# **CVVC Strikers AGM 2024**

# MINUTES

November 18, 2024, Vanier

Current Board Members Present: Phebe May, Jaki Vlahovic, Michelle Burry, Chelsea Prangnell, Linn East, Steffany Martin

Meeting Called to Order: 7:04pm

1. Welcome to the AGM by current CVVC Board Chair, Phebe

### 2. Adoption of 2023 AGM Minutes

Motion made by Phebe May to accept Nov 2022 Minutes – seconded by Kathy Segriff

# 3. Introduction by CVVC Board Chair, Phebe May

- New Website by Team Snap is now live if difficulty finding follow link from old site.
- Policy & Procedure Updates
  - CVVC Club policies have been updated and provide key information for parents, Coaches, and athletes. Please review on the CVVC website
- Call for Coaches
  - The Club has an urgent need for additional coaches! Those interested in Coach roles are invited to sign up tonight on the sheets provided or contact Julie Young
  - Julie Young is taking on role of CVVC Technical Director this year taking over the position from Jesse Knight.
- Parent Involvement/Requirements
  - Parent involvement is a vital component of our Club.
    - Mandatory parent meeting should happen prior to first team practice.
    - Team manager Mandatory for each team (book hotels, ferries, and support coaches)
    - Coordinator for nationals is also necessary early in the season.
    - Team Chaperone(s) are also needed for travel tournaments through the season.

- Parents will also volunteer Scorekeeper/lines person for most games and tournaments. Our club will try to provide a clinic.
- Links on Volleyball BC tutorials how to score keep.
- Transportation of athletes to games and tournaments is the responsibility of parents to arrange.
- Safe Sport Online Training Module Mandatory for Athletes and Parents
  - This free online training is aimed at informing everyone on their responsibilities to keep the sport of volleyball safe for all. This 90-minute course is a mandatory requirement for all Persons in Authority including parents, Coaches, Board and Volunteers.

#### 4. Club Programs

- Smash ball (Gr 3-6)
  - o We will run spring and fall.
- Train & Play Key program for skill development. We offer both boys and girls program (If there is enough interest) on Mondays and Wednesday evenings. There may have to be try-outs, depending on numbers.
- Senior athletes are expected to volunteer. Volunteer time can be used towards school volunteer experience hours. Supporting with train and play sessions or Smash ball is a good example of how senior athletes contribute.
- 14U 18U are competitive teams (athletes born 2009 and 2013)
- There may be a 13U team (depending on interest) 13-14U will also have to participate in train and play.
- What is Red Shirt Red Shirt Players train with the team however do not travel. Can play
  in non-Volleyball BC events only. It is up to the coach if they want red shirt players on the
  team. Please let the try-out committee know prior to or during try-outs if this is an
  interest of your athlete. This can be a good option for multi-sport athletes that cannot
  commit to all the tournament dates (currently on the website)

#### 5. Interest Sheets

- Sign-Up Sheets will be put out at end of the meeting to gather details of those interested in each of the Club Programs. Athletes will still have to register online as well, starting tomorrow.
- They allow us to coordinate evaluators needed and coaches.
- You sign up for the year you were born. If coaches think you should play up, they will invite you to the higher-level try-out.

- Sign up for your birth year.
- Volunteer list for committees provided for additional volunteer activities.

#### 6. Try-outs

- Tryouts are scheduled in order of youngest age groups to oldest but offers for teams are likely to go out opposite order. Please be patient with our volunteers as we try to get out information as soon as possible in December.
- Athletes are trying out for a team, not a position. If your athlete feels strongly about a
  position, let the try-out committee know, but positions are at the coach's discretion with
  no guarantees.
- The try-out schedule is posted to the website.
- Check the website prior to showing up for try outs in case venue or time changes.

# 7. High Performance / Wave – Julie Young Technical Director

- Julie Young provided information on High Performance Program, Wave. Working relationships with Strikers Programs supports the development of athletes as they progress through the age groups.
- Focus of the HP program is on skill development and involvement requires a high level of commitment. High expectations. Each player receives equal training time, not necessarily equal playing time.
- HP program costs are higher, more tournaments and nationals are mandatory.
   Fundraising opportunities are key for teams to keep things affordable. 4-5 days per week commitment.
- One morning skill development session is expected.
- Strength training is also mandatory component.
- Offers a fun, competitive culture to support elevating athlete performance.
- Travel as a team, stay together, more play time and competition time.
- Jesse Knight and Julie Young are mentors for this program.
- There is a parent handout on the website on the HP program.

#### 8. Finance

- Treasurer, Michelle Burry shared that fees for 2024 are posted on the CVVC website and include the cost of hiring the new admin person and the website upgrade. Fees did not increase year.
- This year we will provide an honorarium for Coaches and Assistant Coaches.

- We cover basic costs for Coach travel for tournaments but as we all know, the cost of gas and hotels have gone up substantially.
- Some Coaches may expect more travel. Team communication around expectations is key and there is a parent meeting for each team early in the season to clarify plans and expectations for the season.
- Thanks to the Province of BC, we received a gaming grant of \$22,000 this past year which years previous was \$11,000.
- Fees for 16U and up include a personalized jersey.
- For those athletes that already have a jersey, you will get a code to reduce cost of registration.
- Travelling costs will vary depending on tournaments attended club fees do not cover this part of the athlete's experience.
- This year parents will notice processing fees and option of installments.

#### 9. Board Elections

- Current Board Members open to Re-Election:
  - Chelsea Prangnell, Jaki Vlahovic and Steffany Martin
- New Nominees/Calls from the Floor:
  - Julie Mathews, Angie St. Nichols, Annette Yang and Tony Jarvis
- Elections for Club board Directors was not necessary as seven candidates came forward to complete all board positions.
- Officer positions will be decided at the next Board Meeting.
  - Phebe will not be on the board this year instead she will mentor incoming president.

Meeting Adjourned: 7:46pm