

Athletics/Physical Education Syllabus

Contact Information

Teacher

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Course Overview

Description

Students will develop motor skills and understand health principles through physical activity. This course promotes lifelong learning of engagement in sportsmanship and teamwork.

Expectations and goals

Students will demonstrate competencies in athletic skills.

Students will apply teamwork skills that reflect goal-setting and effective communication in group activities.

Students are to be present and remain engaged to actively participate in the class.

Students should remain open to feedback and self-reflection to promote overall growth.

Norms

Students are to be respectful of all peers, equipment, and facilities on campus utilized for the course.

Students are not permitted to have food or drinks. The only exception is a water bottle.

Students should follow all directions for their individual safety and safety of others.

Bullying is NOT tolerated of any kind during any time of the class.

Students will always follow all campus policies and procedures.

Course Materials

Required Materials

- Dressed appropriately for physical activity that follows campus dress code protocol.
- Appropriate worn shoes for physical activity (NO CROCS, FLIP FLOPS, OR HEELS).
- Hair ties to be worn for any loose hair below the student's shoulders.

Optional Materials

- Personal hygiene items if needed.

Grading

Students will be graded weekly on participation, effort, and skill demonstrations.

Tracking logs will also be implemented for the course to monitor progression throughout the course.