

Week Nine Overview and Course Materials

Welcome to Week Nine—we are almost done! The Chapter for this week is Chapter 6: Getting the Most out of Supervision.

Your Final Draft of your Resume will be due next Monday, June 5th at noon. There will also be a forum this week to discuss supervision preferences.

Learning Objectives:

1. Develop your own goals for supervision
2. Describe the elements of professional supervision
3. Formulate a plan for a successful supervisory relationship
4. Exhibit ability to incorporate feedback and advocate for oneself

Materials for Week Nine

- [Chapter Six: Getting the Most Out of Supervision from Human Services Practicum: An Equity Lens](#)
- [Kristin Neff: The Three Components of Self-Compassion \[Streaming Video\]](#) (Viewing time: 6:18): I think the concept of self-compassion goes along with our exploration of values around the work we do. This 8 minute video gives an overview of self-compassion—I think this is an important concept for human services workers at any time, but especially now, we need to give ourselves compassion!