TONY ROUSMANIERE, PSYD

206-384-8058 cell
trousmaniere@gmail.com
Sentio University: www.sentio.org
Sentio Counseling Center: www.sentiocc.org
Sentio Counseling Washington: www.sentiocw.org
Personal website: www.drtonyr.com

Licensure

Licensed Psychologist, Washington State license #PY 60561890 (Current & Active)
Licensed Psychologist, California State license #23396 (Current & Active)
Licensed Psychologist, Alaska State license #PSYP622 (Inactive)

Past Service

American Psychological Association, Division 29 (Psychotherapy): Past-President

Education

2004 - 2008 Argosy University (APA accredited), Psy.D. in Clinical Psychology
American School of Professional Psychology

1992 - 1996 Earlham College. Bachelor of Arts, Comparative Religious Studies
- Semester in Nepal, School for International Studies, Fall 1994.

Awards

2018: Early Career Award, American Psychological Association Division 29 (Psychotherapy)

2018: American Psychological Association Division 17 Section for Supervision and Training, Outstanding Publication of the Year Award for *The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training*.

2008: Graduated Phi Beta Kappa, with college honors and departmental honors.

Writing for the Public

Rousmaniere, T.G. (2017). What your therapist doesn't know. *The Atlantic*.

Book Series

Rousmaniere, T.G. & Vaz, A. (Eds.) *The Essentials of Deliberate Practice.* A series of deliberate practice clinical training books for mental health professionals. Washington, DC: American Psychological Association.

Rousmaniere, T.G. & Vaz, A. (Eds.) *Advanced Therapeutics, Clinical and Interpersonal Skills*. A series of deliberate practice clinical training books for medical professionals. Cambridge, MA: Elsevier.

Books and Edited Volumes

Vaz, A. & Rousmaniere, T. (2026). *A Clinician's Guide to AI-Supported Therapy Homework: Ethical and Safe Use of AI Between Sessions.* Washington, DC: American Psychological Association.

Rousmaniere, T. & Jin, J. (2026). *Mastering the Inner Skills of Psychotherapy: A Deliberate Practice Handbook, 2nd Ed*. Washington, DC: American Psychological Association.

Terjesen, M. D., Vidair, H., Ohr, P., Walsh, O., Rousmaniere, T., & Vaz, A. (2026) *Deliberate Practice in Behavioral Parent Training*. Washington, DC: American Psychological Association.

Scholz, R. Hall, S. R., Brunt, B. V., Vaz, A., & Rousmaniere, T. (2026). *Deliberate Practice in the Assessment of Danger to Self and Others.* Washington, DC: American Psychological Association.

Levenson, H., Jinich, S., Vaz, A., & Rousmaniere, T. (2025) *Deliberate Practice in Emotionally Focused Couple Therapy.* Washington, DC: American Psychological Association.

Prenn, C. N. N., Levenson, H., Vaz, A., & Rousmaniere, T. (2025). *Deliberate Practice in Accelerated Experiential Dynamic Psychotherapy*. Washington, DC: American Psychological Association.

Taylor, J. M., Vaz, A., & Rousmaniere, T. (2025). *Deliberate Practice in Career Counseling*. Washington, DC: American Psychological Association.

Belik, O., Fairhurst, S., Schultz, J. M., Stuart, S. Vaz, A, & Rousmaniere, T. (2025). *Deliberate Practice in Interpersonal Psychotherapy*. Washington, DC: American Psychological Association.

Rousmaniere, T. (2024). *Deliberate Practice for Psychotherapists: A Guide to Improving Clinical Effectiveness, 2nd Ed.* New York, NY: Routledge Press (Taylor & Francis). ISBN-13: 978-1032491042

Dames, S., Penn, A., Williams, M., Zamaria, J., Rousmaniere, T., & Vaz, A. (2024). *Deliberate Practice in Psychedelic-Assisted Therapy*. Washington, DC: American Psychological Association.

Katz, M., Christensen, M.J., Vaz, A., & Rousmaniere, T (2023). Deliberate Practice for TEAM-CBT. New York: Springer. ISBN: 978-3-031-46019-7

Bawks, J., McMain, S., Sonley, A., Rousmaniere, T., & Vaz, A. (2023). Practical Exercises for Mental Health Professionals. Cambridge, MA: Elsevier.

