

# TONY ROUSMANIERE, PSYD

206-384-8058 cell

[trousmaniere@gmail.com](mailto:trousmaniere@gmail.com)

Sentio University: [www.sentio.org](http://www.sentio.org)

Sentio Counseling Center: [www.sentiocc.org](http://www.sentiocc.org)

Sentio Counseling Washington: [www.sentiocw.org](http://www.sentiocw.org)

Personal website: [www.drtonyr.com](http://www.drtonyr.com)

## Licensure

Licensed Psychologist, Washington State license #PY 60561890 (Current & Active)

Licensed Psychologist, California State license #23396 (Current & Active)

Licensed Psychologist, Alaska State license #PSYP622 (Inactive)

## Current Service

American Psychological Association, Division 29 (Psychotherapy): Past-President

## Education

2004 - 2008 Argosy University (APA accredited), Psy.D. in Clinical Psychology  
American School of Professional Psychology

1992 - 1996 Earlham College. Bachelor of Arts, Comparative Religious Studies  
• Semester in Nepal, School for International Studies, Fall 1994.

## Awards

2018: Early Career Award, American Psychological Association Division 29 (Psychotherapy)

2018: American Psychological Association Division 17 Section for Supervision and Training, Outstanding Publication of the Year Award for *The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training*.

2008: Graduated Phi Beta Kappa, with college honors and departmental honors.

## Writing for the Public

Rousmaniere, T.G. (2017). What your therapist doesn't know. *The Atlantic*.

## Book Series

Rousmaniere, T.G. & Vaz, A. (Eds.) *The Essentials of Deliberate Practice*. A series of deliberate practice clinical training books for mental health professionals. Washington, DC: American Psychological Association.

Rousmaniere, T.G. & Vaz, A. (Eds.) *Advanced Therapeutics, Clinical and Interpersonal Skills*. A series of deliberate practice clinical training books for medical professionals. Cambridge, MA: Elsevier.

### Books and Edited Volumes

- Rousmaniere, T. & Jin, J. (in press). *Mastering the Inner Skills of Psychotherapy: A Deliberate Practice Handbook, 2<sup>nd</sup> Ed.* Washington, DC: American Psychological Association.
- Terjesen, M. D., Vidair, H., Ohr, P., Walsh, O., Rousmaniere, T., & Vaz, A. (in press) *Deliberate Practice in Behavioral Parent Training.* Washington, DC: American Psychological Association.
- Scholz, R. Hall, S. R., Brunt, B. V., Vaz, A., & Rousmaniere, T. (in press). *Deliberate Practice in the Assessment of Danger to Self and Others.* Washington, DC: American Psychological Association.
- Levenson, H., Jinich, S., Vaz, A., & Rousmaniere, T. (2025) *Deliberate Practice in Emotionally Focused Couple Therapy.* Washington, DC: American Psychological Association.
- Prenn, C. N. N., Levenson, H., Vaz, A., & Rousmaniere, T. (2025). *Deliberate Practice in Accelerated Experiential Dynamic Psychotherapy.* Washington, DC: American Psychological Association.
- Taylor, J. M., Vaz, A., & Rousmaniere, T. (2025). *Deliberate Practice in Career Counseling.* Washington, DC: American Psychological Association.
- Belik, O., Fairhurst, S., Schultz, J. M., Stuart, S. Vaz, A., & Rousmaniere, T. (2025). *Deliberate Practice in Interpersonal Psychotherapy.* Washington, DC: American Psychological Association.
- Rousmaniere, T. (2024). *Deliberate Practice for Psychotherapists: A Guide to Improving Clinical Effectiveness, 2<sup>nd</sup> Ed.* New York, NY: Routledge Press (Taylor & Francis). ISBN-13: 978-1032491042
- Dames, S., Penn, A., Williams, M., Zamaria, J., Rousmaniere, T., & Vaz, A. (2024). *Deliberate Practice in Psychedelic-Assisted Therapy.* Washington, DC: American Psychological Association.
- Katz, M., Christensen, M.J., Vaz, A., & Rousmaniere, T (2023). *Deliberate Practice for TEAM-CBT.* New York: Springer. ISBN: 978-3-031-46019-7
- Bawks, J., McMain, S., Sonley, A., Rousmaniere, T., & Vaz, A. (2023). *Practical Exercises for Mental Health Professionals.* Cambridge, MA: Elsevier.
- Harris, J., Jin, J., Hoffman, S., Phan, S., Prout, T. A., Rousmaniere, T., & Vaz, A. (2023). *Deliberate Practice in Multicultural Therapy.* Washington, DC: American Psychological Association.
- Terjesen, M. D., Doyle, K. A., Diguseppe, R. A., Vaz, A., & Rousmaniere, T. (2023). *Deliberate Practice in Rational-Emotive Behavior Therapy.* Washington, DC: American Psychological Association.
- Boritz, T., McMain, S., Vaz, A., & Rousmaniere, T. (2023). *Deliberate Practice in Dialectical Behavioral Therapy.* Washington, DC: American Psychological Association.
- Farrell, J., Behary, W., Vaz, A., & Rousmaniere, T. (2023). *Deliberate Practice in Schema Therapy.* Washington, DC: American Psychological Association.

