

Josh Seidman (he/him) to Everyone 9:02 AM
just going to be off video for a bit while I eat lunch

Evangeline Lee to Everyone 9:02 AM
AGENDA:

1. Review of last meeting 9 a.m. – 9:10 a.m.

1. I would be interested to hear any additional feedback after our meeting with Prof. John Foot. He did create a follow up communication to respond to questions that were raised in the chat that he could not respond to. [That link is HERE](#). I know that some of you had hardly even received your book yet, and hopefully most of you are making progress in the book. I'd be interested to know if there are more questions that have come to mind that you would like answered either this summer, or during our week in October.

2. Sneak Peak at Itinerary 9:10 – 9:30 a.m.

1. I sent a link via Slack last week for you to take a look at [this draft itinerary](#) – still a work in progress, but it is taking shape. We will walk through this on Friday and, as you can see, I am starting to formulate the composition of the three tour groups. As you will see only one group (Group C) will visit Gorizia, so if this is important to you, please reach out ASAP.
2. We will also be creating smaller groups to have a more intimate experience with clinicians, system users, families, fiscal people, peer workers, housing options etc. This would be a good time to start to tell me what is of particular interest to you.

3. Mission Statement 9:30 – 9:45 a.m.

a. I am setting aside some time for us to initially discuss coming to consensus re/ a mission statement for the Equipe. This is for you to come to agreement on; I can help to shepherd this.

b. *What is a mission statement:* we've all been associated with organizations who tackle vision and mission. For now, because this is a short-term initiative (one year) it seems most appropriate to come to consensus on the mission of the Equipe. A mission statement describes the WHAT the group is going to do and WHY. I would like to start this conversation at this meeting, and come to a decision at the next (8-9-24).

4. Recovery Discussion 9:45 a.m. – 10:10 a.m.

a. One of the questions we asked on the Survey Monkey was this one:

b. (Q8) **For the purposes of this study experience, we will encounter a different commitment to and definition of "recovery" in the mental health space. From your vantage point, how would you characterize the commitment we make to recovery in the United States?**

c. I am attaching [HERE a link to each of your responses to the Survey Monkey question on recovery](#). I noted in red comments that jumped out at me.

d. I am creating space on this agenda to start the conversation on "what is recovery" to see if there is congruence – or divergence – in this equipe before we head to Trieste. And this will be an important question to ask our new friends there. What does this mean to them? We don't have to resolve this on Friday; merely open the door to explore.

5. Travel arrangements 10:10 – 10:25 a.m.

1. Evangeline has already provided information on the Slack Channel on how to begin to plan for your travel and how to seek reimbursement. We'll continue this discussion and make time for your questions on Friday.

6. Filmmaker/documentary 10:25 – 10:40 a.m.

1. As you know, we already agreed to NOT have a journalist accompany the Equipe on this trip. (And already I've been contacted by two who want to come – to which I said, "no.")
2. We are also not going to go public about the trip until after – and this will be your decision on how to do this. This is part of the reason why I would like you to come to consensus on your mission statement.
3. However, I think we have agreed that it would be a missed opportunity to not capture some of this experience in film – for a future, as-yet, undetermined documentary. B-roll, if you will. Evangeline and I will bring you current on some conversations that have been had in this space – to seek your input.

7. Equipe participants share their research findings 10:40 – 10:50 a.m.

a. Josh Seidman suggested an area of study with which he has been involved that would be of interest to the broader equipe. And I agree – but I wanted to see if others of you have research or articles that you would want to share with the equipe before we go. We could set aside time in August or September for sharing as part of your preparation. Let's discuss.

8. Final Questions/Prep for Next Meeting 10:50 – 11 a.m.

You to Everyone 9:04 AM

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8. Final Questions/Prep for Next Meeting 10:50 – 11 a.m.

Joy Agner to Everyone 9:05 AM

Welcome Madhuri

Madhuri Jha to Everyone 9:05 AM

Thank you all for having me

Evangeline Lee to Everyone 9:06 AM

John Foot replies:

<https://docs.google.com/document/d/1NKPL88KesQYW6nsFUNo84a3Y2N3NjLeL/edit>

Joy Agner to Everyone 9:07 AM

I would love to

Evangeline Lee to Everyone 9:07 AM

Draft Itinerary:

<https://docs.google.com/document/d/1KwNUwsfQ5ILCt7fm6xeGeZGfBaELzacQ/edit>

Ruth Richardson to Everyone 9:09 AM

Good afternoon! Sorry I'm late. I'm on a bus so will stay off camera.

Karina Forrest Perkins | Vail Communities to Everyone 9:24 AM

Love the inclusion of art...

Stephanie Welch, CalHHS to Everyone 9:28 AM

I need to transition to the phone to hop in the car.

