DiAngelo, Askew, Greenwood, Scott
- **P.M. shift (11:15 - 1:45) classes will be:** Cochran, Coles, Elam, Eberle, Marshall

Tug of War – Divide students into 2 equal groups. Each person holds on to a piece of the rope and tugs. When the flag crosses over the team's cone they win. Start the flag on the center cone.

- **A.M. shift (8:30 - 11:15) classes will be:** Wilson, King, Smith, Elam, Thompson, Johnson
- **P.M. shift (11:15 - 1:45) classes will be:** Marshall, Scott, Greenwood, Burrus, Richardson

Water Cup Relay Race - Students will make 3 or 4 straight lines. The first person in line will dip their cup into the bucket of water and scoop an entire cup of water, they will turn and pour the water in the next persons cup…this will continue until the last person who will dump what is left in the end bucket and then run back to the front to repeat the process. The end bucket with the most water will win the race.

- **A.M. shift (8:30 - 11:15) classes will be:** Smith, Stratton, King, Johnson, Richardson, Lofay
- **P.M. shift (11:15 - 1:45) classes will be:** Elam, Marshall, Burrus, Wilson, Greenwood, Scott