## YSQ-S3 Scoring Key (Jeffrey Young, Ph.D.)

Subject's Name				Date_			
	(Numbers pertain to question numbers)						
Emotional Deprivation:	1	19	_37	_55	_73	Total	Mean
Abandonment:	2	20	_ 38	_56	_74	Total	Mean
Mistrust:	3	_21	_ 39	_57	_75	Total	Mean
Social Isolation/Alienation:	4	. 22	_40	_58	_76	Total	Mean
Defectiveness/Unlovability:	5	23	_41	_59	_77	Total	Mean
Failure to Achieve:	6	. 24	_42	_60	_78	Total	Mean
Practical Incompetence/Dependence	: 7		_43	_61	_79	Total	Mean
Vulnerability to Harm or Illness:	8	26	_44	62	_80	Total	Mean
Enmeshment:	9	_27	_45	_63	81	Total	Mean
Subjugation:	10	_28	_46	_64	82	Total	Mean
Self-Sacrifice:	11		_47	_65	83	Total	Mean
Emotional Inhibition:	12	30	_48	_66	_ 84	Total	Mean
Unrelenting Standards:	13	_31	_49	_ 67	_ 85	Total	_Mean
Entitlement/Superiority:	14	32	_ 50	_ 68	_ 86	Total	_Mean
Insufficient Self-Control/Discipline:	15	_ 33	_51	69	87	Total	Mean
Admiration/Recognition-Seeking:	16	_ 34	_ 52	70	. 88	Total	Mean
Pessimism/Worry:	17	_35	_ 53	_71	89	Total	_Mean
Self-Punitiveness:	18	36	_ 54	72	90	Total	_Mean

© 2005 Jeffrey Young, Ph.D. Special thanks to Gary Brown, Ph.D., Scott Kellogg, Ph.D., Glenn Waller, Ph.D., and the many other dedicated therapists and researchers who have contributed items and feedback in the development of the YSQ. Unauthorized reproduction without written consent of the author is prohibited. For more information, write: Schema Therapy Institute, 36 West 44th St., Ste. 1007, New York, NY 10036.

TOTAL SCORE FOR YSQ-S3: \_\_\_\_\_