

EDI

Eating Disorder
Institute
of Las Vegas

5572 S. Fort Apache Road Suite 110
Las Vegas, Nevada 89148
www.TheEatingDisorderInstitute.com

Lindsey B. Ricciardi, PHD, CEDS-C
Licensed Clinical Psychologist
Certified Eating Disorder Specialist and Consultant
State of Nevada 2007
License #PY0529

EDUCATION

Postdoctoral Fellowship Department of Psychiatry University of Chicago Medical Center Eating and Weight Disorders Program
Supervisor: Eunice Chen, Ph.D.
June 2006

Professional Internship
Department of Psychiatry University of Chicago Medical Center
Supervisor: Daniel le Grange, Ph.D.
June 2005

Ph.D., Clinical Psychology
University of Nevada, Las Vegas
Supervisor: Marta Meana, Ph.D.
December 2005

M.A., Clinical Psychology
University of Nevada, Las Vegas (UNLV)
Supervisor: Marta Meana, Ph.D.
December 2001

B.A., Psychology, with Honors
University of Maine
May 1998

CERTIFICATIONS

Certified Eating Disorder Specialist (CEDS-C) - Consultant
International Association for Eating Disorder Professionals
June 2023

Certified Eating Disorder Specialist (CEDS)
International Association for Eating Disorder Professionals
July 2020

Certified Family Based Treatment Provider
The Training Institute for Child and Adolescent Eating Disorders
September 2008

LEADERSHIP

Legislative Committee Member Nevada Psychological Association
May 2012-2018

Continuing Education Committee Nevada Psychological Association
May 2015-May 2016

Board Member Chair, Continuing Nevada Psychological Association Education Committee May
2013-April 2015

Past-President Nevada Psychological Association
May 2013-May 2014

President Nevada Psychological Association
May 2012-May 2013

President-Elect Nevada Psychological Association
May 2011-May 2012

President, Southern Board Nevada Psychological Association
May 2009-May 2011

Vice President, Southern Board Nevada Psychological Association
May 2008-2010

Secretary, Southern Board Nevada State Psychological Association
May 2007-2008

Graduate Student Representative Nevada State Psychological Association
May 2003-May 2004

UNLV Graduate Student Representative American Psychological Association for Graduate
Students (APAGS)
May 2001-May 2002

Graduate Student Liaison Council of University Directors of Clinical Psychology
2002-2003

Department Representative Graduate Student Association
UNLV 2001-2002

HONORS & AWARDS

UNLV College of Liberal Arts Alumna of the Year 2022
Outstanding Advocacy Award, Nevada Psychological Association 2015
Outstanding Contribution to Nevada Psychological Association 2012
First Place, Nevada State Psychological Association Poster Session, 2004
The President's Graduate Fellowship, UNLV, 2003
Graduate Summer Session Scholarship, UNLV, 2003
Outstanding Dissertation Proposal in Psychology, UNLV, 2003
James F. Adams/Graduate Student Association Summer Scholarship, 2002
Outstanding Master's Thesis in Psychology, UNLV, 2002
Second Place Award, Graduate Student Association Research Forum, 2002 GREAT Summer
Scholarship, UNLV, 2001
Psi Chi, University of Maine (1996-1998)
Alpha Kappa Delta, University of Maine (1997-1998)
Dean's Honor List, University of Maine (1995-1998)

CLINICAL EXPERIENCE

Owner/Director
The Eating Disorder Institute of Las Vegas
Lindsey Ricciardi, Ph.D. LLC
May 2014-present
5572 S. Fort Apache Road Suite 110
Las Vegas, NV 89148
Office: (702) 503-5572
Fax: (702) 974-1268
Oversee all aspects of the clinic in the treatment of eating disorders and related conditions in
adolescents and adults through individual, family, and group psychotherapy and clinical nutritional
therapy. Deliver evidence-based interventions for comorbid conditions such as treatment of

depression, anxiety, and personality disorders. Train and supervise doctoral level UNLV clinical psychology practicum students and clinical professional counseling students, clinical psychology predoctoral interns and postdoctoral fellows. DBT treatment for eating disorders including therapist consultation, phone coaching, group skills training, and individual therapy. Provide training to community and health service professionals on eating disorders and related concerns through public speaking and workshops.