- Manuel, J., Ernst, D., Vaz, A., & Rousmaniere, T. (2022). *Deliberate Practice in Motivational Interviewing*. Washington, DC: American Psychological Association.
- Seedall, R., Miller, D., Blow, A., Vaz, A., & Rousmaniere, T. (2022) *Deliberate Practice in Systemic Family Therapy*. Washington, DC: American Psychological Association.
- Bate, J., Prout, T., Vaz, A., & Rousmaniere, T. (2022). *Deliberate Practice in Child and Adolescent Therapy*. Washington, DC: American Psychological Association.
- Goldman, R.N., Vaz, A., & Rousmaniere, T. (2021). *Deliberate Practice in Emotion-Focused Therapy*. Washington, DC: American Psychological Association. ISBN: 978-1-4338-3285-7
- Vaz, A. & Rousmaniere, T. (2021). *Reaching for Expertise: A Primer on Deliberate Practice for Psychotherapists*. Los Angeles, CA: Sentio University Press.
- Rousmaniere, T. (2019). *Mastering the Inner Skills of Psychotherapy: A Deliberate Practice Handbook*. Seattle, WA: Gold Lantern Press. ISBN-13: 978-1732565708
- Rousmaniere, T., Goodyear, R., Miller, S.D., & Wampold, B.E. (2017). *The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training*. London: Wiley Publishers. ISBN-13: 978-1119165569  
*Note: The Cycle of Excellence* was recipient of the 2018 “Outstanding Publication” award from the Society of Counseling Psychology’s Section on Supervision and Training
- Rousmaniere, T. (2016). *Deliberate Practice for Psychotherapists: A Guide to Improving Clinical Effectiveness*. New York, NY: Routledge Press (Taylor & Francis). ISBN-13: 978-1138203204
- Rousmaniere, T. & Renfo-Michele, E. (2015). *Using Technology for Clinical Supervision: A Practical Handbook*. Alexandria, VA: American Counseling Association Press. ISBN-13: 978-1556203480

### **Guest-Edited Journal Issues and Special Sections**

Guest Editor (with Rodney Goodyear), *Journal of Clinical Psychology/In Session*, The use of internet and other technologies in psychotherapy, supervision, and supervision-of-supervision. (2019)

### **Peer-Review Articles**

- Porter, E., Kivlighan, M., Arvaez, R., Heshmat, S., Rousmaniere, T., & Owen, J. (in press) Multicultural Orientation and Deliberate Practice Coaching: An Empirically Supported Case Study. *Counselling and Psychotherapy Research*.
- Santos, J. M., Shah, S., Gupta, A., Mann, A., Vaz, A., Caldwell, B. E., Scholz, R., Awad, P., Allemandi, R., Faust, D., Banka, H., & Rousmaniere, T. (in-press). Evaluating the clinical safety of LLMs in response to high-risk mental health disclosures. *Practice Innovations*.
- Zhang, Y., Li, X., Zhu, J., Sheng, Z., & Rousmaniere, T. (2026). “What happens, what helps, what hurts”: A qualitative analysis of user experiences with large language models for mental health support. *Practice Innovations*. Advance online publication. <https://doi.org/10.1037/pri0000319>