Harris, J., Jin, J., Hoffman, S., Phan, S., Prout, T. A., Rousmaniere, T., & Vaz, A. (2023). *Deliberate Practice in Multicultural Therapy.* Washington, DC: American Psychological Association.

Terjesen, M. D., Doyle, K. A., Digiuseppe, R. A., Vaz, A., & Rousmaniere, T. (2023). *Deliberate Practice in Rational-Emotive Behavior Therapy.* Washington, DC: American Psychological Association.

Boritz, T., McMain, S., Vaz, A., & Rousmaniere, T. (2023). *Deliberate Practice in Dialectical Behavioral Therapy.* Washington, DC: American Psychological Association.

Farrell, J., Behary, W., Vaz, A., & Rousmaniere, T. (2023). *Deliberate Practice in Schema Therapy.* Washington, DC: American Psychological Association.

Manuel, J., Ernst, D., Vaz, A., & Rousmaniere, T. (2022). *Deliberate Practice in Motivational Interviewing.* Washington, DC: American Psychological Association.

Seedall, R., Miller, D., Blow, A., Vaz, A., & Rousmaniere, T. (2022) *Deliberate Practice in Systemic Family Therapy.* Washington, DC: American Psychological Association.

Bate, J., Prout, T., Vaz, A., & Rousmaniere, T. (2022). *Deliberate Practice in Child and Adolescent Therapy.* Washington, DC: American Psychological Association.

Goldman, R.N., Vaz, A., & Rousmaniere, T. (2021). *Deliberate Practice in Emotion-Focused Therapy.* Washington, DC: American Psychological Association. ISBN: 978-1-4338-3285-7

Vaz, A. & Rousmaniere, T. (2021). *Reaching for Expertise: A Primer on Deliberate Practice for Psychotherapists.* Los Angeles, CA: Sentio University Press.

Rousmaniere, T. (2019). *Mastering the Inner Skills of Psychotherapy: A Deliberate Practice Handbook*. Seattle, WA: Gold Lantern Press. ISBN-13: 978-1732565708

Rousmaniere, T., Goodyear, R., Miller, S.D., & Wampold, B.E. (2017). *The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training.* London: Wiley Publishers. ISBN-13: 978-1119165569
Note: *The Cycle of Excellence* was recipient of the 2018 "Outstanding Publication" award from the Society of Counseling Psychology's Section on Supervision and Training

Rousmaniere, T. (2016). *Deliberate Practice for Psychotherapists: A Guide to Improving Clinical Effectiveness.* New York, NY: Routledge Press (Taylor & Francis). ISBN-13: 978-1138203204

Rousmaniere, T. & Renfo-Michele, E. (2015). *Using Technology for Clinical Supervision: A Practical Handbook.* Alexandria, VA: American Counseling Association Press. ISBN-13: 978-1556203480

Guest-Edited Journal Issues and Special Sections

Guest Editor (with Rodney Goodyear), *Journal of Clinical Psychology/In Session*, The use of internet and other technologies in psychotherapy, supervision, and supervision-of-supervision. (2019)

Peer-Review Articles

Judd, N., Vaz, A., Paeth, K., Inés Davis, L., Esherick, M., Brand, J., … Rousmaniere, T. (2026). Independent Clinical Evaluation of General-Purpose LLM Responses to Signals of Suicide Risk. *Proceedings of IASEAI Conference*, *2*(1), 279–292. Retrieved from https://ojs.aaai.org/index.php/IASEAI/article/view/43031

Faust, D. K., Awad, P., Vaz, A., & Rousmaniere, T. (2026). The association of transformer-based sentiment analysis with symptom distress and deterioration in routine psychotherapy care. *Frontiers in Digital Health*, *8*, 1792536. https://doi.org/10.3389/fdgth.2026.1792536

Santos, J. M., Shah, S., Gupta, A., Mann, A., Vaz, A., Caldwell, B. E., Scholz, R., Awad, P., Allemandi, R., Faust, D., Banka, H., & Rousmaniere, T. (2026). Evaluating the clinical safety of LLMs in response to high-risk mental health disclosures. *Practice Innovations.*