Psychologist and Group Facilitator

Surgical Weight Control Center

September 2010-August 2019

Provided training and supervision to clinical psychology practicum students/interns/postdocs to conduct preoperative psychosocial evaluations for bariatric surgery candidates. Utilized clinical interview and evidence-based assessment tools to make informed decisions regarding preparedness and safety to move forward with surgery. Assessed eating disorder pathology and severity. Provided resources to patients and recommendations. Facilitated monthly support group.

Director of Behavioral Health Services

Licensed Clinical Psychologist

Creative Health Solutions

June 2007-May 2014

Responsible for the assessment, treatment and clinical management of eating disorders and weight concerns in adolescents and adults. Responsible for the design and implementation of a multidisciplinary eating and weight disorders program that includes educational seminars, skills training workshops, medical management, clinical nutrition therapy, weekly group therapy sessions and individual psychotherapy sessions as indicated. Provided general psychotherapy services such as treatment of depression, anxiety, and adjustment issues, as well as behavioral medicine services. Trained and supervised Ph.D. level UNLV clinical psychology practicum students, clinical psychology predoctoral interns and postdoctoral fellows in the assessment and treatment of eating disorders and related concerns. Provided comprehensive DBT treatment for eating disorders including therapist consultation, phone coaching, skills training, and individual therapy. Participation in weekly interdisciplinary staff treatment team meetings.

Program/Clinical Director

Center for Change, Las Vegas

July 2008- July 2010

Responsible for coordinating initial set up of all aspects of eating disorder treatment facility across three levels of care. Duties included interviewing, hiring, negotiating wages and scheduling of new employees, coordinating with staff at primary location in Utah, meeting and planning with other Las Vegas directors, adaptation and implementation of existing policies and procedures to Las Vegas facility, marketing, education and outreach, Joint Commission accreditation and site visits, setting up contracts and single case agreements with insurance companies, utilization management, and event planning. Supervised staff in all aspects of clinical programming including assessments,

group and individual psychotherapy, and therapeutic meals and outings. Facilitated weekly multidisciplinary team meetings including psychiatrist, physicians, social workers, psychologists, nurse, mental health technicians, dietitians, and experiential therapists. Conducted individual, family, group, and experiential psychotherapies.

Predoctoral Intern/Postdoctoral Fellow

Eating and Weight Disorders Program

Department of Child Psychiatry

University of Chicago Hospitals

July 2004- June 2006

Conducted diagnostic assessments, including the Eating Disorders Examination and semi structured clinical interview for DSM-4, to children, adolescents, and adults seeking services for a variety of eating disorders and related concerns. Participated in weekly group didactics and group supervision/training related to eating disorder assessment and various treatment approaches including family-based therapy, cognitive-behavioral therapy, dialectical behavior therapy, interpersonal therapy, supportive psychotherapy. Provided weekly empirically supported psychotherapy for adolescents and adults with bulimia nervosa, binge eating disorder, anorexia, and eating disorder NOS. Trained and supervised psychology interns and externs to perform assessments and provided psychotherapy supervision to psychology interns. Supervisor: Daniel le Grange, Ph.D. & Eunice Chen, Ph.D.

Predoctoral Intern/Postdoctoral Fellow

Center for Surgical Treatment

Department of Surgery

University of Chicago Hospitals

July 2004-June 2006

Participated in weekly multidisciplinary team meetings, conducted preoperative psychosocial assessments, conducted follow-up psychosocial assessments and brief interventions, facilitated monthly support groups, and trained and supervised psychology interns and externs to perform duties listed above. Developed and implemented a comprehensive preoperative workshop (PREP) to prepare patients for psychosocial challenges of surgery. Supervisors: Daniel le Grange, Ph.D. & Eunice Chen, Ph.D.

