

Lauren and Brooke's Recommend

Unschooling Books and Resources

(a companion to Holy Wild Birth episode *Unschooling Begins At Birth*)

BOOKS

1. [How Children Learn](#) by John Holt
2. [Sage Homeschooling](#) by Rachel Rainbolt
3. [Unschooling](#) by Kerry McDonald
4. [The Unschooling Handbook](#) by Mary Griffith
5. [Free to Learn](#) by Peter Gray
6. [God Schooling](#) by Julie Polanco
7. [Dumbing Us Down](#) by John Taylor Gatto

PODCASTS

- [Exploring Unschooling](#) with Pam Larrichia
- [Stories of an Unschooling Family](#) with Sue Elvis
- [The Life Without School](#) with Stark Raving Dad
- [Unschooling Life Podcast](#)