

Problem-solving assignment.

! My #1 problem is slacking, procrastinating, and daydreaming simultaneously. I tend to mental aikido my way to YouTube or Chess as soon as something gets hard, boring, or confusing.

I start doing something, let's say outreach and I run into a problem, at first I tackle it and try to resolve it, so I won't run away immediately, although when it gets hard or confusing, that inner-bitch kicks in and I walk away.

I started analyzing why. I don't believe that it is JUST a lack of discipline. It is a lack of discipline, but that is not the only problem. Let me put it this way, my work is a bonfire, motivation- a spark from a lighter, and discipline- me bringing wood every single day so the fire doesn't burn down.

So even though I might have some discipline, let's say little and I am fighting to keep it going and find as many branches as I can, eventually when it gets hard it gets super easy to give up, when you don't have a strong why or a strong plan.

Only a day ago I realized that my plan was not good enough, just like Prof. Andrew told us- you will run into problems immediately even after you have successfully created your plan.

So what I've learned the hard way is that the plan must be as detailed as possible. It's not enough to write down "Outreach" and think of what you are going to do. You write it down step-by-step - 'Okay, tomorrow from 7-8 am, I'm doing outreach. 20 min of prospect gathering, 20 min of categorizing them, and 20 min of sending emails.

But the thing is, I had been planning and made a pretty long plan, so where exactly did I miss something?

On the weekend I wanted to play some video games with my friends and I agreed to do it. I was really excited, as I had a productive end of the week and I wanted to relax like a baby, like a child with no morality and respect for my bloodline.

 I simply skipped my task to finish creating my plan and that's where I failed.

I failed because on Monday when I sat down to do my work, I was lost. I didn't know what to do, I got lost, I got nervous that I was not making money, I hoped on some courses then I found out that I needed to do this and that, and this and that, and I fell.

But why did I fail to push myself and reject playing video games? Because I didn't delete them. I had made the "promise" to myself to focus and do my best, yet I've done nothing to solidify my promise.

By solidify I mean- delete video games, get a haircut, and add my second monitor to the desk- make as many changes as possible to solidify the changes in my mindset.

So what's the answer to my problem- I have to finish my plan, or simply re-create it by adding Client Acquisition campus lessons, which I have no idea why I have never watched... and make the plan as detailed as possible. Most importantly, delete the games and make these little changes in my life that justify my mindset change.