Predoctoral Psychology Intern/Postdoctoral Fellow/Therapist

Outpatient Psychiatry Department

University of Chicago Hospitals

July 2004-June 2006

Provided psychological services to a diverse population of adolescents and adults seeking treatment for a variety of psychological difficulties and disorders including depression, anxiety, and personality disorders. Assisted clients seeking medical treatment through the university hospital with psychosocial and behavioral issues related to management of physical illnesses and conditions. Supervisors: Scott Hunter, Ph.D.

Predoctoral Psychology Intern/Therapist

Anxiety and Depression Clinic

Department of Psychiatry

University of Chicago Hospitals

June 2004-January 2005

Conducted manualized Behavioral-Activation (BA) therapy with severely depressed adults as part of a research study investigating the efficacy of a newly developed treatment protocol. Supervisor: Jackie Gollan, Ph.D

Clinical Supervisor

Department of Psychology

University of Nevada, Las Vegas

August 2003-June 2004

Provided weekly one-hour clinical supervision to advanced practicum student. Additional duties include orienting student to practicum site, procedures, and policies. Supervisor: Marta Meana, Ph.D.

Clinical Psychology Practicum Student/Therapist

Women's Specialty Care

Summerlin, Nevada

August 2002-December 2003

Provided psychological services, including pain management and sex therapy, to individual patients and couples seeking services for a variety of psychological difficulties and disorders including, but not limited to, coping with various medical conditions, sexual dysfunction, post partum depression, infertility, and chronic pelvic pain. Supervisor: Marta Meana, Ph.D. and Warren Volker, M.D.

Clinical Psychology Practicum Student/Therapist

Counseling and Psychological Services

University of Nevada, Las Vegas

August 2001-May 2002

Provided weekly, one-hour therapy sessions to university students seeking psychological services for a variety of psychological issues including, but not limited to, developmental, individuation, and separation issues, depression, anxiety, adjustment disorders, interpersonal problems. Supervisor: Ken Swartz, Psy.D.

Group Facilitator

Bariatric Surgery Support Group

University Medical Center

Las Vegas, Nevada

September 2001-May 2002

Facilitated bimonthly, support groups for patients who have underwent bariatric surgery.
Supervisors: Marta Meana, Ph.D. & Barry L. Fisher, MD

Clinical Psychology Practicum Student/Therapist
Center for Individual, Couple and Family Counseling
University of Nevada, Las Vegas
September 2001-May 2001

Provided individual and family therapy sessions to a diverse range of clients seeking psychological services for a variety of Axis I and Axis II disorders and psychosocial stressors. Supervisors: Brad Donohue, Ph.D. and Christopher Kearney, Ph.D.

Clinical Psychology Practicum Student/Therapist
Federal Bureau of Prisons
Nellis Air Force Base, Las Vegas, Nevada
June 2001-August 2001

Co-facilitated group therapy sessions for male inmates with a variety of offenses who all had substance related issues. Assisted in various educational components of Residential Drug Treatment Program. Supervisor: David Greene, Ph.D.

Psychiatric Technician
Acadia Hospital
Bangor, Maine
June 1998-March 1999

Facilitated a wide range of support services for adolescents with eating, mood, anxiety, substance, psychotic, and behavioral disorders throughout acute psychiatric inpatient stay. Supervisor: Marcia Bean, RNC

Peer Educator
Cutler Health Center
Orono, Maine
April 1996-May 1997

Created, designed and executed educational programs in dormitories, local schools and other colleges; Specialized in programs pertaining to body-image, self-esteem, eating disorders, nutrition, physical fitness, and stress reduction. Supervisor: Sherri Cousins, MA

RESEARCH EXPERIENCE

Co-Principal Investigator: Study on the Impact of Group Dialectical-Behavioral Therapy on Binge Eaters with Obesity
University of Chicago Hospitals
2005-2007
Co-PI: Eunice Chen, Ph.D.

