

# Blood Sugar Blaster Reviews



[Blood Sugar Blaster](#) by Vitality Nutrition is an advanced blood sugar formula that features 20 different ingredients that may help support healthy blood sugar levels, promote energy production and maintain optimal insulin sensitivity. Found only at [BloodSugarBlaster.com](#) only, the Vitality Nutrition Blood Sugar Blaster supplement is a one of a kind formula that will even help support deeper and more relaxing sleep along with a healthy blood pressure and cholesterol levels with continued use. But there is a lot of important information to review regarding all of the available Blood Sugar Blaster details.

Do you struggle with keeping your blood sugar levels consistent? If so, you certainly are not alone. Millions of people in the United States have blood sugar imbalances, and this number is growing with each passing day. Some people who don't suffer from the issue might believe that it isn't very significant. But the reality is that both high and **low blood sugar** come with serious potential health ramifications. In many cases, unhealthy blood sugar levels can even lead to cardiac arrest, strokes, or death. The stakes have never been higher for sufferers of blood sugar issues.

The unfortunate reality is that many blood sugar medications come with a whole host of devastating side effects. For example, people on **blood sugar pills** might be constantly lightheaded, experience heart irregularities, and more. Especially for elderly consumers, these side effects are more than hard to swallow—they can be downright dangerous. Historically, massive side effects associated with traditional medications have driven patients toward alternative medicine. This is no different.

**Blood Sugar Blaster** is a supplement being marketed by Vitality Nutrition, a relatively popular and respected distributor of dietary supplements. This particular formula claims to be an “advanced blood sugar formula.” By using this product consistently over weeks and months, users might be able to regain control of the blood sugar and avoid the dastardly side effects of traditional Big Pharma blood sugar pills. According to one reviewer, using this supplement allowed her to “have more energy” and “sleep better.” Other reviewers have hailed the formula as one of the only effective blood sugar stabilization tools they've ever experienced.

This is some high praise. And it shouldn't be taken lightly, either. Supplements claiming to do something as significant as [addressing blood sugar](#) should be evaluated carefully using well-established scientific research and documentation. That's why we're creating this guide. Today's guide is a full, comprehensive review of Blood Sugar Blaster. Are these anonymous reviewers being honest, or are they actually hyping up an illegitimate and ineffective product? Read on to find out more about Blood Sugar Blaster.

## What is Blood Sugar Blaster?

Blood Sugar Blaster is a fairly new dietary supplement in the market and quickly becoming popular. This is a supplement that states it will help maintain healthy blood sugar levels. It also helps lower your glucose levels and which in turn may also help in reducing weight.

One of the main reasons for its high demand and popularity is that the manufacturers only use natural ingredients in Blood Sugar Blaster. This greatly eliminates the risk of adverse side effects because there are no chemicals in this **supplement's making**.

All the natural ingredients used in [Blood Sugar Blaster](#) creation are known for their healing properties and are sourced worldwide. Moreover, this supplement is backed by research and studies. The manufacturers make sure that every batch is tested for its potency and ensures that consumers get the best ingredients for the best results.

As per their **official website**, this supplement is quite easy to use, and it provides long-term benefits. For example, it will help maintain healthy blood sugar levels, help fight diabetes and other related ailments.

## Blood Sugar Blaster: How Does It Work?

The maintenance of healthy blood sugar levels is essential. If you do not manage to take care of blood sugar levels, it may harm the body. If blood sugar levels are not maintained, then you may face the risk of getting diabetes.

Truth be told, having high blood sugar levels can lead to diabetes type 2. Typically, people who do not follow a healthy lifestyle and lead a very inactive life are prone to this deadly disease and other heart problems.

Type 2 diabetes is a problem that can be quite difficult to deal with. When you have type 2 diabetes, you cannot eat your favorite foods, and you usually become more tired than usual.

With that being said, the newest dietary supplement helps people control their blood sugar levels and may help individuals who face a high risk of [becoming a diabetic](#).

**This supplement is called Blood Sugar Blaster.**

Unlike the rest of the **sugar-regulating supplements**, Vitality Nutrition Blood Sugar Blaster uses a unique approach. Instead of taking a traditional approach, it uses a multi-directional approach.

The ingredients used in the formula have been used since ancient times for their wide array of health benefits. However, this is the first time the ingredients have been combined in precise amounts to provide a revolutionary sugar-regulating supplement.

Blood Sugar Blaster mainly targets the [3 main causes of diabetes](#), like highly overactive lipids, fatty livers, and low beta cells release. This means that Blood Sugar Blaster solves the problem from the roots and not just from the surface.

Using a dietary supplement like Blood Sugar Blaster is definitely better than falling prey to diabetes.

**Here are some of the benefits of consuming Blood Sugar Blaster:**

Regulation of healthy blood sugar levels

Reduced risk of cardiovascular diseases

Weight loss

No need for any medications

No side effects

Long term benefits

Improved energy levels

Healthy cholesterol levels

Good sleep

Maintenance of healthy insulin sensitivity

## **More About Blood Sugar Blaster**

Blood Sugar Blaster is one of the [unique dietary supplements](#). This is because it uses a multidirectional approach to improve your quality of life by reducing your blood sugar levels.

