

PRESENT SIMPLE

+ Subject + V1 (he, she, it -> V-s)

I usually have lunch at 12 o'clock.

My nephew usually has lunch at 1 pm.

We are in quarantine.

-Subject + don't/doesn't + V1

I usually don't take a shower after lunch.

My nephew usually doesn't take a shower after lunch.

We aren't in quarantine.

? Do/Does + S + V1?

Do you usually have lunch at 12 o'clock?

Does your nephew usually take a shower after lunch?

What time do you usually have lunch?

habits

routine

repeated actions

usually, always, often, sometimes, seldom, rarely, never; every day/week..

fact

Scheduled events in the Future (timetable: transport, school, movie, concert..)

PRESENT CONTINUOUS

+ Subject + be (am/is/are) + V-ing

I am studying English now.

We are reviewing grammar now.

-Subject + be + not + V -ing

We aren't studying French.

? Be (am/is/are) + S + V-ing?

Are you studying English now?

Is he working now?

actions now / at the moment of speaking

longer action around now (this week/ these days..)

in the middle of the process (you started but haven't finished yet)

changes (get, become, change, improve) The days are getting shorter.

fixed plans in the Future (appointment, arrangements)

