

Newsletter 6

Launching Books To Boulders

Boulder hopping or enjoy wet feet.



If you have never tried boulder hopping, either figuratively or physically, give it a go. Physically boulder hopping is the quickest way to cross a river with boulders in it. The slower way is to take off your walking shoes and socks, and wade through the water. It can be fun but it may be slower and sore on your soles. Leaping to and reaching a boulder is exhilarating. When you leap, do so assertively. A tentative or prolonged step on a rock may cause you to slip deep enough to submerge footwear. In which case you will have to soak it up! Crossing a river needs momentum and certainty, especially when boulder hopping.

Momentum and certainty are useful in life too, which brings us to figurative boulder hopping. When you have a challenge, will you take confident leaps and strides or get your feet wet with the slower, steady method? As an immigrant how will you approach each figurative river to cross? How will you deal with your present challenges? How will you choose to progress?

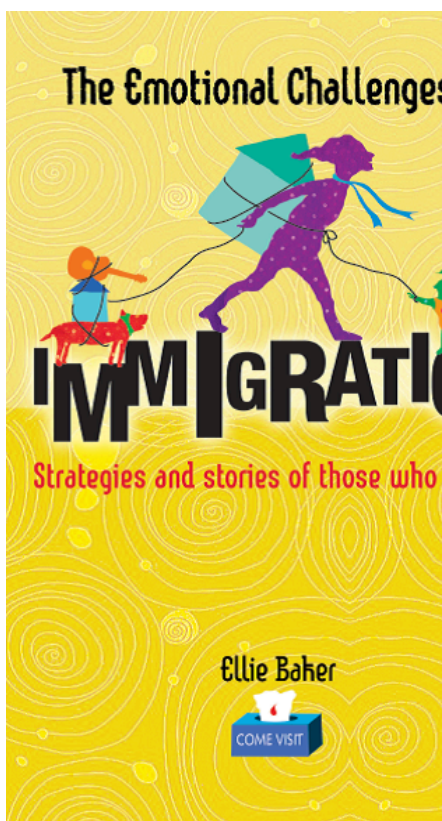
If you are an immigrant you have already made big decisions. You have been through the process of emigration; you have turned your back on the familiar, and experienced culture shock and compromise. You have already crossed a wide unknown river. So now, when you are faced with a new challenge, take it on with conviction. Whether you enjoy the steady walk through the river in bare feet or you prefer leaps of faith, be aware of how good it feels to be moving forward. If you are boulder hopping, the thrills can be the satisfaction of making it to one boulder, coupled with discovering new opportunities ahead. You may slip, laugh it off and pat your wet hand on your wet

back as you remind yourself you are making progress. A bonus is that any mistakes you make on the way needn't be seen by people from your homeland, unless you want them to be.

Take on the next challenge with conviction:

1. Relish doing something you wouldn't have done in your homeland.
2. You have the advantage of freedom of choice. There are no preconceived ideas to follow except your own.
3. You will have already learned a great deal from moving to another country.
4. You often don't know what the new opportunities will be until you have landed on each new boulder.
5. Keep the momentum up.

Book ready - almost



My recent river crossing was writing my book, soon to be [launched](#). I think the writing stage was a wade through the river, enjoying the process of interviewing, writing and editing. Then came the

production of the book. Here the river was faster. If I was going to make it across and still have a marriage, I had to keep up momentum and, 'get the book out,' . Since starting production I feel I have been jumping from one boulder to the other. Decisions on blogs, logos, titles, design, cover, marketing, promotion, selling, printing and book launching. Many of the leaps have been gulp and go. It has been a stimulating, anxious and invigorating crossing. I have come into contact with people who have cheered me on and pointed me in the right direction. I am almost on the other side. I am on the last few boulders, unsteady with the excitement of cherishing a copy of the printed book in my hand. I think it might feel like I'm holding a certificate saying, "Congratulations on crossing the book-writing river." I think I'll celebrate for a while and then approach the next river crossing - selling.

That's not my name

Most people have heard their name pronounced correctly, especially when generations have lived in the area. However if you move or if someone from a different language or dialect moves to you, the results can be challenging, as shown in [Substitute Teacher](#) from Comedy Central. How could your name be mispronounced? Elle- Lie or Eli or if Welsh, E-Clie.

Read about accents on my post on [Accents](#)

I'll be sending more information when the book is ready for sale. Until then if you want to book in a pre-launch order price, [Click here](#)

Regards

Ellie