Fabiola Vilchez Ascher to Everyone 9:29 AM

La Casa del Popolo

Evangeline Lee to Everyone 9:34 AM

Re: translators in jail—they want to ensure the more technical terms are properly translated

Brittney Weissman/Hollywood 4WRD to Everyone 9:41 AM

Just shared with Travis: The Trieste trip was the longest work week I've ever had. I was always on! Vitamins, meds, pillowcase, sleep, walking, sunlight, #selfcare for us all.

Evangeline Lee to Everyone 9:41 AM

Noted: We will absolutely find info on the 12 step/AA/etc. groups in Trieste and make that info available to us all

Ruth Richardson to Everyone 9:44 AM

Court interaction would be helpful to understand.

Brittney Weissman/Hollywood 4WRD to You (direct message) 9:44 AM

Could we refer Steve to Jim Bianco?

Brittney Weissman/Hollywood 4WRD to You (direct message) 9:44 AM
In advance for a heads up.

Karina Forrest Perkins | Vail Communities to Everyone 9:50 AM
I would welcome working on this... when I think of the purpose of this group, I think of the following...how we can reimagine the US system design re: the recovery journey... how do we move upstream? how do we apply social practice across systems? how do we impact those barriers in the US that are deeply embedded...

Travis Atkinson to Everyone 9:51 AM
I agree with Anna--we have created "impossible lines" in our industry and social services that other countries have not, and they're holding us back.

Anna Bailey (she/her) CBPP to Everyone 9:51 AM
+ Mark: centering values is key

Karina Forrest Perkins | Vail Communities to Everyone 9:52 AM
What are our values in the US about people living with mental illness?

Ruth Richardson to Everyone 9:52 AM
I would volunteer to as well. I agree with need to reimagine.

Josh Seidman (he/him) to Everyone 9:52 AM
Happy to help too

Anna Bailey (she/her) CBPP to Everyone 9:52 AM
I'm also happy to help with this. I love this kind of stuff

Kate Warburton to Everyone 9:52 AM
I'd love to help

Brittney Weissman/Hollywood 4WRD to Everyone 9:52 AM
Want to harp on the national scope/potential of this group. We've tried to apply some of these principles inside CA already (in SF before Hollywood, even), but this group is a powerful national cohort that sh/could have broader impact.

Joy Agner to Everyone 9:52 AM
Happy to help

Cherene Caraco to Everyone 9:53 AM
Im traveling so please excuse my tardiness

Carissa Caban-Aleman to Everyone 9:53 AM
First thoughts that come to mind for the Mission are "to get inspiration and develop ideas to transform the mental health systems and services that we work with to be more

values-based, fair, effective, destigmatized and decolonized".

Madhuri Jha to You (direct message) 9:54 AM

I would probe them a little bit too on the type of commitments they want to think about making individually through an experience like this

Evangeline Lee to Everyone 9:55 AM

Recovery responses:

<https://docs.google.com/spreadsheets/d/1D3AqN-2gJx3zR-Oz04LY15DFMBW5PkaqdivOc9bwWAw/edit?gid=0#gid=0>

Karina Forrest Perkins | Vail Communities to Everyone 10:02 AM

Great comments Josh and Cherene

Anna Bailey (she/her) CBPP to Everyone 10:04 AM

Maybe like a word cloud

Anna Bailey (she/her) CBPP to Everyone 10:06 AM

Right. "Recovery" both holds too much and has been hallowed out.

Dr. Yolanda Stevens to Everyone 10:06 AM

+1-Joy

Karina Forrest Perkins | Vail Communities to Everyone 10:08 AM

One word is about our approach and another is what wellness really looks like from the individual's perspective..

Karina Forrest Perkins | Vail Communities to Everyone 10:08 AM

Words like wellness, thriving, flourishing...

Cherene Caraco to Everyone 10:09 AM

I think it depends on what our call to action is re: using the word recovery. We don't want to erase the survivor history and contributions nor the existing data and research. So if want to be very intentional if we go in this direction

Joy Agner 10:10 AM

Good point. I think recovery could still be referenced and discussed, but perhaps isn't our banner

Karina Forrest Perkins | Vail Communities to Everyone 10:10 AM

What does the person want? With lived experience? That is what drives my thinking...

Carissa Caban-Aleman to Everyone 10:11 AM

I think part of that also happens because there are different levels & ways of internalized systemic oppression in all of us. That's a hard conversation we might want to have.

Travis Atkinson 10:14 AM

Yes Carissa! We should address some of the ugly things we're carrying with us, latent as they may be.

Joy Agner 10:14 AM

I love this idea for a future session. Its easy to point the finger and would be helpful to look at the ways we unintentionally reproduce some of what we are critiquing, and also how our own vision or language is limited.

