ROLE PLAYER CARD	MEDICINE
SETTING	City Centre General Practice
PATIENT	You are a 36-year-old man and you woke up two days ago with pain and swelling in the big toe of your left foot. You think you may have accidentally kicked something but you cannot remember the incident. You tried taking some paracetamol which you bought from a pharmacy but after two days, the pain and swelling have persisted. You are now limping as you see a GP for advice.
TASK	• If asked, tell the doctor that you suffer from hypertension. Other than that, you do not have any other medical conditions that you are aware of. • You hardly exercise due to your busy lifestyle as an architect and your diet consists of plenty of red meat, wine and hardly any fruits and vegetables • Ask for something to help with the pain and swelling.

ROLE PLAYER CARD	MEDICINE
SETTING	City Centre General Practice
DOCTOR	A 36-year-old man visits your practice complaining of pain in the big toe of his left foot. He thinks he may have accidentally kicked something and stubbed his toe, although he cannot remember that happening. It has been 2 days since there appears to be some swelling in that area. The patient has tried taking paracetamol which he bought over-the-counter but the swelling and pain have persisted. You suspect an acute gout flare.
TASK	• Enquire about the patient's medical history. • Ask about the patient's dietary habits and lifestyle (e.g. exercise). • Ask the patient to describe the pain. • Inform the patient of your suspicion and suggest a blood test (to test uric acid level). • Advise the patient on eating well and exercising.

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