- Judd, N., Vaz, A., Paeth, K., Davis, L. I., Esherick, M., Brand, J., Amaro, I., & Rousmaniere, T. (2025). Independent clinical evaluation of general-purpose LLM responses to signals of suicide risk. arXiv. <https://doi.org/10.48550/arXiv.2510.27521>
- Rousmaniere T, Goldberg S, Torous J. Large language models as mental health providers. *Lancet Psychiatry* 2025; published online Sept 9. [https://doi.org/10.1016/S2215-0366\(25\)00269-X](https://doi.org/10.1016/S2215-0366(25)00269-X)
- Rousmaniere, T., Zhang, Y., Li, X., & Shah, S. (2025). Large language models as mental health resources: Patterns of use in the United States. Practice Innovations. Advance online publication. <https://dx.doi.org/10.1037/pri0000292>
- Rousmaniere, T., & Vaz, A. (2025). Sentio's clinic-to-classroom method: Bridging deliberate practice and clinical training. *Psychotherapy Bulletin*, 60(2), 79-84.
- Brand, J., Miller-Bottom, M., Vaz, A. & Rousmaniere, T. (2025). Deliberate Practice Supervision in Action: The Sentio Supervision Model. *Journal of Clinical Psychology*.
- Li X, Carney JJ, Rousmaniere T, Fineman B, Vaz A. (2025). The "magic" of looking at that score: A multilevel investigation of therapist review of client symptom measures and client clinical outcome. *J Couns Psychol*. doi: 10.1037/cou0000781.
- L. Botelho, D.Sousa, A. Vaz, T. Rousmaniere, & E.N. Vlass. (2025). Answering the Call: Qualitative Analysis of an Exceptional Therapist. Seeing the Mini-Cases of “Anne”, “Mel”, and “Susan”. *Pragmatic Case Studies in Psychotherapy*.
- Olsson, M., Gustafsson, M., Carlsson, J., Rousmaniere, T., Bergbom, S., & Norberg, J. (2024). A pilot study of a deliberate practice intervention for therapist trainees. *Nordic Psychology*, 77(2), 165–184. <https://doi.org/10.1080/19012276.2024.2313532>
- Williams, C. Y., Owen, J., Rousmaniere, T., Harris, J., & Goldberg, S. B. (2024). Developing therapists' multicultural orientation using web-based deliberate practice: An initial feasibility, usability, and acceptability study. *Professional Psychology: Research and Practice*. DOI: 10.1037/pro0000583
- Whipple, J., Swift, J., Rousmaniere, T., Pederson, T. & Worthen, V. (2019). Supervisor Variance in Psychotherapy Outcome in Routine Practice: A Replication. *SAGE: Open*.
- Frederickson, J., DenDooven, B., Abbass, A., Solbakken, O. A., Rousmaniere, T. (2019). Pilot study: An inpatient drug rehabilitation program based on intensive short-term dynamic psychotherapy. *Journal of Addictive Diseases*. doi: 10.1080/10550887.2019.1658513
- Hill, C. E., Kivlighan, D. M. III, Rousmaniere, T., Kivlighan D. M. Jr., Gerstenblith, J., & Hillman, J. (2019). Deliberate practice for the skill of immediacy: a multiple case study of doctoral student therapists and clients. *Psychotherapy*
- Rousmaniere, T., Wright, C. V., Boswell, J., Constantino, M. J., Castonguay, L., McLeod, J., Pedulla, D., & Nordal, K. (2020). Keeping psychologists in the driver's seat: Four perspectives on quality improvement and clinical data registries. *Psychotherapy*, 57(4), 562-573. <https://doi.org/10.1037/pst0000227>