Designed and coordinated study investigating the impact of group dialectical-behavioral therapy on obese binge eaters. Co-lead weekly therapy groups.

Co-Principal Investigator: Study on the Impact of Obesity Surgery on Sexual and Relational Functioning

University of Nevada, Las Vegas

2001- 2006

Co-PI: Marta Meana, Ph.D., Barry Fisher, MD

Designed, coordinated, and analyzed results of prospective dissertation study investigating the impact of surgically achieved dramatic weight loss on the relationships and social standing of gastric bypass patients.

Co-Principal Investigator: Study on Psychosocial Aspects of Gastric-Bypass Surgery University of Chicago Hospitals

2004 – 2006

Co-PI: Daniel le Grange, Ph.D., Maureen Dymek, Ph.D., Eunice Chen, Ph.D., John Alverdy, M.D.

Responsible for design, analysis, and dissemination of results of longitudinal study of more than 350 weight-loss surgery patients investigating various psychosocial factors, such as quality of life, depression, self-esteem, and eating behavior.

Co-Principal Investigator: Study on Motivation for Weight-Loss Surgery

University of Nevada, Las Vegas

2003 – 2004

Co-PI: Marta Meana, Ph.D., Barry Fisher, MD

Designed a pilot measure investigating numerous motivational factors for undergoing weight-loss surgery. Currently exploring psychometric properties of measure and investigating relationship between motivation and long-term outcome in over 200 weight-loss surgery patients.

Co-Principal Investigator: Study on Perceived Psychosocial Outcomes of Gastric Bypass Surgery.

University of Nevada, Las Vegas

University of Nevada School of Medicine

Sept 1999 – November 2001

Co-PI: Marta Meana Ph.D., Barry Fisher, MD

Designed, coordinated, analyzed, and disseminated results of a qualitative study of ways in which gastric bypass patients perceive surgery to have changed their lives.

Research Assistant

Women's Gynecologic Pain Group

University Medical Center

September 2000-May 2001

Assisted in the establishment of a clinic devised to assess and treat women who

experience gynecologic pain. Conducted clinical assessment interviews and pain assessments. Supervisors: Marta Meana, Ph.D. and Warren Volker, M.D., Ph.D.

Research Assistant Department of Psychology
University of Las Vegas, Nevada
August 1999-May 2001

Assisted in the coordination of a study investigating prevalence of dyspareunia and attitudes and beliefs of college women regarding this pain disorder. Supervisor: Marta Meana, Ph.D.

Research Assistant University of Maine, Orono
Spring Semester 1997, Spring Semester 1998

Assisted in the collection and analysis of data for study investigating high-risk sexual interactions among adolescents and the relationship between assertiveness and contraception use. Supervisor: Douglas Nangle, Ph.D.

TEACHING/SUPERVISION EXPERIENCE

Practicum Supervisor/Adjunct Assistant Instructor
UNLV Department of Psychology
June 2007- Present

Responsible for training and supervision of Ph.D. level UNLV clinical psychology practicum students and postdoctoral fellows in the assessment and treatment of eating disorders and related concerns. Supervisor duties include didactic trainings, weekly supervision, co-facilitation of groups, review of videotaped sessions and feedback, and chart review. Preparation for internship by providing practicum students experience in assessment, individual and group therapy, working with various populations and disorders and working towards proficiency in several evidence-based treatment modalities (DBT, FBT, CBT, etc.).

Psychologist/Instructor
Creative Health Solutions
June 2007-Present

Responsible for the design and implementation of educational classes and workshops related to weight management, healthy eating, assertiveness, stress management, dysfunctional thinking and attitudes, and body image.

