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Protecting Your Home With Clean Wood: A Guide To Disinfecting

Wood is part of human's daily encounters. From almost every part of the house to some wooden construction on the outside, like the [old barn](#) and [securing fences](#), wood is ubiquitous. Hence, wood ought to have the proper care to maintain its beauty and functionality.

For instance, wooden utensils for food preparation require an unceasing [wood maintenance routine](#), like regular disinfection. This practice ensures the avoidance of food contamination, resulting in health security. Without limitation to common kitchen utensils, this article values the importance of knowing when and how to disinfect wood surfaces around.

Guide On How To Disinfect Wood

There are four crucial phases involved in the process of disinfecting wood: dusting, disinfecting, rinsing, and finishing. This article will be a walkthrough if you've never done these steps.

Phase 1: Dusting

Dusting is crucial as it enables the removal of all dust particles that have accumulated on the wood surface over time and prevents them from intervening in subsequent cleaning. Upon skipping this process, a bigger issue would yield, especially after applying the disinfectant solution to the furniture.

Pay extra attention to the interiors and outside borders of the wood, which are sometimes overlooked. Lastly, [choose a cleaning tool that effortlessly removes dust particles](#) from the wooden furniture.

Our Choice: Microfiber Cleaning Cloths

For dusting, [microfiber cloths are the finest choice](#). As the name implies, the small split strands in this kind of fabric catch dust between them. This tool ensures that the dust on the wood is properly removed, leaving the wooden furniture pristine rather than just being smeared down.

Phase 2: Disinfecting

When life gets so busy, most people forget how crucial it is to maintain a clean environment. For instance, cleaning wooden furniture is essential to keeping it in good condition and extending its lifespan. The unwavering health threat should drive people to be more aware that disinfecting is necessary.

- Fill in a spraying bottle with a generous amount of disinfectant cleaner, depending on the wood surface you are cleaning.
- With the circular or back-and-forth motion method, carefully clean the surface.
- Keep repeating the process until you are done with the whole area and satisfied with the result.

Our Choice: Lysol Products or Natural Disinfectant

[Lysol](#) is a global brand of disinfectants and home-cleaning solutions. The [demand for Lysol disinfectants in the US grew](#) so much that they vanished from the stores for a while. These disinfectants claim to kill 99.99% of viruses and bacteria on contact.

Meanwhile, suppose you want to use some [natural disinfectant cleaners](#). You can make one at home by yourself using citric acids in lemons. It removes soap scum and other alkaline stains from bathrooms and kitchens.

Lemons can also be used to polish rusted metal and sterilize non-porous surfaces. It is less effective than vinegar and store-bought cleansers at reducing bacteria on hard surfaces. But, it wins in providing a good odor.

Phase 3: Rinsing

Whether the disinfectant is store-bought or homemade, it is crucial to remove it properly. The reason is that many disinfectants contain harsh chemicals that can damage the wood, especially after prolonged exposure. Thus, apply a disinfectant designed for [hardwood furniture](#) at all times.

Take this step by rubbing a moist piece of cloth over the wooden surface. Wood is a porous material that can become damaged if exposed to water and other solutions for an extended period of time. Thus, it is not suggested to disinfect wooden furniture with a lot of water.

Phase 4: Finishing

For the last step, apply a finish or wax made especially for wooden surfaces. This procedure will help the wood maintain its finish and structural quality for longer. Furthermore, wax protects the wood from common issues, such as [scratches from constant use](#), and helps to bring out the natural beauty and color of the wood.

To [prevent wax buildup](#), the wax should be applied to the wood using circular motions and a microfiber cloth. Applying the wax in little amounts and layering it on as needed is essential rather than doing so all at once.

Selecting an Ideal Disinfectant for Wood

The Centers for Disease Control and Prevention (CDC) provided a [guideline for disinfection and sterilization in healthcare facilities](#) in the year 2008. Relatively, we believe that this guideline should also be applied when selecting the ideal disinfectant for wood. Specifically, the disinfectant must be:

- Fast-acting
- Surface-compatible
- Odorless
- Economical
- Environmentally friendly
- Stable
- Nontoxic
- Broad cleaning capacity

Other things to keep in mind

- When learning how to sanitize wood, the [type of wood](#) should be kept in mind. For example, you can use warm water to clean out wood chopping boards. But that is not the case for your stairs.
- Do not apply wax when you sanitize stairs because it will become slippery, causing accidents.
- Keeping your wood floor, furniture, and stairs well requires cleaning them regularly. Ensure that you are on top of cleaning off dust and small particles.

Frequently Asked Questions

Below are the most commonly raised questions concerning how to disinfect wood.

Is it important to disinfect the wood?

Yes, it is very important to disinfect the wood before putting it to use. Disinfectant helps prevent any possible contamination risk and also keeps the wood healthy for a long time.

When to Disinfect Wood?

Disinfection of wood should always be a top priority, especially when used commonly in daily tasks. Usually, cleaning with soap-based products helps clean and reduce germs forming on wood surfaces. It also helps prevent any possible contamination risk.

Disinfection has a variety of schedules as long as it is done regularly. One may either do it frequently. But for concrete guidance, ensure a cleaning routine concerning the points below.

- [High-traffic areas](#) as they are more prone to bacteria and viruses.

- Spaces that are poorly ventilated.
- Places where hand sanitization access could be better.
- Spaces that are occupied by any sick or infected person.

How to disinfect wood?

Follow the above-given steps to clean and disinfect the wood surfaces you want to use. For a refresher, dust off the wood surface effectively and efficiently. Use any disinfectant available to eliminate any potential germs on the wood surfaces. Rinse the solutions used on wood, and finish the work by applying wood finish or wax.

What kind of disinfectant cleaner should one use to properly disinfect the wood?

Use any alcohol-based disinfectant cleaner. However, ensure that the alcohol ratio is between 60% to 90% because it will be improper to use outside this alcohol content.

Is vinegar and baking soda-based homemade disinfectant cleaner good

Well, to be exact, no. It is less effective than alcohol or chemical-based cleaners. However, it can be used in the daily cleaning process, but do not use it for the deep disinfectant cleaning process.

Conclusion

It's time to look for a solution to sanitize the wood surfaces inside the house in the right way. Doing so will promote cleanliness that will secure everyone's health. Now check and [clean the wooden tables, banisters and railings](#), and even the hardwood floorings to preserve the beauty they deserve.

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[Help is Here: Inspecting Wood Infestation and Applying Best Solutions](#)

[Increase Your Knowledge: Facts About Wood](#)