



VALUES EDUCATION

TERM 2

LECTURE BY: miss dana

family as an instrument of education in developing values

1 positive perspective as guided by family

- The **family** is the **basic unit of society**, made up of people related by **blood, marriage, or adoption**.
- Founded on **love, faith, and cooperation**, it provides **joy, security, and prosperity**.
- It plays a major role in a child's **development**—the first source of **socialization and self-concept**.
- The **Philippine Constitution** and **Family Code** recognize the family as a **vital social institution** deserving protection and inclusivity.

types of family structures

1. **Nuclear Family** – Parents and children.
2. **Extended Family** – Parents, children, and relatives (grandparents, aunts, etc.).
3. **Single-Parent Family** – One parent raising the children.
4. **Grandparent Family** – Grandparents raising grandchildren.
5. **Blended Family** – Children from previous marriages living together.

Mnemonic: “No Exam, Study Good Books”

N – Nuclear
E – Extended
S – Single-parent
G – Grandparent
B – Blended

ways to develop a positive family perspective

1. **Resilience** – Support one another through challenges.
2. **Communication** – Practice open and honest listening.
3. **Quality Time** – Spend time together (meals, games, bonding).
4. **Conflict Resolution** – Listen, compromise, and understand each other.

Mnemonic: “Real Care Quickly Connects”

R – Resilience
C – Communication
Q – Quality Time
C – Conflict Resolution

2 role of family in education

Importance of Family in Education

Education begins at home. Parents are a child's first teachers who shape **values, discipline, habits, and character**. A strong and loving family helps children grow emotionally, mentally, and morally.

Mnemonic: FAMILY BUILDS MINDS

F – Foundation of learning – Home forms habits, values, and character.
A – Anchor of support – Families give emotional and moral guidance.
M – Molder of values – Parents teach discipline, faith, and responsibility.
I – Inspiration for growth – Families encourage curiosity and perseverance.
L – Love that nurtures learning – Families create a safe and caring environment.
Y – Yield of lifelong success – Family and education together lead to holistic growth.



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role of parents in education

Parents have the main responsibility to guide, support, and encourage their children in learning. They are the first and lifelong teachers of their children.

1. **First Teachers at Home** – Teach reading, writing, proper behavior, and basic values before formal schooling begins.
2. **Providers of Educational Support** – Work hard to sustain education through financial, emotional, and moral support.
3. **Partners in School Development** – Join school meetings, communicate with teachers, and monitor their child's progress.

Mnemonic: PARENTS HELP PROGRESS

T – Teach (First Teachers)

P – Provide (Support Education)

P – Participate (Partner with Schools)

role of children in education

Children also play an important role in their own learning. They must be active, responsible, and cooperative learners.

1. **Be Active and Participative** – Engage in class discussions, activities, and lessons.
2. **Take Accountability** – Be responsible for learning, actions, and school performance.
3. **Collaborate and Cooperate** – Work well with classmates and teachers.
4. **Be Stewards of the Learning Environment** – Keep the classroom clean, orderly, and peaceful.

5. **Discover and Develop Skills and Talents** – Use talents to help others and contribute to the community.

Mnemonic: ALWAYS TAKE CARE, STAY DILIGENT (ATCSD)

A – Active and Participative

T – Take Accountability

C – Collaborate and Cooperate

S – Stewards of the Environment

D – Develop Skills and Talents



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lesson 3: challenges in the family

1 challenges in filipino families

- ★ **Natural Disasters** – Loss of **lives, homes, livelihoods** causes trauma and financial instability.

Mnemonic: **LHL = Loss of Home & Life**

- ★ **Communication Challenges** – Caused by **generation gaps, cultural norms, technology**. Respect norms make self-expression harder.

Mnemonic: **GCT = Gap, Culture, Tech**

- ★ **Effects of Migration** – Separation from parents, emotional struggles, adapting to new culture, loss of guidance.

