



Facilitator Tip: Group Agreements

It can be tempting to launch into the check-in once your group gets settled in their sharing room. We know though that our families need to feel safe and connected first before they can do any grief work. So before you dive right in to the check-in, we ask you to take a few minutes to set clear expectations and review the group agreements. This will set everyone up for success and hopefully minimize rule breaks. Group agreements should be reviewed each group night. Repetition will help our new families learn the expectations and others can benefit from the gentle reminders. If it's been a few months since a new family member has joined, you can highlight the rules that you feel your group needs to hear most. When in doubt, review them all.

