

Event Packet: Career Exploration

AGENDA	
ACTIVITY	DESCRIPTION
Welcome and Intro (5 min)	The facilitator welcomes pairs and reviews the event agenda.
Chat & Chew - Past & Future Career Aspirations (25 min)	Pars will reflect on their past and future career aspirations as they eat dinner.
Mentor Career Interviews (40 min)	Mentees will interview mentors to learn about different career pathways.
My Career Interests (10 Min)	Mentees will talk through steps they can take this year to explore their career interests.
Close Out (10 Min)	Important announcements and event dates will be shared out.

As you chat and chew, reflect on the following questions with your mentors!

1. Which career path did you want to follow at age 5?
2. Which career path did you want to follow at age 13?
3. For mentors: What advice do you have for your mentee in exploring career paths?

Mentor Career Interviews

Directions: Please interview your mentor alongside at least one other mentor to learn more about different career paths.

	My Mentor:	Mentor #2:	Mentor #3:
What career are you in? (position and career field)			
What type of education do you need for your current position?			
What skills (technical and interpersonal) are necessary or helpful to be successful in your career field?			
What is the typical work environment/culture like for your career?			
What do you enjoy about your career?			

My Career Interests:

Directions: Please complete the career interests brainstorming guide with your mentor's support.

My career interest:	My next steps in pursuing this interest: (What activities can you carry out in high school to learn more about this career?)	How my mentor can help me:	Research required: