







THE *DAILY* SUMMER MASTER PLAN




Must Be Completed At All Costs

#	DAILY MASTER CHECKLIST	✓/✗
1	Plan Next Day	✓
2	ANTH 102: <ul style="list-style-type: none">- Start lab 4 - watch intro vid and read digital packet	✓
3	Meditate Like A G	✓
4	Listen To MPUC # 302	✓
5	Improve Copywriting IQ: <ul style="list-style-type: none">- Phoenix Call at 5pm - done- Review Copy - done- Breakdown Copy - done	✓
6	Improve Business/Marketing IQ: <ul style="list-style-type: none">- Sales Course Meeting Phase 1	✓
7	Complete 100 Push-ups (100/100)	✓
8	Practice Solving Coding Problem(s)	✓
9	Reply to all important messages SOD	✓
10	Watch all the new daily uploads (if any uploaded)	✓
11	Work on Qoudless: <ul style="list-style-type: none">- Prospecting - done- Follow-up with Abdullah - done- Iron out Ad Strategy - done	✓
12	Work on HotelBoost: <ul style="list-style-type: none">- Prospecting - done- Write new outreach template - done- Write and send outreach with new template - not done. (new template needs revision and I'm not confident it'll work, focused my efforts on it instead of sending it out)- ADDED: Revise new template till perfection... till I'm confident it'll work (added instead of previous task) - done- Setup eBook pt 3 - done- Revise eBook pt 2 (if any new reviews) - done	✓
13	Work on Black Diamond: <ul style="list-style-type: none">- Build Rapport - done- Work on Matt email #3 - done- Cross out old prospects and choose new prospects - done	✓

#	DAILY MASTER CHECKLIST	✓/✗
14	5 Daily Prayers (5/5)	✓
15	OODA loop end of day.	✓
16	Complete T-Mobile form	✓
17	Phoenix HW (done - ironically before Andrew said what it is)	✓
18	Dress Professionally (Phoenix Style Bitch)	✓


	 DAY NUMBER + DATE + TIME 
Day Number:	165
Date:	6/22
Start Time:	10 am


	 3 Things That I Am Grateful To Have In My Life 
1.	
2.	
3.	


	 My Top 3 Priority Tasks That MUST Be Completed 
1.	
2.	
3.	


 **Hour-By-Hour Tracking:** 
[Plan+Measure=Improve]


\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
/ Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

10 am Tasks \$	Wake up, Hygiene, Fajr, Replied to imp messages Dress pro. Follow-up with Abdullah - done Daily uploads - done Make coffee - done Solve coding question - done Cross out old prospects and choose new prospects - done Complete T-Mobile form - done (Call at 4:45 pm)
Reflection 	

11 am Tasks \$	MPUC - done Revise eBook - done at 11:35 Work on Matt email #3
Reflection 	

12 pm Tasks \$	Work on Matt email #3 - done
Reflection 	

1 pm Tasks \$	Pray Duhr, pushups - done Qoudless: Iron out Ad strategy
Reflection 	TODO: watch Ecomm course on setting up FB pixels

2 pm Tasks \$	Qoudless: Iron out Ad strategy - done Qoudless: Prospecting - done Hotelboost: Prospecting
Reflection 	

3 pm Tasks 💰	Hotelboost: Prospecting - done Break, pushups, Sales Course Meeting Phase 1, Make some light to eat - done Write new outreach template - done
Reflection ✍️	

4 pm Tasks 💰	Review Copy for 10 - reviewed 3 pieces of experienced work Breakdown Copy for 10- done (Gary Halbert letter) Call at 4:45 pm W/ T-Mobile - done
Reflection ✍️	

5 pm Tasks 💰	Phoenix Call - done Build Rapport - done
Reflection ✍️	

6 pm Tasks 💰	eat lunch - done Pray Asr, and finish pushups - done Start lab 4 - done
Reflection ✍️	

7 pm Tasks 💰	Plan Next Day - done Setup eBook PT 3 - done Write and send outreach with new template - CANCELED. ADDED: revise new template till perfection
Reflection ✍️	

8 pm Tasks 💰	ADDED: revise new template till perfection - done Pray Maghrib Leave tech (done w/ work for the day) + Meditate Like A G
Reflection ✍️	

9 pm Tasks 💰	Chill
Reflection ✍️	

10 pm Tasks 💰	Pray Isha OODA loop end of day Sleep
Reflection ✍️	



11 pm Tasks 💰	Sleep
Reflection ✍️	

12 am Tasks 💰	Sleep
Reflection ✍️	



End-Of-The-Day Report:



 What Did I Learn Today? 

 What Problems Did I Face In The Day? 

 How Will I Solve These Problems Tomorrow? 

 What Do I Plan To Do Differently Tomorrow? 

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 What Do I Plan To Do The Same Tomorrow? 
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 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 
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 What Tasks Were Left Undone? 

None
