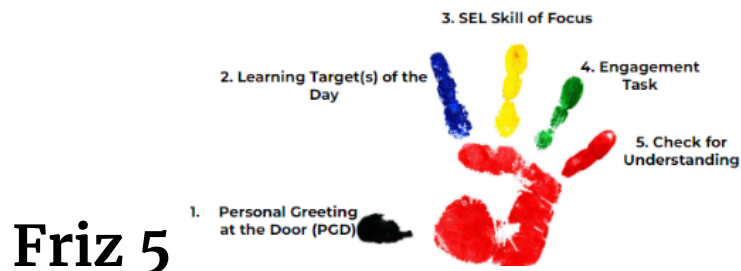


# The Friz 5



## 1: Personal Greeting at the Door (PGD)

Can Look Like	Why for Students	Why for Adults
<ul style="list-style-type: none"> <li>● Greet by name</li> <li>● Handshake/high five, etc.</li> <li>● Eye contact</li> <li>● Compliment</li> <li>● Entry task</li> <li>● Smile</li> <li>● Use name</li> <li>● Basic "How's it going"</li> <li>● Hug</li> <li>● Ask questions about them (one-on-one time unique to student not academic)</li> <li>● Make amends for the day/period before. Example: "I know today's going to be a better day?"</li> <li>● Greeting chart with choices</li> <li>● Feelings chart</li> <li>● Greet kiddos who come late</li> <li>● Personalized handshake</li> </ul>	<ul style="list-style-type: none"> <li>● Builds trust w/students and teacher</li> <li>● Builds interpersonal skills</li> <li>● Communication</li> <li>● You might be the only friendly face they see that day</li> <li>● Provides a feeling of safety and welcome</li> <li>● Knowing that someone cares</li> <li>● Breakdown barriers</li> <li>● Creates a ritual that all students are part of</li> <li>● Acknowledges the students' presence and importance</li> <li>● A chance to help reset an otherwise "less than ideal" trajectory for the day.</li> </ul>	<ul style="list-style-type: none"> <li>● Gives you energy</li> <li>● Fills your "bucket"</li> <li>● Get to know your students</li> <li>● Relationship building</li> <li>● Quick attendance check</li> <li>● Reminders (don't forget your library book)</li> <li>● Allows you to connect (smiles raise endorphins!)</li> <li>● Get an idea of the mood for the day</li> <li>● Set a tone for the class/day/year</li> <li>● Restorative Practices, "yesterday was... Today, let's..."</li> <li>● A chance to help reset an otherwise "less than ideal" trajectory for the day.</li> </ul>

# The Friz 5

## Friz 5



- [This or That question link](#)
- [Question Bank doc](#)

### 2: Learning Target(s) of the Day

Can Look Like	Why for Students	Why for Adults
<ul style="list-style-type: none"> <li>• Posted on board</li> <li>• Posted outside classroom</li> <li>• Auditory and visual</li> <li>• Kid friendly language</li> <li>• Words and/or pictures</li> <li>• Posted on sheets/Google Classroom</li> <li>• Clear</li> <li>• "I can" statements</li> <li>• Morning slides</li> <li>• Top of assignments and assessments</li> <li>• Top of slides</li> <li>• Chant or say back</li> <li>• If on slides also post/visible somewhere else</li> <li>• Pair-share, repeat/discuss learning target and what it looks like for them</li> </ul>	<ul style="list-style-type: none"> <li>• Kids know the expectations</li> <li>• Builds goal-setting opportunities for students</li> <li>• They know what standard is being taught, what the checkpoints are for comprehension of the standard which allows goal-setting for the student</li> <li>• Know what they are going to be expected to do/learn</li> <li>• Executive functioning</li> <li>• Students can explain to parents what they are learning</li> <li>• Helps parents</li> <li>• Builds ownership and buy in</li> <li>• Builds success</li> <li>• Adds a connection to activity to see end goal</li> <li>• Shows a focus point</li> <li>• Increase engagement</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher stays focused</li> <li>• Clarity</li> <li>• Comfort level</li> <li>• Know my path to success</li> <li>• Know what I am checking for understanding about</li> <li>• Understanding what to refocus on</li> <li>• Helps teams have a big picture (vertical alignment)</li> <li>• Reasonable expectations</li> <li>• Consistency among the grade level</li> <li>• Adults KNOW what's happening in the room (specialists and paraprofessionals)</li> <li>• Great communication</li> <li>• Purpose</li> <li>• Reminder</li> <li>• Shared common language</li> <li>• Accountability</li> </ul>

