

SL : Online Fitness Program

Hi Mohamed

I've been following your Instagram since the day you posted a reel about a full upper-body workout. As someone who has an interest in the workout, you approach every topic with great detail

After a long time of sharing posts & reels, I can see how you grew your business profile
and I can see a few ideas that can help you improve it

The thing that keeps you from growing is related to the email list you don't have

I suggest creating a mailing list of email sequences to help draw in returning customers. Or a sequence of emails to acquire new ones to increase the sale of your 90-day transformation calendar

But that's just my point of view since cause I saw your business from the outside

I have a couple of other examples waiting for your confirmation