



Old Post Road School Before and After School Enrichment



Six week session begins the week of September 30th.

Spaces are limited and fill VERY quickly!

New: We are excited to announce that classes will now be offered **BEFORE** and **AFTER** school. Please check the description below carefully to see when the class is held.

Date: Classes begin the week of September 30th. Please note the dates for each class are in the descriptions.

Time: Morning Classes are 7:50–8:50 am
Afternoon Classes 3:30–4:30

Cost: Check each description for the cost of the six-week class.

Payment: Send in one check after you have registered your child. You may send in one check per family. Please note which class/classes you are paying for.

Make checks out to the **Town of Walpole** with your child's name in the memo line.

Payment is DUE by September 30th.

Registration: Use [THIS](#) link to SignUp Genius to sign up for a class.
Registration opens **Tuesday, September 16th at 9:00 a.m.**
Registration closes **Tuesday, September 23th at 4:00 p.m.**

Questions: Contact Mrs. Tranquillino at:
mtranquillino@walpole.k12.ma.us

Weight Lifting Club

PM Class: Class is 3:30–4:30

Teacher: Mrs. Green

Day: Tuesdays (Sept. 30, Oct. 7, 14, 21, 28, Nov. 4)

Limit: 20 students in **Grades 4 – 5**

Cost: \$40.

Weight lifting is a sport that helps all individuals get stronger and improve in other activities and sports in which they are involved in. This is an opportunity for our 4th & 5th graders to work in small groups to work on strength training with bodyweight, dumbbells, PVC pipes and barbells. Students will practice the deadlift, squat, thruster, clean & jerk, shoulder press, sumo high pulls and snatch. We will also incorporate push-ups, sit-ups, pull-ups, dips, and more. Come join along to get strong!

Jump Rope Club

PM Class: Class is 3:30–4:30

Teacher: Mrs. Green

Day: Wednesday (Oct. 1, 8, 15, 22, 29, Nov. 5)

Grades 1–5

Cost: \$40

Single Rope, Speed, Free-style, Double-unders, Long rope & Double Dutch. Come have fun, practice & learn new skills!

Book Club for First and Second Graders

AM Class: Class is 7:50–8:50

Teacher: Mrs. Hunter

Day: Wednesday (Oct. 1, 8, 15, 22, 29, Nov. 5)

Limit: 10 Students in Grades 1-2

Cost: \$40

First and second graders will celebrate exciting children's literature by enjoying read-alouds, discussing characters, setting, themes, and creating art projects! Authors include Peter H. Reynolds, Todd Parr, Aaron Blabey, and more!

Musical Theatre

AM Class: Class is 7:50–8:50

Teacher: Mrs. Convey and Mrs. Milnamow

Day: Wednesday **AND** Thursday (Oct. 1, 2, 8, 9, 15, 16, 22, 23, 29, 30, Nov. 5, 6)

Limit: 20 students in **Grades 4 – 5**

Cost: \$80

Welcome to the Wonderful World of Disney! Celebrate 75 years of Disney magic and some of the music that helped make that magic happen with favorite songs from the movies of Peter Pan, Mary Poppins, The Jungle Book, The Little Mermaid and The Lion King. Class will meet TWICE a week, on Wednesday and Thursday mornings. Bring your singing voices and dancing feet! Families will be invited to the final class to see us perform the show.

Stop Motion Film Club

AM Class: Class is 7:50–8:50

Teacher: Mrs. Morris

Day: Thursdays (Oct. 2, 9, 16, 23, 30, Nov. 6)

Limit: 12 students in **Grades 3 – 5**

Cost: \$40.

In the Stop Motion Enrichment Club, third, fourth, and fifth graders will bring their creativity to life by making their own short films! Students will learn the basics of storytelling, set design, and animation as they use everyday materials to create characters and scenes. With teamwork and imagination, they'll explore how small movements and big ideas come together on screen, ending the session with unique stop motion projects to share.

Lego Robotics

PM Class: Class is 3:30–4:30

Teacher: Mr. Carpenter

Day: Thursday (Oct. 2, 9, 16, 23, 30, Nov. 6)

Limit: 10 students in **Grades 2–5**

Cost: \$50.00

The program is geared to students ages 7–11 years and utilizes Lego WeDo 2.0. Teams of 2–3 students will receive a mini-challenge weekly based on the Lego WeDo Education programs. Students spend time exploring, investigating, designing, building, and coding these Lego WeDo kits built each week . Please visit

<https://education.lego.com/en-us> for additional information.

This program will build on machine coding skills and building for competition. The students will also work alongside teen mentors from the High School Walpole Timberwolves Team 1153. This collaboration will

greatly benefit the students showing them the many different aspects of the robotics field and how it is applied today and in future applications.

Coach Mike's After School Sports Program (Formerly Kids in Sports)

PM Class: Class is 3:30-4:30

Grades: **K - 2**

Day: Mondays (Sept. 29, Oct. 6, 20, 27, Nov. 3, 10)

Cost: \$175.00

Parents will enroll directly at the Coach Mike's Mobile Sports website. Any questions, please call (508) 660-7111.

[HERE](#) is the link to register.