- Goodyear, R. & Rousmaniere, T.G. (2018), Computer and internet-based technologies for psychotherapy, supervision, and supervision-of-supervision. *Journal of Clinical Psychology/In Session*. <https://doi.org/10.1002/jclp.22717>
- Rousmaniere, T.G. (2018). Structured Interview on Research. *The Integrative Therapist*, 4(1), 18-19.
- Rousmaniere, T.G. & Wolpert, M. (2017). Talking failure in therapy and beyond. *The Psychologist* (British Psychological Society), published online April 26, 2017 at <https://goo.gl/uDkmvl>
- Rast, K., Herman, J., Rousmaniere, T.G., Whipple, J. & Swift, J.K. (2017). Perceived impact on client outcomes: The perspectives of practicing supervisors and supervisees. *Sage Online*.
- Tompkins, K. A., Swift, J. K., Rousmaniere, T. G., & Whipple, J. L. (2017). The relationship between clients' depression etiological beliefs and psychotherapy orientation preferences, expectations, and credibility beliefs. *Psychotherapy*, 54(2), 201-206. <http://dx.doi.org/10.1037/pst0000070>
- Goldberg, S., Babins-Wagner, R., Rousmaniere, T. G., Miller, S.D., Nielsen, Whipple, J., S. L., Hoyt, B., & Wampold, B.E. (2016). Creating a climate for psychotherapist improvement: A case study of an agency focused on outcomes and deliberate practice. *Psychotherapy*, 53, 367-375.
- Goldberg, S., Rousmaniere, T.G., Miller, S.D., Nielsen, S.L., Whipple, J., Hoyt, B., & Wampold, B.E. (2016). Do psychotherapists improve with time and experience? A longitudinal analysis of real world outcome data. *Journal of Counseling Psychology*, 63, 1-11.
- Owen, J., Wampold, B.E., Rousmaniere, T.G., Kopta, M., & Miller., S. (2016) As good as it gets? Therapy outcomes of trainees overtime. *Journal of Counseling Psychology*, 63, 12-19.
- Rousmaniere, T.G. (2016). Technology for evidence-based cognitive behavioral supervision: new applications and research to improve organizational support. *The Cognitive Behavioral Therapist*.
- Rousmaniere, T. G. (2016). Deliberate practice for early career psychotherapists. *Psychotherapy Bulletin*.
- Swift, J.K., Callahan, J.L., Rousmaniere, T.G., Whipple, J. L., Dexter, K., & Wrape, E. R. (2015). Using client outcome monitoring as a tool for supervision. *Psychotherapy*, 52, 180-184.
- Miller, S.D. & Rousmaniere, T.G. (2014). Why most therapists are just average (and how we can improve): Scott Miller in an interview with Tony Rousmaniere. *International Journal of Psychotherapy*, 18, 39-49.
- Rousmaniere, T.G., Abbass, A., Frederickson, J. (2014). New developments in technology-assisted supervision and training: A practical guide. *Journal of Clinical Psychology: In Session*, 70, 1082–1093.
- Rousmaniere, T.G., Abbass, A., & Frederickson, J., Inning, I., & Taubner, S. (2014). Videoconference for psychotherapy training and supervision: Two case examples. *American Journal of Psychotherapy*, 68, 231-250.
- Rousmaniere, T. G., Swift, J. K., Babins-Wagner, R., Whipple, J. L., & Berzins, S. (2014). Supervisor variance in psychotherapy outcome in routine practice. *Psychotherapy Research*, 1–10.

Rousmaniere, T.G. & Ellis, M.V. (2013). Developing the construct and measure of collaborative clinical supervision: The supervisee's perspective. *Training and Education in Professional Psychology*, 7, 300-308. doi: 10.1037/a0033796

Rousmaniere, T.G. & Frederickson, J. (2013). Internet-based one-way-mirror supervision for advanced psychotherapy training. *The Clinical Supervisor*, 32, 40–55. doi:10.1080/07325223.2013.778683

### Book Chapters

Hill, C. E., Kivlighan, D. M. III, Rousmaniere, T. Kivlighan D. M. Jr., Gerstenblith, J., & Hillman, J. (2021). Deliberate practice: Effects on doctoral student therapists and clients. In L. G. Castonguay & C. E. Hill (Eds.), *Being and becoming a psychotherapist: Training and supervision*. Washington, DC: American Psychological Association.

Rousmaniere, T. (2019). Deliberate Practice for Supervision of Psychiatry. In DeGolia, S. & Corcoran, K. (Eds.). *Supervision in Psychiatry Across Venues*. Washington, DC: American Psychiatric Association.

Elliot, J., Abbass, A., & Rousmaniere, T. (2018). Technology and deliberate practice methods for improving psychotherapy performance. In Magnavita, J. (Ed.). *Incorporating Technology in Mental Health Practice*. Washington, DC: American Psychological Association.