Mnemonic: **SAD = Separation, Adjustment, Displacement**

2 filipino family values

- **Paggalang** – Respect shown through **po, opo, mano**, using **kuya/ate**.
- **Utang na Loob** – Deep **debt of gratitude** toward those who helped.
- **Pagpapahalaga sa Pamilya** – Family first before anything else.
- **Hiya** – Sense of **shame** that guides respectful actions.
- **Pagiging Relihiyoso** – Strong religious devotion; having sacred images at home.

3 traditional values vs modern ideals

- **Traditional Values:**
 - **Close Family Ties**
 - **Respect for Elders**
 - **Strong Religious Faith**
- **Modern Influences:**
 - Independence
 - New beliefs
 - Technology
 - Global exposure

- **Conflicts:**

- Youth want independence, parents want tradition.
- Career mobility vs expectation to stay close to family.

4 navigating conflict values

- **Communication** – Safe, open discussions.
- **Understanding and Respect** – Accept differences.
- **Compromise** – Middle-ground decisions.
- **Education & Exposure** – Learn both tradition and modern views.

Mnemonic: **CUEC = Communicate, Understand, Educate, Compromise**

lesson 4: family & its importance

1 benefits of a healthy family

- **Basic Needs** – Food, water, safety, rest.
- **Belongingness** – Creates unity and emotional security.
- **Built-in Support System** – Guidance and emotional backup.
- **Healthier Lifestyle** – Good habits, care, medical support.
- **Help During Illness** – Comfort and care.
- **Community Benefits** – Reduces crime, builds good citizens.
- **Education of Children** – Teaches skills, manners, values, knowledge.

2 ways to value family

- ☆ **Spend Quality Time**
- ☆ **Show Love and Appreciation**
- ☆ **Support Each Other**
- ☆ **Communicate Respectfully**
- ☆ **Practice Forgiveness**

Mnemonic: **TASCF = Time, Appreciation, Support, Communication, Forgiveness**



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lesson 5: gratitude to God through family

Gratitude

- Comes from Latin **gratus** = thankful, pleasing.

1 3 levels of gratitude (St Thomas Aquinas)

1. **Gratitude for Benefits Received** – Thanking people for help.
2. **Gratitude for Person's Goodness** – Appreciating the helper's character.
3. **Gratitude for Gift of Being** – Highest form; thanking God for life.

Mnemonic: **BPG = Benefits, Person, God**

2 importance of gratitude

- **Better Mental Health**
- **Stronger Relationships**
- **Encourages Good Deeds**
- **Improves Physical Health**

Mnemonic: **MSBP = Mental, Social, Behavior, Physical**

3 ways to express gratitude to God

- **Prayer**
- **Worship/Praise**
- **Gratitude Journaling**
- **Reading Scripture**
- **Meditation**
- **Acts of Service**

Mnemonic: **PWM SMA = Prayer, Worship, Meditation, Service, Scripture, Moments written**

lesson 6: family response to physiological needs

1 maslow's hierarchy of needs

1. **Physiological** – Food, water, rest
2. **Safety**
3. **Social/Belongingness**
4. **self Esteem**
5. **Self-Actualization**

Mnemonic: **P S S E S = Please Serve Some Excellent Steak**

2 roles of family members

- **Parents:** Guide, manage home, handle budget.
- **Children:** Bring joy, help with chores, study, assist in decisions

3 family saving practices

- Buy in bulk
- Reuse leftovers
- Reuse containers & plastic bags
- Extend product life

Mnemonic: **B R R E = Bulk, Reuse, Reuse, Extend**

lesson 7: family & peace in society

1 family as the cell of society

- First place where **values** are learned: respect, justice, concern, generosity, leadership.



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2 social responsibilities of the family

- Build relationships
- Serve others
- Help families in need

Mnemonic: **RSH = Relationships, Serve, Help**

3 political responsibilities

- Support government
- Follow laws
- Defend family rights (education, housing, safety, faith, stability, migration)

Mnemonic: **S F D = Support, Follow, Defend**