Part-Time Instructor
Health Psychology

Personality Psychology (2 sections)
Department of Psychology, UNLV
January 2007-May 2007

Part-Time Instructor
Introduction to Psychology (8 sections)
Department of Psychology, UNLV
July 2001-June 2003

Teaching Assistant
Statistics in Psychology (2 sections)
University of Las Vegas, Nevada
August 1999-May 2001

PUBLICATIONS

- Sheets, C., Peat, C., White, E., Berg, K., Bocchieri-Ricciardi, L., Chen, E., Mitchell, J. (2015). Postoperative Psychosocial Predictors of Outcome in Bariatric Surgery: A Review. *Obesity Surgery*, 25, 330-45.
- Meana, M. & Ricciardi, L. (2007) *Obesity surgery: Stories of altered lives*. University of Nevada Press. Reno. <http://www.unpress.nevada.edu/books.asp?ID=2493>
- Fischer, S., Chen, E., Katterman, S., Roerhig, M., Bocchieri-Ricciardi, L., Munoz, D., Dymek Valentine, M., Alverdy, J., & Le Grange, D. (2007) Emotional eating in a morbidly obese bariatric surgery seeking population. *Obesity Surgery*, 17, 778-784.
- Chen, E, Bocchieri-Ricciardi, L., Munoz, D., Fischer, S., Katterman, S., Roehrig, M., Dymek Valentine, M., Alverdy, J., & Le Grange, D. (2007) Depressed mood in Class III obesity predicted by weight-related stigma. *Obesity Surgery*, 17, 669-671.
- Bocchieri-Ricciardi, L, Chen, E.Y., Munoz, D., Fisher, S., Dymek-Valentine, M., Alverdy, J.C., le Grange, D. (2006) An investigation of presurgical binge eating status: Effect on eating behavior and weight outcome in gastric bypass patients. *Obesity Surgery*, 16, 1198-1204
- Bocchieri, L. & Meana, M. (2003). Review of "The desirable body: Cultural fetishism and the erotics of consumption." Jon Stratton. *Archives of Sexual Behavior*, 23(4), 388-390.
- Bocchieri, L.E, Meana, M., & Fisher, B.L. (2002). Psychosocial outcomes of gastric bypass surgery: A qualitative study. *Obesity Surgery*, 12(6), 155-165.
- Bocchieri, L., Meana, M., & Fisher, B.L. (2002). A review of the psychosocial outcomes of surgery for morbid obesity. *Journal of Psychosomatic Research*, 52, 155-165

PEER-REVIEWED CONFERENCE PRESENTATIONS

Ricciardi, L. Should we weed out the cannabis users? Symposium entitled, How I do it: Handling challenging clinical situations, presented at the American Society for Metabolic and Bariatric Surgery Masters in Behavioral Health Course, November, 2015. Los Angeles, California.

Ricciardi, L. Integrated multidisciplinary approach in bariatric surgery: More than the sum of its members. Interdisciplinary symposium presented at the International Federation of the Surgical Treatment of Obesity Integrated Health Postgraduate Course, October 2010. Long Beach, California.

Sogg, S., West-Smith, L., Fabricatore, A., Ricciardi, L., & Friedman, K. Clinical dilemmas in the pre-surgical psychosocial evaluation: Case conference and panel discussion. Symposium presented at the American Society for Metabolic and Bariatric Surgery, June 2010. Las Vegas, Nevada.

Ricciardi, L. Eating disorders and obesity in kids: A one size fits all approach to prevention and treatment. Paper presented at the Nevada Early Childhood Health and Immunization Summit. September 2009, Las Vegas, Nevada.

Ricciardi, L., Chen, E. & Mitchell, J. B. Psychological predictors of bariatric surgery outcomes. Paper presented at the Annual Meeting of the American Society for Metabolic and Bariatric Surgery, June 2009, Grapevine, Texas.