Frederickson, J. & Rousmaniere, T. (2018). Using technology for therapist self-development. In Magnavita, J. (Ed.). *Incorporating Technology in Mental Health Practice*. Washington, DC: American Psychological Association.

Goodyear, R. K., Bernard, J. M., & Rousmaniere, T. (2018). Relationship factors. In Bernard, J. M., & Goodyear, R. K. (Eds.). *Fundamentals of clinical supervision*. (6<sup>th</sup> edition). Boston: Merrill.

Bernard, J. M., Goodyear, R. K., & Rousmaniere, T. (2018). Multicultural supervision. In Bernard, J. M., & Goodyear, R. K. (Eds.). *Fundamentals of clinical supervision*. (6<sup>th</sup> edition). Boston: Merrill.

Goodyear, R. K., Bernard, J. M., & Rousmaniere, T. (2018). Individual and triadic supervision. In Bernard, J. M., & Goodyear, R. K. (Eds.). *Fundamentals of clinical supervision*. (6<sup>th</sup> edition). Boston: Merrill.

Goodyear, R. K., Falender, C., & Rousmaniere, T. (2017). Ethics of supervision and consultation in private practice. In S. Walfish, J. Barnett & J. Zimmerman (Eds.). *The Handbook of Private Practice*. New York: Oxford University Press.

Goodyear, R. K. & Rousmaniere, T. (2017). Helping therapists to each day become a little better than they were the day before: The Expertise-Development Model of supervision and consultation. In T. G. Rousmaniere, R. K. Goodyear, S. D. Miller and B.E. Wampold. *The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training*. London: Wiley Publishers.

Goodyear, R. K., Zimmerman, J., & Rousmaniere, T. G. (2017). Supervision of Mentoring. In Clutterbuck, D. A., Kochan, F. K., Lunsford, L. G., Dominguez, N., & Haddock-Millar, J. (Eds.). *The SAGE Handbook of Mentoring*. New York: Sage.

- Rousmaniere, T.G., Goodyear, R., Miller, S.D., & Wampold, B.E. (2017). The cycle of excellence. In T. G. Rousmaniere, R. K. Goodyear, S. D. Miller and B.E.Wampold. *The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training*. London: Wiley Publishers.
- Rousmaniere, T.G., Goodyear, R., Miller, S.D., & Wampold, B.E. (2017). Improving psychotherapy outcomes. In T. G. Rousmaniere, R. K. Goodyear, S. D. Miller and B.E.Wampold. *The Cycle of Excellence: Using Deliberate Practice to Improve Supervision and Training*. London: Wiley Publishers.
- Renfro-Michel, E., Rousmaniere, T. G., & Spinella, L. (2015). Technological innovations in counselor supervision: promises and challenges. In: Rousmaniere, T. G. & Renfro-Michele, E. (Eds.), *Using Technology for Clinical Supervision: A Practical Handbook*. Alexandria, VA: American Counseling Association Press.
- Rousmaniere, T. G. & Frederickson, J. (2015). Remote live supervision: videoconference for one-way-mirror supervision. In: Rousmaniere, T. G. & Renfro-Michele, E. (Eds.), *Using Technology for Clinical Supervision: A Practical Handbook*. Alexandria, VA: American Counseling Association Press.
- Rousmaniere, T. G., Renfro-Michel, E., & Higgins R. (2015). Regulatory and legal issues related to the use of technology in counselor supervision. In: Rousmaniere, T. G. & Renfro-Michele, E. (Eds.), *Using Technology for Clinical Supervision: A Practical Handbook*. Alexandria, VA: American Counseling Association Press.
- Rousmaniere, T. G. & Kuhn, N. (2015). Internet security for counselor supervisors. In: Rousmaniere, T. G. & Renfro-Michele, E. (Eds.), *Using Technology for Clinical Supervision: A Practical Handbook*. Alexandria, VA: American Counseling Association Press.
- Rousmaniere, T.G. (2014). Using technology to enhance clinical supervision and training. In: Watkins, C.E. & Milne, D. (Eds.), *International Handbook of Clinical Supervision* (pp. 204-237). New York: Wiley Publishers.

