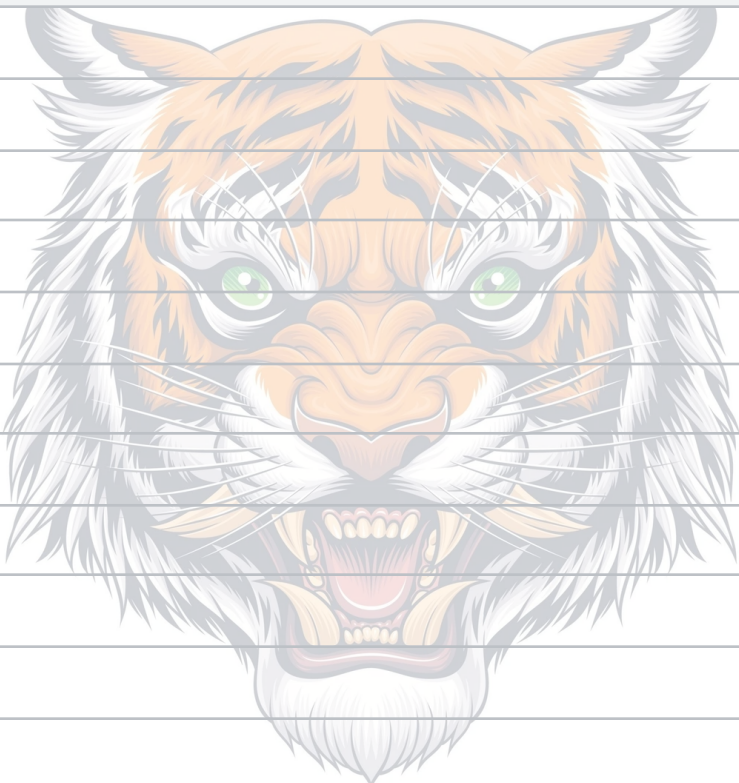


- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. <input checked="" type="checkbox"/> /X	1 ▾	
2. <input checked="" type="checkbox"/> /X	1 ▾	
3. <input checked="" type="checkbox"/> /X	1 ▾	
4. <input checked="" type="checkbox"/> /X	1 ▾	
5. <input checked="" type="checkbox"/> /X	1 ▾	
6. <input checked="" type="checkbox"/> /X	1 ▾	
7. <input checked="" type="checkbox"/> /X	1 ▾	
8. <input checked="" type="checkbox"/> /X	1 ▾	
9. <input checked="" type="checkbox"/> /X	2 ▾	
10. <input checked="" type="checkbox"/> /X	2 ▾	
11. <input checked="" type="checkbox"/> /X	2 ▾	
12. <input checked="" type="checkbox"/> /X	2 ▾	
13. <input checked="" type="checkbox"/> /X	2 ▾	
14. <input checked="" type="checkbox"/> /X	3 ▾	
15. <input checked="" type="checkbox"/> /X	3 ▾	
16. <input checked="" type="checkbox"/> /X	3 ▾	
17. <input checked="" type="checkbox"/> /X	3 ▾	
18. <input checked="" type="checkbox"/> /X	3 ▾	
19. <input checked="" type="checkbox"/> /X	3 ▾	
20. <input checked="" type="checkbox"/> /X	3 ▾	

Day Number: 3







Date: 2023.03.14

Start Of The Day - Time: 9.00 AM

	 3 Things That I Am Excited To Have In The Future? 
1.	First landed client
2.	Quitting nicotine
3.	Getting back to boxing after being ill

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

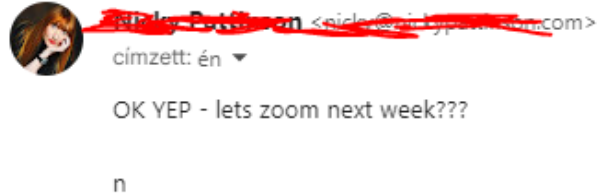
2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 9 am: Task \$	Getting up earlier because I slept in yesterday so this is my punishment, sending out 10 outreach emails with as much personalization as possible
🔔 Intention 🔔	to land my 3rd sales call today
✍️ Reflection ✍️	Fucking landed 😊 It's so unreal when you write this down the night before and in the morning you wake up to this: 

\$ 10 am: Task \$	Eat
🔔 Intention 🔔	Grow bigger
✍️ Reflection ✍️	done





\$ 11 am: Task \$	10 outreach more
🔔 Intention 🔔	To have my second sales call scheduling
✍️ Reflection ✍️	done


\$ 12 am: Task \$	eat
🔔 Intention 🔔	To have nutritious meals
✍️ Reflection ✍️	done





\$ 1 pm: Task \$	Clean my room and organize the thing in it
🔔 Intention 🔔	Make a better environment for work. This is really important to have a clear mind and to focus better.
✍️ Reflection ✍️	done





\$ 2 pm: Task \$	10 more outreach with FV provided
🔔 Intention 🔔	Get that bag. I NEED to land my first client this week... I only have 4 days left
✍️ Reflection ✍️	done





\$ 3 pm: Task \$	Respond to emails, OODA loop my sent emails and analyze the statistics
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 Intention 	Get better at outreaching and communicating in English.
 Reflection 	Revieced plenty of responses and answered all of them, scheduled a sales call for next week

\$ 4 pm: Task \$	Eat more
 Intention 	To put some weight on
 Reflection 	done

\$ 5 pm: Task \$	Spending time in nature, getting that D vitamin in
 Intention 	Break the type of hamster wheel of outreaching 24/7 and to recharge a little bit.
 Reflection 	

\$ 6 pm: Task \$	Phonecall with my sister
 Intention 	Keep the family strong and connected
 Reflection 	done

\$ 7 pm: Task \$	Last 10 email sequence with fv in it
 Intention 	I can't stop working
 Reflection 	done



End-Of-The-Day Report:



What Did I Learn Today?

That I need to push no matter what because you never know when you going to send the email to the right person.

What Do I Plan To Do Differently Tomorrow?

Wake up earlier

What Do I Plan To Do The Same Tomorrow?

Scheduling sales calls

Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?

What Tasks Were Left Undone?

Meditation and reading

Brain Dump: