

Support Groups:

Support groups for visually impaired individuals and their families.

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**Created by Elijah Leightcap, Vision Rehabilitation Therapist,
Bureau of Blindness and Visual Services, Philadelphia, vrtinfo.com**

Search for a Local Agency:

Link: aphconnectcenter.org/directory.

Scan the QR Code Below.



For example, in Pennsylvania there are many agencies such as VisionLink which serves individuals in Philadelphia.

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Educating Communities for Parenting:

**Tuesdays 1:30-2:30 pm and Thursdays 6:30-7:30
pm on Zoom. Contact Anita Kulick at
anita@exparenting.org or 215-496-9780.**

Link: obs.org/parents/resources.cfm.

Scan the QR Code Below.



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Lighthouse Guild's Tele-Support Groups:

Over-the-phone support groups:

lighthouseguild.org/support-services/telesupport-groups.

Parents, Teens (Highschoolers), Young Adults (20 to 34), Adults (35+), Parents with Vision Loss, and Partners of People with Vision Loss.

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Eye2Eye:

Phone-based, peer support program, designed to assist adults who are blind or visually impaired and their families.

Link:

shp.rutgers.edu/psychiatric-rehabilitation/eye2eye

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National Federation of the Blind (NFB):

- **Parents of Blind Children:**
nfbnet.org/mailman/listinfo/blindkid_nfbnet.org.
- **Blind Parents:**
nfbnet.org/mailman/listinfo/nfbp-blindparents_nfbnet.org and
nfbnet.org/mailman/listinfo/blparent_nfbnet.org

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Facebook Support Groups:

- **Blind and Vision Impaired Support Network.**
- **Blind & Visually Impaired + Friends & Family.**

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Reddit Communities:

- **r/Blind.**
- **r/RetinitisPigmentosa.**
- **r/Glaucoma.**

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Open Compass Counseling:

Remote, paid counseling and support groups that are managed by a visually impaired person.

Link: opencompasscounseling.com.

Scan the QR Code Below.



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Call-In Discussion Groups from Hadley:

- **Examples Include: Resource Roundtable, Tech it Out, and What's Cooking.**
- **Account Needed.**
- **Link: hadleyhelps.org/discussion-groups.**

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