### **Invited Keynotes, Grand Rounds, Workshops, & Lectures**

- North American Society for Psychotherapy Research: invited pre-conference workshop (Snowbird, UT)
- Mt. Saini: invited Grand Rounds (New York City)
- Brigham Young University: invited full-day workshop (Provo, UT)
- Instituto Universitário: invited two-day workshop (Lisbon, Portugal)
- NORSE/CORE: invited keynote & lecture (Birmingham, UK)
- Skandnaviens Akademi for Psykoterapiutveckling: invited two-day workshop (Stockholm, Sweden)
- New Mexico Psychoanalytic Society: invited full-day workshop (Albuquerque, NM)
- Wright Institute: invited full-day workshop (Berkeley, CA)
- Calgary Counseling Center: invited two-day workshop (Calgary, Canada)
- Deliberate Practice for Clinical Training invited workshops (Copenhagen, Denmark).
- Professional Development Intensive invited workshop with Scott Miller, PhD. (Chicago, IL).
- Deliberate Practice for Clinical Development invited workshop (Whidbey Island, WA).
- [National Frontier & Rural ATTC 5<sup>th</sup> Annual NFAR Technology Summit](#) invited keynote (Reno, NV).
- Interpersonal Therapy Supervision Conference invited workshop (Los Angeles, CA).



- A series of one and two-day Deliberate Practice Continuing Education workshops in Seattle, Los Angeles, and Washington DC.
- [International Interdisciplinary Conference on Clinical Supervision](#) Invited Closing Plenary (Adelphi, NY).
- [California Association of Marriage and Family Therapists](#) Invited Plenary (Los Angeles, CA)
- [Association of Psychology Training Clinics](#) Invited Keynote (Seattle, WA)

### **Peer-Review Presentations & Workshops at Professional Conferences**

- Society for Psychotherapy Research: Pre-conference Deliberate Practice workshop; five panels/discussions/papers on Deliberate Practice (Amsterdam, Netherlands)
- American Psychological Association: Deliberate Practice workshop; Deliberate Practice skill-building session; Panel on Quality Improvement & Clinical Data Registries (San Francisco, CA)
- Society for Exploration of Psychotherapy Integration: four panels/discussions/papers on Deliberate Practice presentations (New York City, NY)
- North American Society for Psychotherapy Research: Panel on Deliberate Practice research (Snowbird, UT)

### **Other Publications**

Clinical Outcome Data from my Private Practice. (Ongoing). Available for the public at [www.drtonyr.com](http://www.drtonyr.com).

Rousmaniere, T.G. & Vaz, A. (2018). *Deliberate Practice Clinical Training Videos*. A series of free deliberate practice clinical training videos available at [www.dpfortherapists.com](http://www.dpfortherapists.com).

Rousmaniere, T.G. (2013). Interview with Michael Lambert on Preventing Treatment Failures (and Why You're Not as Good as You Think).  
<http://www.psychotherapy.net/interview/preventing-treatment-failures-lambert>

Rousmaniere, T.G. (2013). Interview with Steven Hayes on Acceptance and Commitment Therapy.  
<http://www.psychotherapy.net/interview/acceptance-commitment-therapy-ACT-steven-hayes-interview>

Rousmaniere, T.G. (2011). Preventing Psychotherapy Dropouts with Client Feedback.  
<http://www.psychotherapy.net/article/psychotherapy-dropouts>

### **Editorial Service**

*The Journal of Psychotherapy Integration*: Ad-hoc reviewer

*Psychotherapy*: Ad-hoc reviewer

*Training and Education in Professional Psychology*: Ad-hoc reviewer

*Psychotherapy Research*: Ad-hoc reviewer

*The Clinical Supervisor*: Ad-hoc reviewer

*Journal of Clinical Psychology*: Ad-hoc reviewer

*Psychiatry Research*: Ad-hoc reviewer

*Journal of Rural Mental Health*: Ad-hoc reviewer

*Clinical Psychology and Psychotherapy*: Ad-hoc reviewer



*Journal of Nervous and Mental Diseases*: Ad-hoc reviewer

### **Professional Associations**

American Psychological Association: Member

APA Division 29 (Society for the Advancement of Psychotherapy): 2024 Past-President, Fellow

### **Work Experience**

#### **Clinical**

**2020 – Current Sentio University – President & Program Director**

**2020 – Current Sentio Counseling Center California – Executive Director**

**2024 – Current Sentio Counseling Washington – Executive Director**

**2015 - 2023 Private Practice**

**Seattle, WA & Los Angeles, CA**

Provide psychotherapy to individual adult clients in a private practice setting.