Ricciardi, D. & Ricciardi, L. Applying understanding of eating disorders treatment to treatment of obesity. Paper presented at the 2009 Eating Disorder Coalition of Tennessee Annual Forum for Professionals: Eating Disorders & Obesity: A National Crisis? April 2009, Nashville, Tennessee.

Bocchieri-Ricciardi, L., Meana, M., Fisher, B., & Crosby, R. (2006). Investigation of weight related relationship adjustment in female obesity surgery patients. Paper presented at the Annual

Bocchieri-Ricciardi, L., Chen, E. Y., Munoz, D., Fischer, S., & Dymek-Valentine, M. (June 2006) Meeting of the American Society for Bariatric Surgery. San Francisco, California.

Alverdy, J. C., & le Grange, D. (June 2006) A prospective investigation of presurgical binge eating status on eating behavior and weight outcome in gastric bypass patients. Oral paper presented at the annual meeting of the Academy for Eating Disorders, Barcelona, Spain.

Bocchieri, L., Meana, M., & Fisher, B. L. (2002). Perceived psychosocial outcomes of gastric bypass surgery: A qualitative investigation. Paper presented at the Annual Meeting of the American Society for Bariatric Surgery, June 24-28, Las Vegas, Nevada.

Bocchieri, L., Meana, M., & Fisher, B. L. (2002). The question of outcomes in gastric bypass surgery. Poster presented at the Annual Convention of the Western Psychological Association, April 11-14, Irvine, California.

Bocchieri, L., Meana, M., & Fisher, B. L. (2002). Sexual functioning following gastric bypass surgery: A qualitative investigation. Paper presented at the Annual Meeting of the Society for Sex Therapy and Research, March 14-17, Las Vegas, Nevada.

Meana, M., Nunninck, S., Forrest, T., & Bocchieri, L., (2001). Perceived etiology of dyspareunia in college women. Poster presented at the Annual Meeting of the North American Society for Psychosocial Obstetrics & Gynecology, February 28-March 3, Kona, Hawaii.

Forrest, T., Bocchieri, L., & Meana, M. (2000). Expectations and beliefs about painful intercourse in college women. Paper presented at the Annual Meeting of the Society for Sex Therapy and Research, March 2-5, Santa Rosa, California.

INVITED LECTURES/PROFESSIONAL SPEAKING ENGAGEMENTS/COMMUNITY EVENTS

Anti-Fat Bias and Discrimination in "Health" Care. Invited Lecturer. Touro University. April 2024.

Eating Disorders in Clinical Practice: An Overview. Invited Lecturer. Touro University. February 2024.

Eating Disorder Informed Care: Helping Students Battle These Invisible Illnesses. Invited Lecturer. Brinley Middle School. January 2024.

Medical Complications of Eating Disorders: What All Medical Providers Need to Know. Invited Lecturer. UNLV Kirk Kerkorian School of Medicine. ACUTE Center for Eating Disorders & Severe Malnutrition. Philip Mehler, MD, FACP, FAED, CEDS. October 2023.

Eating Disorders: Prevention, Identification, and Evidence Based Interventions. Invited Lecturer. Rawson-Neal Psychiatric Hospital. Shera Bradley, Ph. D. June 2023.

Rejecting the 'Ideal': Eradicating Body Shame Luncheon Talk. UNLV Women's Research Institute & Student Diversity Programs. Caryll Batt Dziedziak, Ph. D. March 2023.

Eating Disorder and the AAP Guidelines on Childhood "Obesity": What's Weight Stigma Got To Do With It. Invited Lecturer. Touro University. Carla Perlotta, Ph.D. February 2023.

Eating Disorders, Weight Stigma, and Internalization of the Thin Ideal. Invited lecturer. UNLV PRACTICE. Amy Black, Ph.D. April 2022.

Tackling the Topic of Eating Disorders: Prevention, Risks, Prevent, Early Detection and Evidence Based Treatments. Invited Keynote Lecturer for 6 CE Hour Training. Nevada Psychological Association. Wendi O'Connor, Executive Director. March 2022.