Zhang, Y., Li, X., Zhu, J., Sheng, Z., & Rousmaniere, T. (2026). "What happens, what helps, what hurts": A qualitative analysis of user experiences with large language models for mental health support. *Practice Innovations*. Advance online publication. https://doi.org/10.1037/pri0000319

Porter, E., Kivlighan, M., Arvaez, R., Heshmat, S., Rousmaniere, T., & Owen, J. (2025) Multicultural Orientation and Deliberate Practice Coaching: An Empirically Supported Case Study. *Counselling and Psychotherapy Research.*

Rousmaniere T, Goldberg S, Torous J. Large language models as mental health providers. *Lancet Psychiatry* 2025; published online Sept 9. Https://doi.org/10.1016/S2215-0366(25)00269-X

Rousmaniere, T., Zhang, Y., Li, X., & Shah, S. (2025). Large language models as mental health resources: Patterns of use in the United States. *Practice Innovations.* Advance online publication. https://dx.doi.org/ 10.1037/pri0000292

Rousmaniere, T., & Vaz, A. (2025). Sentio's clinic-to-classroom method: Bridging deliberate practice and clinical training. *Psychotherapy Bulletin,* 60(2), 79-84.

Brand, J., Miller-Bottome, M., Vaz, A. & Rousmaniere, T. (2025). Deliberate Practice Supervision in Action: The Sentio Supervision Model. *Journal of Clinical Psychology.*

Li X, Carney JJ, Rousmaniere T, Fineman B, Vaz A. (2025). The "magic" of looking at that score: A multilevel investigation of therapist review of client symptom measures and client clinical outcome. *J Couns Psychol*. doi: 10.1037/cou0000781.

L. Botelho, D.Sousa, A. Vaz, T. Rousmaniere, & E.N. Vlass. (2025). Answering the Call: Qualitative Analysis of an Exceptional Therapist. Seeing the Mini-Cases of "Anne", "Mel", and "Susan". *Pragmatic Case Studies in Psychotherapy*.

Olsson, M., Gustafsson, M., Carlsson, J., Rousmaniere, T., Bergbom, S., & Norberg, J. (2024). A pilot study of a deliberate practice intervention for therapist trainees. *Nordic Psychology*, *77*(2), 165–184. https://doi.org/10.1080/19012276.2024.2313532

Williams, C. Y., Owen, J., Rousmaniere, T., Harris, J., & Goldberg, S. B. (2024). Developing therapists' multicultural orientation using web-based deliberate practice: An initial feasibility, usability, and acceptability study. *Professional Psychology: Research and Practice.* DOI: 10.1037/pro0000583

Whipple, J., Swift, J., Rousmaniere, T., Pederson, T. & Worthen, V. (2019). Supervisor Variance in Psychotherapy Outcome in Routine Practice: A Replication. *SAGE: Open*.

Frederickson, J., DenDooven, B., Abbass, A., Solbakken, O. A., Rousmaniere, T. (2019). Pilot study: An inpatient drug rehabilitation program based on intensive short-term dynamic psychotherapy. *Journal of Addictive Diseases*. doi: 10.1080/10550887.2019.1658513

Hill, C. E., Kivlighan, D. M. III, Rousmaniere,T. Kivlighan D. M. Jr., Gerstenblith, J., & Hillman, J. (2019). Deliberate practice for the skill of immediacy: a multiple case study of doctoral student therapists and clients. *Psychotherapy*

Rousmaniere, T., Wright, C. V., Boswell, J., Constantino, M. J., Castonguay, L., McLeod, J., Pedulla, D., & Nordal, K. (2020). Keeping psychologists in the driver's seat: Four perspectives on quality improvement and clinical data registries. Psychotherapy, 57(4), 562-573. https://doi.org/10.1037/pst0000227

Goodyear, R. & Rousmaniere, T.G. (2018), Computer and internet-based technologies for psychotherapy, supervision, and supervision-of-supervision. *Journal of Clinical Psychology/In Session*. https://doi.org/10.1002/jclp.22717

Rousmaniere, T.G. (2018). Structured Interview on Research. *The Integrative Therapist, 4*(1), 18-19.