**2015 - 2024 University of Washington - Clinical Faculty**

**Seattle, WA**

**2012 – 2015 University of Alaska Fairbanks Student Health and Counseling Center**

**Fairbanks, AK**

**Associate Director of Counseling Services & Director of Training**

Supervised a clinical team of licensed counselors and PhD graduate students providing services to the University student community. Provided clinical training for doctoral practicum trainees, using videotape-based supervision. Coordinated research program in conjunction with the UAF PhD program. Carried a full clinical caseload and performed outreach services.

**2012 – 2015 UAF Student Training Clinic (APA accredited)**

**Fairbanks, AK**

**Clinical Supervisor / Trainer**

Provided clinical supervision and training for a cohort of PhD clinical / community psychology trainees at a training clinic operating under a community mental health model. Utilized client videotapes in individual and group supervision. Conducted research in conjunction with UAF and UAA PhD program.

**Jan 2012 – May 2012 UAF Student Health and Counseling Center**

**Fairbanks, AK**

**Staff Psychologist**

Provided counseling and psychotherapy to college and graduate school individual and couples. Provided culturally-competent services to multi-cultural client population. Provided outreach and prevention to the University students, staff and faculty.

**2010 – 2011 Alliant International University**

**San Francisco, CA**

**Lead Supervisor & Trainer, Head Start Practicum I**

Directed a practicum for 20 first year clinical psychology (PsyD) graduate students working with 3-5 year old at-risk children in the Head Start milieu. Provided group supervision, coordinated with Head Start staff, guided graduate students in professional development and complete student evaluations. Provided didactic trainings on a wide range of topics, with special emphasis on providing culturally-appropriate services to multi-stressed families.

**2009 – 2011 Private Practice****San Francisco, CA**

Provided psychotherapy to individual adult clients and couples in a private practice setting.

**2009 – 2010 Psychological Services Center****Oakland, CA****Clinical Supervisor**

Provided individual and group clinical supervision to first, second and third year clinical psychology (PsyD and PhD) graduate students working with adult and child clients, ages 6-18, in schools and a clinic setting

**2008 – 2009 OMI Family Center****San Francisco, CA****Adult and Child Team Post-Doctoral Intern**

On the Adult and Child Team, provided individual therapy to high and low-functioning clients presenting with depression, anxiety, sexual and physical trauma, substance abuse/dependence, ADHD and a spectrum of Axis II disorders.

*Supervisor: Selene Mitlyng, PhD*

**2007 – 2008 OMI Family Center****San Francisco, CA****Urgent Care Team Pre-Doctoral Intern****Adult and Child Team Pre-Doctoral Intern**

On the Urgent Care Team, provided individual therapy to low functioning outpatient adults with a very high risk of hospitalization or suicide.

*Urgent Care Team Supervisor: Michael Burton, MD*

On the Adult and Child Team, provided individual therapy to high and low-functioning clients presenting with depression, anxiety, sexual and physical trauma, substance abuse/dependence, ADHD and a spectrum of Axis II disorders.

*Adult Case Supervisor: Selene Mitlyng, PhD*

**2006 – 2007 OMI Family Center****San Francisco, CA****Adult and Child Team Practicum Trainee**

Provided individual and family therapy to adults and children in a community mental health outpatient clinic.

*Adult Case Supervisor: Jane Carey, PhD*

**2006 Argosy University Clinical Intensive**  
**Richmond, CA**  
**Student Supervisor**

Assisted in the facilitation of a semester-long doctoral-level Clinical Intensive course.  
*Supervisor: Mary Herget, PhD*

**2005 – 2006 Community Health Awareness Center**  
**Mountain View, CA**  
**Practicum Trainee**

Provided individual and family therapy to adolescents in a public high school setting and adults in a community outpatient clinic.  
*Supervisor: Stewart Kiritz, PhD*