Eating Disorders, Diet Culture, and the Thin Ideal. Invited Lecture. Evidence Based Practice of Nevada. Adrianna Zimring, Ph.D. March 2022

An Overview of the DSM-V Eating Disorders and the Impact of Diet Culture. Invited Lecture. Touro University. Carla Perlotta, Ph.D. February 2022.

Feeding and Eating Disorders: An Overview of Diagnosis, Risk Factors, and Intervention. Invited lecturer. Department of Children and Family Services. Krisann Alvarez, Ph.D. February 2022.

Eating disorders: Improving awareness, prevention, and intervention. UNLV Department of Pediatrics. Invited lecturer. Pavan Rakhra, D.O. November 2021.

Binge eating disorder. Touro University Rainbow Coalition. Invited Lecturer. October 22, 2021.

Eating Disorder Prevention, Identification, and Intervention: How We Can ALL Do Better. Nevada State College. Invited lecture March 9, 2021.

Eating disorders: What every clinician needs to know. Continuing education event for the Utah Psychological Association. November 2, 2018.

Ethical issues in the prevention and treatment of eating disorders. Southern Utah University Child Behavioral Health Conference. Invited lecturer. Michelle Grimes, PhD. May 17, 2018.

Eating disorders: Evidence supported interventions in the outpatient setting. Southern Utah University, Child Behavioral Health Conference: Invited lecturer. Michelle Grimes, PhD. May 18, 2018.

Eating disorders: Distinguishing the facts from the myths. Touro University. Invited lecture for students. Carla Perlotta, Ph.D. February 27, 2018.

Eating disorders: debunking common myths. Touro University. Invited lecture for Doctor of Osteopath and Physician Assistant students. Carla Perlotta, Ph.D. March 7, 2017.

Expanding your toolbox. Interventions for eating disorders and related concerns. Utah Psychological Association. Teresa Bruce, Executive Director. February 17, 2017.

Understanding and diagnosing eating disorders. Invited lecturer for advanced DSM social work course. University of Nevada, Las Vegas, School of Social Work. Kathleen Berquist, LCSW, JD, Ph.D. October 2015.

If I only knew: Understanding and avoiding common pitfalls in the identification & management of individuals with eating disorders across the diagnostic spectrum. Invited lecturer for the International Association of Eating Disorder Professionals, Utah Chapter. University Neuropsychiatric Institute Auditorium, Salt Lake City, Utah. June 2015.

I had no idea: Understanding common pitfalls in the assessment and treatment of eating disorders and how to avoid them. Invited lecturer for Touro University Doctor of Osteopath and Physician Assistant students. Amie Duford, PA-C, MPAS. March 2015.

The role of the dietitian in the treatment of eating disorders (from the perspective of a psychologist). Invited lecturer for Advanced Dietetics course taught by Molly M. Michelman, MS, RD. University of Nevada, Las Vegas. February 2015.

Evidence based treatments for eating disorders: Current trends. Invited lecturer/trainer for University of Nevada Las Vegas Clinical Psychology Internship Program at the Student Counseling and Psychological Services. Dr. Emily Slife. October 2014.

Psychological consultation in a medical setting. Invited lecturer for Advanced Practicum Seminar in Clinical Psychology Doctoral program. Course taught by Dr. Michelle Paul. University of Nevada, Las Vegas. May 2014.

Eating disorders: The role of the dietitian. Invited lecturer for Advanced Dietetics course taught by Molly M. Michelman, MS, RD. University of Nevada, Las Vegas. March 2014.

Eating Disorders: What to do and what not to do as a health care professional. Invited lecturer for Touro University Doctor of Osteopath and Physician Assistant students. Amie Duford, PA-C, MPAS. March 2014.

