



Rockford High School Families,

We are excited to share an exciting development that we believe will further enhance student success and ensure all learners are supported in achieving their academic potential.

Beginning in late September, our school will implement a new initiative called **Flex Time**—a dedicated period within the school day designed to provide personalized academic support, enrichment, and extension opportunities for all students.

Why Flex Time?

As a school community committed to excellence, we continuously evaluate our practices to ensure we are meeting the diverse needs of our students. One of the most consistent messages we've heard—from students, staff, and parents—is the need for:

- More targeted academic support during the school day to ensure access for all students
- Increased time for reteaching, reassessment, and skill development
- Opportunities for enrichment, collaboration, and independent learning

Flex Time is our response to these needs. It reflects researched best practices in secondary education and aligns with our mission to provide a rigorous and responsive learning environment for every student.

What Is Flex Time?

Flex Time is a regularly scheduled 30 minute period every Tuesday and Thursday when students are assigned or choose to work with a teacher based on their academic needs. A schedule for these days is listed below. During this time, students may:

- Receive extra help or tutoring
- Complete missing assignments or retake assessments
- Engage in enrichment or project-based learning activities
- Attend workshops on study skills, organization, or college/career readiness

Flex Time is **not** a study hall or free period; it is structured, intentional, and focused on student growth.

How It Works

Teachers and students will collaborate to determine how Flex Time can best support each learner. Our staff will use data, classroom performance, and student input to guide decisions. Some students may have assigned sessions, while others may request support or enrichment opportunities based on their interests and goals. The 9-12 campus will use a software called RTI Scheduler to complete these assignments.

Partnership with Families

We believe that Flex Time will have a significant positive impact on academic outcomes, student confidence, and school climate. As always, we value your partnership and welcome your feedback.

Thank you for your continued support in making Rockford High School a place where every student can thrive. We look forward to this next step in our journey together.

Warm regards,



Ricky Clark
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Tuesdays and Thursdays (Flex Days)		
1st Period	7:40-8:44	64
2nd Period	8:50-9:54	64
3rd Period + Lunch	10:00-11:34 A lunch Lunch 9:54-10:24; Class 10:30-11:34 B lunch Class 10:00-10:34; Lunch 10:34-11:04; Class 11:04-11:34 C lunch Class 10:00-11:04; Lunch 11:04-11:34	64
Flex	11:40-12:10	30
4th Period	12:16-1:20	64
5th Period	1:26-2:30	64