

Nackawic and Area Wellness Committee

Monthly Meeting

May 13, 2025

In attendance: Gail Farnsworth, Tom Tompkins, Kelli Morehouse, Peter Sawatzky, Bev Jacobson, Dot MacEwain, Doug Fick, Marlene McCullum, Cathy Meldrum, Pam Partridge, Tim Cane, Carol Martin, Diane Ridley, Ronnie Boyle.

Regrets: Wendy Hill, Dilys Toole, Marina Hull.

Agenda additions: Volunteer of the Month, Monthly newsletter distribution.

Approval of the April minutes: Motion by Doug; seconded by Pam.

Old Business: none

Information shared:

1. Community Connections: May 15th, 4:30 – 6:30 PM at The gathering Place. Food will be provided. Gail still looking for volunteers to attend.
2. Fredericton Community Fund: \$4000 to the Wheels program; 1500 to the senior meals program. There is a Gala being held in recognition of those who have received funds. Gail has been invited and can have another attend with her. Pam Partridge has agreed to attend. To be held in Fredericton on May 22.
3. 55 plus games being held in Fredericton on June 19th. There is flyer advertising available. Ron Roy will be the contact person.
4. NHS Achievement Awards banquet: June 4th. Volunteers needed to assist with serving and cleanup. A team was formed.
5. A monthly Potluck at TGP has been suggested. Gail looking for a lead. She will approach regular attendees of TGP.
6. Annual Senior Barbecue: Do we do it? Can we afford it? Do we need to realize a profit, or do we aim to break even? A lead is needed.
7. Garden Tour: Committee has been formed but not active yet. One organizer has been away.

8. Car Rally: Pam reporting. 3 volunteers but she needs others to share ideas of check points etc. Likely postponed until fall. Pam would like more volunteers to assist with planning and carrying it out. Ideas for the route and check points are needed.
9. EpiPens: There was a demonstration at TGP of how to use one. There is a box containing 2 adult and 2 children's that can be purchased, for public spaces, at a cost of \$1000. Should we purchase this? Funding will be an issue. That means fundraising or a grant application. Motion to go ahead and look for a grant or fundraising to cover this cost: Pam; seconded by Ronnie. Motion carried. **Gail will contact the MLA to see if funding available.**
10. Treasurer absent. Jeanette is preparing year end finances. Annual meeting will be held in June or September.
11. Newsletter distribution: Bev is not available for the next 3 months. Kelli will do this in Bev's absence.
12. Grants: Gail is always looking for grants to help fund programs.
13. Recreation: A committee is investigating replacing the arena. Dilys attended on behalf of the Wellness Committee at the initial meeting.
14. Bulk Buy ordering: Richard Cormier will not be able to take this task over because of health issues. Gail is looking for a replacement.
15. TGP will be honouring donations of \$100 or more with a plaque.
16. Volunteer of the Month: Bev is away June until October. She needs a replacement.
17. Geocaching: Rained out on May 17th. Rain date: May 24th. Meeting at the Kirk Church.
18. Wheels to Wellness: Tom shared 83 rides in May; 71 nonlocal. The funding is being depleted. Not sure how long it can continue. We have two grants totaling \$8000.
19. Food Security Forum: Tom attended. Guest speakers with statistics to share. Representatives of Food Banks also attended and shared their numbers. It was an eye opener. The presentation will be available for Tom to share.

20. Community Gardens: 25 boxes. 17 assigned. 4 need to be repaired. 3 available. Approximately \$175 to repair/ rebuild.
21. Tea Party: It was well received. Decorations well done, servers were appreciated. Numbers were down. There needs to be more tea made next time. There were teacups and a china mug misplaced. Please be on the look out for them.
22. Breakfasts: The number was down at the May breakfast.
23. Website: Peter is developing. He reviewed what as been done. We will be able to share any happenings as a planning or as a summary of the event after.
24. Game Night: Well received. Will be held on the 2nd Saturday of the month.
25. We need to be keeping track of our volunteer hours. Useful for grant applications.
26. Bake Sale: Happening in June at one of the Thursday markets.
27. Food bank pickup: May 21st.
28. T-shirt orders: Nothing happening yet.
29. TGP: Diane asked if there is an age restriction to attend. Adults welcome.
30. Hiking group: Audrey & Avis are attempting to stay local, to avoid the cost of travel, so this means repeat hikes. This concept may not be popular with some as the numbers are down. They would like to change the name from happy Healthy Hikers. The summer usually means a suspension of hiking, but they hope to pick up and be more consistent in the fall.
31. Motion to adjourn.