Carissa Caban-Aleman 10:16 AM

Definitely. It's really hard to avoid being influenced by the societal push in the USA towards individualism & competition. That is a big part of the reasons why transforming towards real recovery is really hard.

Ruth Richardson to Everyone 10:13 AM

System design for the outcomes we want.

Josh Seidman (he/him) to Everyone 10:16 AM

Evangeline, you have already been really helpful. Thank you so much!

You to Everyone 10:18 AM

Carissa, front page article today about health care in Puerto Rico....LA TIMES

You to Everyone 10:18 AM

[As doctors leave Puerto Rico in droves, a rapper tries to fill gaps - Los Angeles Times \(latimes.com\)](https://www.latimes.com/health/la-he-0418-puerto-rico-health-care-20180418)

Carissa Caban-Aleman 10:19 AM

Thanks. I read it. He's great.

Anna Bailey (she/her) CBPP to Everyone 10:20 AM

I'm trying to do a side trip to Vienna, Austria before getting to Trieste to check out their social housing models. Let me know if you might be interested in joining!

Josh Seidman (he/him) 10:21 AM

Can't join, but will be really interested to hear what you learn

Purva Rawal to Everyone 10:21 AM

Thanks, Kerry! Glad to finally be able to join

Joy Agner to Everyone 10:22 AM

Yay, welcome Purva!

Evangeline Lee to Everyone 10:23 AM

Ewers Bros: <https://www.pbs.org/show/hiding-plain-sight-youth-mental-illness/>

Mark Ragins to You (direct message) 10:25 AM

if you want someone far less prominent, I've met a documentary filmmaker Frank Kosa in NAMI who would be interested

You to Mark Ragins (direct message) 10:25 AM

can you send me his contact info

Mark Ragins to You (direct message) 10:27 AM

Frank kosa 310 383 4502 piefilms@roadrunner.com

Karina Forrest Perkins | Vail Communities to Everyone 10:27 AM

Love the idea. Wise decision.

Joy Agner to Everyone 10:19 AM

If anyone wants thoughts on coming from Slovenia, I went that route last time and am happy to share tips etc.

Carissa Caban-Aleman 10:20 AM

Do you think it might be a cheaper flight than Venice?

Brittney Weissman/Hollywood 4WRD 10:31 AM

It is at least slightly cheaper than Venice, and seems a great option. No major border crossing delay, so potentially just as "easy" as VEN.

(At least for flights from Los Angeles.)

Fly into/out of Ljubljana, Slovenia.

Joy Agner 10:33 AM

Sometimes it's cheaper. Hotels definitely are, flights depend on where you're coming from. Ljubljana is a quick bus ride from Trieste

Carissa Caban-Aleman 10:34 AM

@Joy Agner ok, thank you!

Brittney Weissman/Hollywood 4WRD to Everyone 10:33 AM

Am interested in the Josh/FH presentation.

Karina Forrest Perkins | Vail Communities to Everyone 10:33 AM

The Fountain House data report is outstanding.

Definitely would like that to be presented

Travis Atkinson to Everyone 10:34 AM

I'm interested in your research as well, Josh

Karina Forrest Perkins | Vail Communities to Everyone 10:35 AM

Dr. Agner also presented at the National Clubhouse Summit last fall and her presentation was excellent as well.

Cherene Caraco to Everyone 10:35 AM

Are folks familiar with the existing longitudinal recovery literature and research? Should we compile for anyone that wants to have a research repository handy?

Purva Rawal to Everyone 10:36 AM

Would welcome any readings you think would be helpful!

Joy Agner to Everyone 10:35 AM

I think that everyone here probably has great knowledge to share and I'd love to hear more about people's work and experience

Mark Ragins 10:37 AM



Karina Forrest Perkins | Vail Communities to Everyone 10:39 AM

I am flying in to Trieste from Minneapolis

Pretty pricey though

Joy Agner to Everyone 10:41 AM

If you stay in Venice you can also take a boat directly to the airport :) - then you don't have to deal with the cab

Travis Atkinson 10:41 AM

Yes! Another form of taxi. I enjoyed that ride last time.

Joy Agner to Everyone 10:41 AM

more pricey but scenic and fun

Anna Bailey (she/her) CBPP to Everyone 10:42 AM

+Joy

Karina Forrest Perkins | Vail Communities to Everyone 10:43 AM

Great idea

Evangeline Lee to You (direct message) 10:43 AM

Do we mention The Hollywood Bowl if people are in LA?

Travis Atkinson to Everyone 10:43 AM

Using Kahoot or Slido could be a way for us to get stimulate conversation virtually

Judge Steve Leifman to You (direct message) 10:43 AM

Unfortunately, I have to jump on another zoom meeting. Thanks for everything.

Joy Agner to Everyone 10:44 AM
When is that? So fun, thank you

Mark Ragins 10:44 AM
make it