Rousmaniere, T.G. & Wolpert, M. (2017). Talking failure in therapy and beyond. *The Psychologist* (British Psychological Society), published online April 26, 2017 at https://goo.gl/uDkmvl

Rast, K., Herman, J., Rousmaniere, T.G., Whipple, J. & Swift, J.K. (2017). Perceived impact on client outcomes: The perspectives of practicing supervisors and supervisees. *Sage Online.*

Tompkins, K. A., Swift, J. K., Rousmaniere, T. G., & Whipple, J. L. (2017). The relationship between clients' depression etiological beliefs and psychotherapy orientation preferences, expectations, and credibility beliefs. *Psychotherapy, 54*(2), 201-206. http://dx.doi.org/10.1037/pst0000070

Goldberg, S., Babins-Wagner, R., Rousmaniere, T. G., Miller, S.D., Nielsen, Whipple, J., S. L., Hoyt, B., & Wampold, B.E. (2016). Creating a climate for psychotherapist improvement: A case study of an agency focused on outcomes and deliberate practice. *Psychotherapy, 53,* 367-375.

Goldberg, S., Rousmaniere, T.G., Miller, S.D., Nielsen, S.L., Whipple, J., Hoyt, B., & Wampold, B.E. (2016). Do psychotherapists improve with time and experience? A longitudinal analysis of real world outcome data. *Journal of Counseling Psychology, 63*, 1-11.

Owen, J., Wampold, B.E., Rousmaniere, T.G., Kopta, M., & Miller., S. (2016) As good as it gets? Therapy outcomes of trainees overtime. *Journal of Counseling Psychology, 63,* 12-19.

Rousmaniere, T.G. (2016). Technology for evidence-based cognitive behavioral supervision: new applications and research to improve organizational support. *The Cognitive Behavioral Therapist*.

Rousmaniere, T. G. (2016). Deliberate practice for early career psychotherapists. *Psychotherapy Bulletin.*

Swift, J.K., Callahan, J.L., Rousmaniere, T.G., Whipple, J. L., Dexter, K., & Wrape, E. R. (2015). Using client outcome monitoring as a tool for supervision. *Psychotherapy, 52,* 180-184.

Miller, S.D. & Rousmaniere, T.G. (2014). Why most therapists are just average (and how we can improve): Scott Miller in an interview with Tony Rousmaniere. *International Journal of Psychotherapy, 18,* 39-49.

Rousmaniere, T.G., Abbass, A., Frederickson, J. (2014). New developments in technology-assisted supervision and training: A practical guide. *Journal of Clinical Psychology: In Session, 70,* 1082–1093.

Rousmaniere, T.G., Abbass, A., & Frederickson, J., Inning, I., & Taubner, S. (2014). Videoconference for psychotherapy training and supervision: Two case examples. *American Journal of Psychotherapy*, *68*, 231-250.

Rousmaniere, T. G., Swift, J. K., Babins-Wagner, R., Whipple, J. L., & Berzins, S. (2014). Supervisor variance in psychotherapy outcome in routine practice. *Psychotherapy Research*, 1–10.

Rousmaniere, T.G. & Ellis, M.V. (2013). Developing the construct and measure of collaborative clinical supervision: The supervisee's perspective. *Training and Education in Professional Psychology, 7*, 300-308. doi: 10.1037/a0033796

Rousmaniere, T.G. & Frederickson, J. (2013). Internet-based one-way-mirror supervision for advanced psychotherapy training. *The Clinical Supervisor*, *32*, 40–55. doi:10.1080/07325223.2013.778683

Book Chapters

Hill, C. E., Kivlighan, D. M. III, Rousmaniere,T. Kivlighan D. M. Jr., Gerstenblith, J., & Hillman, J. (2021). Deliberate practice: Effects on doctoral student therapists and clients. In L. G. Castonguay & C. E. Hill (Eds.), *Being and becoming a psychotherapist: Training and supervision*. Washington, DC: American Psychological Association.

