

1st PE Rubrics

NOTE: Highlighted Language Requires Revision

Trimester 1

	4 Exceeding	3 Meeting	2 Approaching	1 Below
Standard 1 - Motor Skills and Movement Patterns: I can participate in activities that include basic manipulative skills.				
Standard 3 - Fitness Education: I can participate in teacher-directed activities that include moderate to vigorous physical activity.				
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can consistently demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can demonstrate most of the following: active listening, respect, and getting along with others while participating in physical activities.	I can demonstrate at least one of the following: active listening, respect, and getting along with others while participating in physical activities.
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can consistently demonstrate safe behaviors while maintaining personal space in grade level	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities some of the time.

	appropriate physical activities.		physical activities most of the time.	
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Trimester 2

	4 Exceeding	3 Meeting	2 Approaching	1 Below
Standard 1 - Motor Skills and Movement Patterns: I can demonstrate correct technique for a variety of locomotor skills applying changes in direction, level and/or pathway.	I can consistently demonstrate correct technique for a variety of locomotor skills applying changes in direction, level and/or pathway.	I can demonstrate correct technique for a variety of locomotor skills applying changes in direction, level and/or pathway.	I can demonstrate correct technique for a most of the locomotor skills applying changes in direction, level and/or pathway.	I can demonstrate correct technique for at least one locomotor skill applying changes in direction, level and/or pathway.
Standard 2 - Concepts and Strategies: I can participate in physical activities that utilize basic motor movements.	I can consistently participate in physical activities that introduce the health-related fitness components of cardiovascular endurance and flexibility.	I can participate in physical activities that introduce the health-related fitness components of cardiovascular endurance and flexibility.	I can participate in physical activities that introduce the health-related fitness components of cardiovascular endurance and flexibility most of the time.	I can participate in physical activities that introduce the health-related fitness components of cardiovascular endurance and flexibility some of the time.
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can consistently demonstrate active listening, respect, and	I can demonstrate active listening, respect, and getting along	I can demonstrate most of the following: active listening,	I can demonstrate at least one of the following: active listening, respect, and getting along

	getting along with others while participating in physical activities.	with others while participating in physical activities.	respect, and getting along with others while participating in physical activities.	with others while participating in physical activities.
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can consistently demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities most of the time.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities some of the time.

Trimester 3

Standard 1 - Motor Skills and Movement Patterns: I can use a variety of non-locomotor skills.	I can consistently show how base of support changes during static balance.	I can show how base of support changes during static balance.	I can show how base of support changes during static balance most of the time.	I can show how base of support changes during static balance some of the time.
Standard 3 - Fitness Education: I can identify multiple bodily responses to physical activity.				
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate active listening, respect, and getting along with others while participating in physical activities.	I can consistently demonstrate active listening, respect, and getting along with others while	I can demonstrate active listening, respect, and getting along with others while participating in	I can demonstrate most of the following: active listening, respect, and getting along	I can demonstrate at least one of the following: active listening, respect, and getting along with others while

	participating in physical activities.	physical activities.	with others while participating in physical activities.	participating in physical activities.
Standard 4 - Responsible Personal and Social Behavior: I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can consistently demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities most of the time.	I can demonstrate safe behaviors while maintaining personal space in grade level appropriate physical activities some of the time.
Standard 5 - Recognition of the Value of Physical Activity: I can identify physical activities that are enjoyable.				