

Anything I can do, you can do better

These are things that I have learned in my quest to become more environmental that are very easy to do and repeat:

[Go Dumpster Diving](#) - The entire state of California could be fed with amount of food that grocery stores throw out each day. This food is generally edible for one or two days after it is thrown out, and goods that can be frozen can obviously last much longer. Think of the carbon footprint accumulated by these wasted foods.

Think of creative solutions for your waste. I've seen cuff links made from pieces of aluminum cans, [purses made from plastic wrappers](#), and shiza-loads more.

Some people turn [exercise bikes and laundry machines](#) into a power generating duo.