Rousmaniere, T. (2019). Deliberate Practice for Supervision of Psychiatry. In DeGolia, S. & Corcoran, K. (Eds.). *Supervision in Psychiatry Across Venues*. Washington, DC: American Psychiatric Association.

Elliot, J., Abbass, A., & Rousmaniere, T. (2018). Technology and deliberate practice methods for improving psychotherapy performance. In Magnavita, J. (Ed.). *Incorporating Technology in Mental Health Practice.* Washington, DC: American Psychological Association.

Frederickson, J. & Rousmaniere, T. (2018). Using technology for therapist self-development. In Magnavita, J. (Ed.). *Incorporating Technology in Mental Health Practice.* Washington, DC: American Psychological Association.

Goodyear, R. K.., Bernard, J. M., & Rousmaniere, T. (2018). Relationship factors. In Bernard, J. M., & Goodyear, R. K. (Eds.). *Fundamentals of clinical supervision*. (6th edition). Boston: Merrill.

Bernard, J. M., Goodyear, R. K., & Rousmaniere, T. (2018). Multicultural supervision. In Bernard, J. M., & Goodyear, R. K. (Eds.). *Fundamentals of clinical supervision*. (6th edition). Boston: Merrill.

Goodyear, R. K.., Bernard, J. M., & Rousmaniere, T. (2018). Individual and triadic supervision. In Bernard, J. M., & Goodyear, R. K. (Eds.). *Fundamentals of clinical supervision*. (6th edition). Boston: Merrill.

Goodyear, R. K., Falender, C., & Rousmaniere, T. (2017). Ethics of supervision and consultation in private practice. In S. Walfish, J. Barnett & J. Zimmerman (Eds.). *The Handbook of Private Practice.* New York: Oxford University Press.

Goodyear, R. K. & Rousmaniere, T. (2017). Helping therapists to each day become a little better than they were the day before: The Expertise-Development Model of supervision and consultation. In T. G. Rousmaniere, R. K. Goodyear, S. D. Miller and B.E.Wampold. *The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training.* London: Wiley Publishers.

Goodyear, R. K., Zimmerman, J., & Rousmaniere, T. G. (2017). Supervision of Mentoring. In Clutterbuck, D. A., Kochan, F. K., Lunsford, L. G., Dominguez, N., & Haddock-Millar, J. (Eds.). *The SAGE Handbook of Mentoring.* New York: Sage.

Rousmaniere, T.G., Goodyear, R., Miller, S.D., & Wampold, B.E. (2017). The cycle of excellence. In T. G. Rousmaniere, R. K. Goodyear, S. D. Miller and B.E.Wampold. *The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training.* London: Wiley Publishers.

Rousmaniere, T.G., Goodyear, R., Miller, S.D., & Wampold, B.E. (2017). Improving psychotherapy outcomes. In T. G. Rousmaniere, R. K. Goodyear, S. D. Miller and B.E.Wampold. *The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training.* London: Wiley Publishers.

Renfro-Michel, E., Rousmaniere, T. G., & Spinella, L. (2015). Technological innovations in counselor supervision: promises and challenges. In: Rousmaniere, T. G. & Renfro-Michele, E. (Eds.), *Using Technology for Clinical Supervision: A Practical Handbook.* Alexandria, VA: American Counseling Association Press.

Rousmaniere, T. G. & Frederickson, J. (2015). Remote live supervision: videoconference for one-way-mirror supervision. In: Rousmaniere, T. G. & Renfro-Michele, E. (Eds.), *Using Technology for Clinical Supervision: A Practical Handbook.* Alexandria, VA: American Counseling Association Press.

Rousmaniere, T. G., Renfro-Michel, E., & Higgins R. (2015). Regulatory and legal issues related to the use of technology in counselor supervision. In: Rousmaniere, T. G. & Renfro-Michele, E. (Eds.), *Using Technology for Clinical Supervision: A Practical Handbook.* Alexandria, VA: American Counseling Association Press.

Rousmaniere, T. G. & Kuhn, N. (2015). Internet security for counselor supervisors. In: Rousmaniere, T. G. & Renfro-Michele, E. (Eds.), *Using Technology for Clinical Supervision: A Practical Handbook.* Alexandria, VA: American Counseling Association Press.