Furthermore, Blood Sugar Blaster is manufactured in an FDA (The United States Food and Drug Administration) facility. They adhere to the strict rules and regulations set up by the FDA. They also follow GMP (Good Manufacturing Practices), which ensures you get the best product.

## **What Ingredients is Blood Sugar Blaster Made Of?**

As mentioned earlier in the article, all the ingredients used are 100 percent natural, and they are procured from all around the world.

All the ingredients are combined in the right quantities to make sure you get the best possible results.

Here are the ingredients used in the making of Blood Sugar Blaster:

### **Cinnamon Bark – 50 mg**

Cinnamon bark powder, also known as Cinnamomum cassia, is known for its blood sugar regulatory properties. It contains MHCP (methyl hydroxy chalcone polymer), an active ingredient, and it also has antioxidants.

### **Chromium – 67 mg**

This ingredient is known to help to [fast blood sugar](#). When people suffer from high blood sugar levels, one of the main reasons is that they are deficient in chromium.

### **Vanadium – 200 mg**

This is a trace mineral that is added to extra glucose support.

### **Guggul – 50 mg**

This is one of the most important ingredients. It helps reduce lipids and cholesterol levels, and it shields the beta cells that protect the pancreas, which in turn boosts insulin production, regulates lipid synthesis, which reduces hypertension. It also helps in the healthy regulation of blood sugar levels.

### **Banaba Leaf – 25 mg**

The banaba leaf extract is an extract that helps in the activation of glucose transporters on the beta-cells surface. This helps the glucose work hand in hand with the chromium.

### **Alpha Lipoic Acid – 30 mg with L-Taurine – 25 mg**

The alpha-lipoic acid is basically a universal antioxidant as it is both fat and water-soluble. This is why ALA can neutralize dangerous free radicals easily. When L-Taurine is combined with ALA, it increases the blood flow to protect the neurovascular system. It also helps in the maintenance of blood vessels and **boosts blood circulation**.

### **Gymnema Sylvestre Leaf Powder**

This ingredient is important for releasing blood sugar from the digestive tract to the bloodstream. It also helps in the maintenance of [healthy blood sugar levels](#).

### **Bitter Melon, Guggul, and Cayenne Pepper Powder**

These three ingredients are used to make a proprietary blend, which is extremely effective in combating inflammation.

Bitter melon – 50 mg

Guggul – 10 percent extract

Cayenne pepper powder – 10 mg

### **Juniper Berry Powder Extract and White Mulberry Leaf**

As per several studies, it has been seen that juniper berry extract and white mulberry leaf helps greatly in decreasing blood sugar levels.

### **Yarrow Flowers Powder**

This ingredient provides your body with fructose instead of glucose. This helps in the maintenance of blood glucose levels. It helps in the regulation of bowel movement as well.

### **Licorice Root Extract – 50 mg**

This ingredient contains anti-inflammatory properties, and when combined with the other ingredients, it boosts the immune system.

These are some of the main ingredients used in the making of Blood Sugar Blaster, other included ingredients:

Magnesium (Magnesium Oxide) – 125 mg

Zinc (Zinc Oxide) – 7.5 mg

Manganese – 1 mg

Biotin – 300 mg

Vitamin C (Ascorbic Acid) – 50 mg

Vitamin E – 15 IU

### **Dosage**

Using Blood Sugar Blaster is very simple. The recommended dose is to take two capsules every day with a water glass—once in the morning and one before bed.

Make sure to continue to use Blood Sugar Blaster regularly; only then can the changes be made permanent.

### **Where To Buy Blood Sugar Blaster?**

You can buy [Blood Sugar Blaster](#) only on their official website. Each bottle contains 60 capsules.

## Here are the pricing options

1 bottle – \$69 per bottle

3 bottles – \$177 (\$59 per bottle)

6 bottles – \$294 (\$49 per bottle)

In addition to this, they are also offering two bonus items with every purchase.

Bonus 1 – The Complete Blood Sugar Protocol

Bonus 2 – The Keys To Body Transformation

They are both guides, and the first guide will help you maintain your blood sugar levels, and the second guide will help you transform your body and achieve your weight loss goals.

## Final Verdict

From the information gathered, it is no surprise that Blood Sugar Blaster could be one of the most legit dietary supplements on the market. To maintain healthy blood sugar levels and lead a healthy life, consumers could try Blood Sugar Blaster to help them lose weight and possibly control blood sugar levels.

At the end of the day, what's the bottom line on Blood Sugar Blaster? We're not yet comfortable saying that this supplement can help anyone to improve their blood sugar. The best way to increase or decrease your blood sugar levels is to work closely with your doctor to find out an appropriate treatment regimen. However, there are a few reasons we have to think that Blood Sugar Blaster might be legit. To start, science does back many of the key ingredients in this formula. Perhaps more importantly, it also comes with a long list of positive reviewers from all around the world.

The big benefit to using the Vitality Nutrition **Blood Sugar Blaster supplement** right now is its 180-day free trial. You pay only shipping, meaning that consumers can try the product almost completely risk-free. If you're struggling with blood sugar and are fed-up with the side effects of traditional medications, speak to your doctor about maybe trying this supplement today.

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