

Preparing for a Headshot

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Trust in the expertise of the photographer and enjoy the experience of capturing professional images that represent you authentically.

Preparing for a headshot or photosession can help ensure that you look your best and feel confident in front of the camera. Here are some tips to help you prepare:

Choose Appropriate Attire

Select clothing that reflects your professional image and aligns with the purpose of the headshot. Solid colors and classic styles often work well, avoiding busy patterns or distracting logos. Make sure your clothing is clean, wrinkle-free, and well-fitted.

Grooming

Pay attention to grooming details such as hair, makeup, and facial hair. Style your hair in a way that you feel comfortable and confident. For makeup (if applicable), opt for a natural and polished look that enhances your features.

Rest and Hydration

Get plenty of rest and stay hydrated in the days leading up to your headshot session. Adequate sleep and hydration can help you look refreshed and energized.

Practice Posing

Our photographers are skilled and know how to capture your best side or look, but feel free to practice on your own if that helps to get you comfortable in front of the camera. Spend some time practicing different poses and expressions in front of a mirror. Experiment with subtle variations in posture, facial expressions, and angles to find the most flattering poses for you.

Relaxation Techniques

If you feel nervous or tense about being photographed, practice relaxation techniques such as deep breathing or visualization exercises. Remind yourself that the photographer is there to help you look your best and will guide you through the process. The goal is to capture an authentic representation of yourself, so try to relax and be yourself in front of the camera.

Arrive Early

Arrive at the location of the headshot session a few minutes early to allow yourself time to settle in and get comfortable. Use this time to review any last-minute details with the photographer and ensure that you feel prepared and confident.

Communicate with the Photographer

Communicate any specific preferences or concerns you have with the photographer before the session begins. Let them know if there are certain angles, poses, or expressions you prefer, and don't hesitate to ask questions or seek guidance throughout the process.

The photo process will take approximately 5–10 minutes.

After the Shoot

Once the shoot is complete, our multimedia specialists will take the photos back to our offices to select the best ones, do color correction, and other clean-up steps to ensure you get the best possible images for your course project.

You will receive your portraits via box in about 5 to 10 business days.