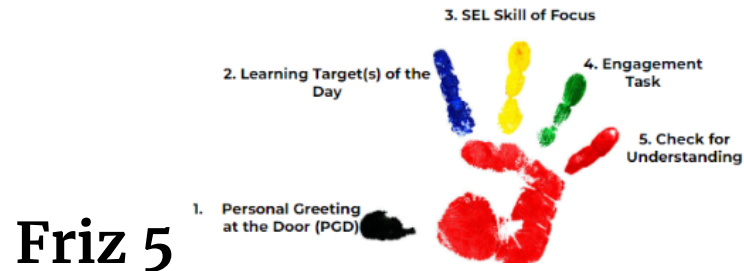
# The Friz 5

## Friz 5



<b>3: SEL Skill of Focus</b>		
<b>Can Look Like</b>	<b>Why for Students</b>	<b>Why for Adults</b>

# The Friz 5



- [Click this link for LOTS of ideas](#)
- Connection to Second Step lesson of the week
- Specific skill for the engagement task
- Eye contact
- Listening
- Asking a question
- How to Disagree
- Using opinion pieces to build debates that focus on respectful disagreement and understanding of our differing viewpoints
- Posing role play scenarios
- Team IDs and works on (teaches) a current “real” issue
- Creating an environment of safety.
- Showing kids they belong.
- Equity for all.
- Monday check in
- Friday check in/out
- TGIF (something that

- SEL is a learned skill
- Relationships precede competence
- Builds communication & interpersonal skills
- Lifelong skills
- We need to “get along”
- Builds Trust
- Builds Community
- Long term life/social skills
- Trauma helper
- Brings Second Step to Life
- Everyone needs to feel safe and feel like they belong.
- Teaches reflection
- Helps self regulate
- Makes connections
- Kids come together to build cohesiveness
- Helps kids deal with adversity
- Builds resilience
- Ready to learn
- Teaches empathy
- Problem solving/understanding the degree of the problem
- Acceptance of others
- Repair friendships

- SEL is a long term investment and will save valuable instructional time
- Investment
- Model and Praise
- Lead by Example
- Brings Second Step to Life
- Students are more trusting and will challenge less if they feel important, making our job easier and more effective
- Build relationships with staff and students

# The Friz 5



## Friz 5

<p>TRUST, GRATEFUL, INSPIRED, FUN in the last week)</p> <ul style="list-style-type: none"><li>● Mindfulness</li><li>● Calm Classroom</li><li>● Game/activity to practice flexibility</li><li>● “Life is Not Fair” game</li><li>● Community Team Building time</li><li>● Speaking with respect toward others</li><li>● Understanding and appreciating differences</li></ul>		
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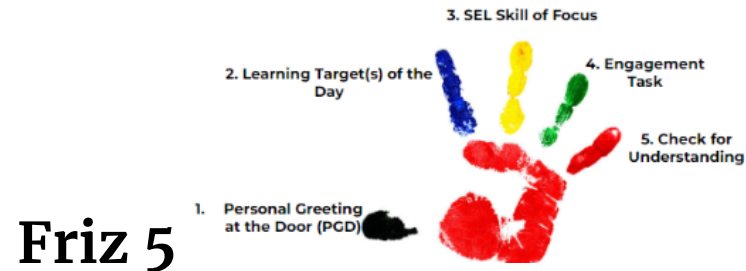
# The Friz 5



## Friz 5

<b>4: Engagement Task</b>		
<b>Can Look Like</b>	<b>Why for Students</b>	<b>Why for Adults</b>