Obsessed with food and dieting. Invited speaker for Temple Ner Tamid. Las Vegas, Nevada. February 2014

Is there a “right” treatment for eating disorders? A review of evidence-based approaches. Invited speaker for Center for Change continuing education Annual Conference. Orem, Utah. February 2013.

Eating disorders: Diagnosis, risk factors, and evidence-based approaches. Montevista/Red Rock Behavioral Hospital. Las Vegas, NV. December 12, 2012.

The dangers of food. Interview and television special on eating disorders for Univision Television. May 11, 2012.

<http://www.tvkinc.com/noticia/2012/05/11/367780-lado-oscuro-comida-2.html>.

A mindfulness-based approach to living with IBD. Invited speaker for the Crohn's and Colitis Foundation of America (CCFA). Sunrise Hospital, Las Vegas, NV. November 2011.

Eating disorders and obesity. Continuing education workshop for treatment providers presented in conjunction with the Nevada Psychological Association. Henderson Convention Center, Las Vegas, NV. October 2011.

Coping with the stress of living with IBD. Presentation for the Crohn's and Colitis Foundation of America. Hampton Inn Tropicana, Las Vegas. February 2011.

Eating disorders affect EveryBODY: University of Nevada, Las Vegas. Presentation for Eating Disorders Awareness Week. February 2011.

Walking a thin line: Prevention and treatment of eating disorders and obesity in youth. Presentation for educators during the Clark County School District staff development day. November 2010.

The role of self-talk and body image in changing health behaviors. Presentation for employees at Behavioral Healthcare Options, Inc., United Health Care. October 2010.

Walking a thin line: The role of the media in the development of body image and disordered eating. University of Nevada, Las Vegas. Presentation for Eating Disorders Awareness Week, February 2010.

A review of evidence-based strategies for the treatment of eating disorders: Montevista Hospital invited lecturer for in-service presentation for clinical care staff. February 2010.

Eating disorders features and risks, Sunrise Hospital, in-service for nurses and social workers. February 2010.

A review of risk factors for eating disorders, Clark County School District, Invited lecturer for school district social workers. January 2010.

Emotional eating, Women's Care Center, St. Rose Dominican Hospitals. Quarterly lecture. June 2006-Current.

Assertiveness. Women's Care Center, St. Rose Dominican Hospitals. Quarterly lecture. June 2006-Current.

The Dr. Jo Show: 1030AM KLAV Radio. Invited with Dr. Dominic Ricciardi to discuss obesity and eating disorders with Dr. Jo Valesquez on talk radio show. December 2007.

Without the Weight: The Psychosocial Impact of Obesity Surgery. Nevada State Psychological Association. Invited lecture with Marta Meana, Ph.D. for Nevada mental health providers for continuing education (CE) credit. September 2007.

The Dr. Jo Show: 1030AM KLAV Radio. Participated in discussion of psychosocial aspects of weight loss surgery with Jo Valesquez, Ph.D. during talk radio show. October 2007.

Handling stress before it handles you. St. Rose Dominican Hospitals Corporate Wellness sponsored event. Invited lecture for Marnell-Carrao employees. August 2007.

Preoperative readiness education program (PREP). Center for the Surgical Treatment for Obesity, University of Chicago Hospitals. Ongoing Patient Workshop, Chicago, Illinois, November 2005- April 2006.

Psychosocial aspects of weight loss surgery. Current and new trends in weight loss surgery. University of Chicago Hospitals, Department of Surgery. Invited Lecturer. Chicago, Illinois. May 2005.

From pre- to post-op: The role of the mental health care provider in weight loss surgery patients. Grand Rounds, Department of Psychiatry, University of Chicago Hospitals, Chicago, Illinois. October 2004.

PROFESSIONAL MEMBERSHIP

Member, International Association for Eating Disorder Professionals (2017-Current)

Member, Nevada Psychological Association (2006-Current)

Member, American Psychological Association (2006-Current)

Member, Academy of Eating Disorders (2005-Current)