

YSQ-S3 Scoring Key (Jeffrey Young, Ph.D.)

Subject's Name _____ Date _____

(Numbers pertain to question numbers)

Emotional Deprivation:	1 _____ 19 _____ 37 _____ 55 _____ 73 _____	Total _____	Mean _____
Abandonment:	2 _____ 20 _____ 38 _____ 56 _____ 74 _____	Total _____	Mean _____
Mistrust:	3 _____ 21 _____ 39 _____ 57 _____ 75 _____	Total _____	Mean _____
Social Isolation/Alienation:	4 _____ 22 _____ 40 _____ 58 _____ 76 _____	Total _____	Mean _____
Defectiveness/Unlovability:	5 _____ 23 _____ 41 _____ 59 _____ 77 _____	Total _____	Mean _____
Failure to Achieve:	6 _____ 24 _____ 42 _____ 60 _____ 78 _____	Total _____	Mean _____
Practical Incompetence/Dependence:	7 _____ 25 _____ 43 _____ 61 _____ 79 _____	Total _____	Mean _____
Vulnerability to Harm or Illness:	8 _____ 26 _____ 44 _____ 62 _____ 80 _____	Total _____	Mean _____
Enmeshment:	9 _____ 27 _____ 45 _____ 63 _____ 81 _____	Total _____	Mean _____
Subjugation:	10 _____ 28 _____ 46 _____ 64 _____ 82 _____	Total _____	Mean _____
Self-Sacrifice:	11 _____ 29 _____ 47 _____ 65 _____ 83 _____	Total _____	Mean _____
Emotional Inhibition:	12 _____ 30 _____ 48 _____ 66 _____ 84 _____	Total _____	Mean _____
Unrelenting Standards:	13 _____ 31 _____ 49 _____ 67 _____ 85 _____	Total _____	Mean _____
Entitlement/Superiority:	14 _____ 32 _____ 50 _____ 68 _____ 86 _____	Total _____	Mean _____
Insufficient Self-Control/Discipline:	15 _____ 33 _____ 51 _____ 69 _____ 87 _____	Total _____	Mean _____
Admiration/Recognition-Seeking:	16 _____ 34 _____ 52 _____ 70 _____ 88 _____	Total _____	Mean _____
Pessimism/Worry:	17 _____ 35 _____ 53 _____ 71 _____ 89 _____	Total _____	Mean _____
Self-Punitiveness:	18 _____ 36 _____ 54 _____ 72 _____ 90 _____	Total _____	Mean _____

TOTAL SCORE FOR YSQ-S3: _____