Rousmaniere, T.G. (2014). Using technology to enhance clinical supervision and training. In: Watkins, C.E. & Milne, D. (Eds.), *International Handbook of Clinical Supervision* (pp. 204-237). New York: Wiley Publishers.

Invited Keynotes, Grand Rounds, Workshops, & Lectures

- North American Society for Psychotherapy Research: invited pre-conference workshop (Snowbird, UT)
- Mt. Saini: invited Grand Rounds (New York City)
- Brigham Young University: invited full-day workshop (Provo, UT)
- Instituto Universitário: invited two-day workshop (Lisbon, Portugal)
- NORSE/CORE: invited keynote & lecture (Birmingham, UK)

- Skandinaviens Akademi for Psykoterapiutveckling: invited two-day workshop (Stockholm, Sweden)
- New Mexico Psychoanalytic Society: invited full-day workshop (Albuquerque, NM)
- Wright Institute: invited full-day workshop (Berkeley, CA)
- Calgary Counseling Center: invited two-day workshop (Calgary, Canada)
- Deliberate Practice for Clinical Training invited workshops (Copenhagen, Denmark).
- Professional Development Intensive invited workshop with Scott Miller, PhD. (Chicago, IL).
- Deliberate Practice for Clinical Development invited workshop (Whidbey Island, WA).
- National Frontier & Rural ATTC 5th Annual NFAR Technology Summit invited keynote (Reno, NV).
- Interpersonal Therapy Supervision Conference invited workshop (Los Angeles, CA).
- A series of one and two-day Deliberate Practice Continuing Education workshops in Seattle, Los Angeles, and Washington DC.
- International Interdisciplinary Conference on Clinical Supervision Invited Closing Plenary (Adelphi, NY).
- California Association of Marriage and Family Therapists Invited Plenary (Los Angeles, CA)
- Association of Psychology Training Clinics Invited Keynote (Seattle, WA)

Peer-Review Presentations & Workshops at Professional Conferences

- Society for Psychotherapy Research: Pre-conference Deliberate Practice workshop; five panels/discussions/papers on Deliberate Practice (Amsterdam, Netherlands)
- American Psychological Association: Deliberate Practice workshop; Deliberate Practice skill-building session; Panel on Quality Improvement & Clinical Data Registries (San Francisco, CA)
- Society for Exploration of Psychotherapy Integration: four panels/discussions/papers on Deliberate Practice presentations (New York City, NY)
- North American Society for Psychotherapy Research: Panel on Deliberate Practice research (Snowbird, UT)

Other Publications

Clinical Outcome Data from my Private Practice. (Ongoing). Available for the public at www.drtonyr.com.

Rousmaniere, T.G. & Vaz, A. (2018). *Deliberate Practice Clinical Training Videos*. A series of free deliberate practice clinical training videos available at www.dpfortherapists.com.

Rousmaniere, T.G. (2013). Interview with Michael Lambert on Preventing Treatment Failures (and Why You're Not as Good as You Think). http://www.psychotherapy.net/interview/preventing-treatment-failures-lambert

Rousmaniere, T.G. (2013). Interview with Steven Hayes on Acceptance and Commitment Therapy. http://www.psychotherapy.net/interview/acceptance-commitment-therapy-ACT-steven-hayes-interview

Rousmaniere, T.G. (2011). Preventing Psychotherapy Dropouts with Client Feedback. http://www.psychotherapy.net/article/psychotherapy-dropouts

Editorial Service

The Journal of Psychotherapy Integration: Ad-hoc reviewer
Psychotherapy: Ad-hoc reviewer
Training and Education in Professional Psychology: Ad-hoc reviewer
Psychotherapy Research: Ad-hoc reviewer
The Clinical Supervisor: Ad-hoc reviewer
Journal of Clinical Psychology: Ad-hoc reviewer
Psychiatry Research: Ad-hoc reviewer
Journal of Rural Mental Health: Ad-hoc reviewer
Clinical Psychology and Psychotherapy: Ad-hoc reviewer
Journal of Nervous and Mental Diseases: Ad-hoc reviewer

Professional Associations

American Psychological Association: Member
APA Division 29 (Society for the Advancement of Psychotherapy): 2024 Past-President, Fellow
APA Division 42 (Psychologists in Independent Practice): Fellow

Work Experience

Clinical

2020 – Current Sentio University – President & Program Director

2020 – Current Sentio Counseling Center California – Executive Director

2024 – Current Sentio Counseling Washington – Executive Director

2015 - 2023 Private Practice
Seattle, WA & Los Angeles, CA
Provide psychotherapy to individual adult clients in a private practice setting.