# The Friz 5



<ul style="list-style-type: none"> <li>● Kagan strategies</li> <li>● Hand Up and Pair Up</li> <li>● Round Robbins</li> <li>● Merry Go Round Scrabble</li> <li>● Debates</li> <li>● Graffiti</li> <li>● Think-Pair-Share</li> <li>● Jigsaws</li> <li>● Turn &amp; Talk</li> <li>● Fish Bowls</li> <li>● Any Kagan</li> <li>● Getting everyone involved</li> <li>● High interests videos/visuals</li> <li>● Kids can move around more now</li> <li>● Novelty tasks</li> <li>● Small group presentations with peers</li> <li>● Project based learning</li> <li>● Peer teaching</li> <li>● Dice ice breaker</li> <li>● Student led instruction</li> <li>● Breaking the daily routine</li> <li>● Group work</li> <li>● Project sharing</li> <li>● Questions of the day</li> </ul>	<ul style="list-style-type: none"> <li>● Those who do the work are doing the learning!</li> <li>● Active Learning</li> <li>● Might even be fun</li> <li>● Research shows major growth in learning</li> <li>● Increases Understanding</li> <li>● Builds SEL</li> <li>● Prepares for real life</li> <li>● Encourages Problem Solving</li> <li>● Encourages deeper understanding of standard or task</li> <li>● Communication skills</li> <li>● The person doing the work is doing the learning!</li> <li>● Builds peer relationships</li> <li>● Relationship building student/teacher</li> <li>● Have students teach what they know</li> <li>● Builds confidence</li> <li>● Get to know classmates</li> <li>● Articulation</li> <li>● Receptive/expressive language skills</li> </ul>	<ul style="list-style-type: none"> <li>● Get a clear picture of the class understanding</li> <li>● Doing Engagement= Learning</li> <li>● Opportunity to have corrections/questions</li> <li>● Makes learning/teaching fun! (who wants to be bored teaching or learning?)</li> <li>● Less work!</li> <li>● Engagement ↑ classroom management</li> <li>● Keeps adults engaged</li> <li>● More time for learning</li> <li>● Relationship building student/teacher</li> <li>● Better understanding of who needs assistance</li> <li>● Get to know students personally/socially</li> </ul>
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# The Friz 5



## Friz 5

- Brain partners
- Find someone who...
- Table partners
- Morning meeting/PM meeting
- Cooperative learning games
- Compliment circle
- Flipgrid

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# The Friz 5

## Friz 5



5: Check for Understanding		
Can Look Like	Why for Students	Why for Adults
<ul style="list-style-type: none"> <li>• <a href="#">Stanton CFU brainstorm ongoing document!</a></li> <li>• Exit Slip</li> <li>• High five a neighbor and tell them what you learned</li> <li>• Kagan strategies to use like Fishbowl, Rally Robin and Quiz Quiz Trade.</li> <li>• Short content checks using Google form quizzes</li> <li>• Observation</li> <li>• Partner Discussion</li> <li>• Engagement Activities</li> <li>• White Board</li> <li>• Turn and Talk</li> <li>• Fist of Five</li> <li>• Red/Green</li> <li>• Parking lot/Sticky notes</li> </ul>	<ul style="list-style-type: none"> <li>• Validates Learning</li> <li>• Wrap-up</li> <li>• Misconceptions</li> <li>• Limits frustrations and prevents giving up</li> <li>• Safe to honestly self assess</li> <li>• Immediate Feedback</li> <li>• Safe environment to not be perfect</li> <li>• Helps set goals</li> <li>• Teaching empathy</li> <li>• Builds positive interaction</li> <li>• Builds patience and understanding</li> <li>• Communication between students and adults</li> <li>• 1 on 1 time</li> </ul>	<ul style="list-style-type: none"> <li>• Clear is Kind</li> <li>• Prevents the “moving on, falling behind”</li> <li>• What direction will I take tomorrow</li> <li>• Quick Assessment</li> <li>• Guides Instruction</li> <li>• Helps set goals</li> <li>• 1 on 1 for students needing extra time</li> </ul>

# The Friz 5



## Friz 5

<ul style="list-style-type: none"><li>● “Twitter” Board (leave a tweet of what you learned today)</li><li>● Asking how the day was</li><li>● Listening</li><li>● Observe</li><li>● Asking questions</li><li>● 1 on 1 time</li><li>● Thumbs up/down</li><li>● Whole group check using blast off/touch down</li><li>● Have a heart question of the day (toss a stuffed heart/squishy heart around)</li><li>● Reciprocal teaching</li><li>● Kahoots!</li></ul>		
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