2015 - 2024 University of Washington - Clinical Faculty
Seattle, WA

2012 – 2015 University of Alaska Fairbanks Student Health and Counseling Center
Fairbanks, AK
Associate Director of Counseling Services & Director of Training
Supervised a clinical team of licensed counselors and PhD graduate students providing services to the University student community. Provided clinical training for doctoral practicum trainees, using videotape-based supervision. Coordinated research program in conjunction with the UAF PhD program. Carried a full clinical caseload and performed outreach services.

2012 – 2015 UAF Student Training Clinic (APA accredited)
Fairbanks, AK
Clinical Supervisor / Trainer
Provided clinical supervision and training for a cohort of PhD clinical / community psychology trainees at a training clinic operating under a community mental health model. Utilized client videotapes in individual and group supervision. Conducted research in conjunction with UAF and UAA PhD program.

Jan 2012 – May 2012 UAF Student Health and Counseling Center
Fairbanks, AK
Staff Psychologist
Provided counseling and psychotherapy to college and graduate school individual and couples. Provided culturally-competent services to multi-cultural client population. Provided outreach and prevention to the University students, staff and faculty.

2010 – 2011 Alliant International University
San Francisco, CA
Lead Supervisor & Trainer, Head Start Practicum I
Directed a practicum for 20 first year clinical psychology (PsyD) graduate students working with 3-5 year old at-risk children in the Head Start milieu. Provided group supervision, coordinated with Head Start staff, guided graduate students in professional development and complete student evaluations. Provided didactic trainings on a wide range of topics, with special emphasis on providing culturally-appropriate services to multi-stressed families.

2009 – 2011 Private Practice
San Francisco, CA
Provided psychotherapy to individual adult clients and couples in a private practice setting.

2009 – 2010 Psychological Services Center
Oakland, CA
Clinical Supervisor
Provided individual and group clinical supervision to first, second and third year clinical psychology (PsyD and PhD) graduate students working with adult and child clients, ages 6-18, in schools and a clinic setting

2008 – 2009 OMI Family Center
San Francisco, CA
Adult and Child Team Post-Doctoral Intern
On the Adult and Child Team, provided individual therapy to high and low-functioning clients presenting with depression, anxiety, sexual and physical trauma, substance abuse/dependence, ADHD and a spectrum of Axis II disorders.
Supervisor: Selene Mitlyng, PhD

2007 – 2008 OMI Family Center
San Francisco, CA
Urgent Care Team Pre-Doctoral Intern
Adult and Child Team Pre-Doctoral Intern
On the Urgent Care Team, provided individual therapy to low functioning outpatient adults with a very high risk of hospitalization or suicide.
Urgent Care Team Supervisor: Michael Burton, MD

On the Adult and Child Team, provided individual therapy to high and low-functioning clients presenting with depression, anxiety, sexual and physical trauma, substance abuse/dependence, ADHD and a spectrum of Axis II disorders.

Adult Case Supervisor: Selene Mitlyng, PhD

2006 – 2007 OMI Family Center
San Francisco, CA
Adult and Child Team Practicum Trainee

Provided individual and family therapy to adults and children in a community mental health outpatient clinic.
Adult Case Supervisor: Jane Carey, PhD

2006 Argosy University Clinical Intensive
Richmond, CA
Student Supervisor

Assisted in the facilitation of a semester-long doctoral-level Clinical Intensive course.
Supervisor: Mary Herget, PhD

2005 – 2006 Community Health Awareness Center
Mountain View, CA
Practicum Trainee

Provided individual and family therapy to adolescents in a public high school setting and adults in a community outpatient clinic.
Supervisor: Stewart Kiritz, PhD