



**Fontana Jr. 8 School District**  
**Home of the Falcons**

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**COVID-19 ISOLATION, TEST-TO-STAY AND QUARANTINE GUIDELINES**

Updated: 01/28/2022

**What to do when your student is confirmed positive for Covid-19:**

If your student is:	Then your student will:
COVID-19 Positive (regardless of vaccination status)	<ul style="list-style-type: none"><li>• Isolate at home for 5 days from symptom onset or positive test result (whichever was first)</li><li>• After 5 days, return to school wearing a well-fitted mask for additional 5 days</li><li>• If new or worsening symptoms develop, complete full 10-day isolation at home</li><li>• If unable/unwilling to wear mask appropriately, complete 10-day isolation at home</li></ul>

**What to do when your student has been identified as a close contact after exposure to a confirmed positive COVID-19 case:**

Test-to-Stay (Option 1)	
<b>Test-to-Stay:</b> Students identified as a close contact after exposure to a confirmed positive COVID-19 case have the option to test throughout their quarantine period and remain in school	
If your student is:	Then your student will:
Up-to-Date on COVID-19 vaccinations*	<ul style="list-style-type: none"><li>• Test negative on day 1 and monitor for symptoms for 10 days from last exposure</li><li>• If symptoms develop, wear a well-fitted mask for remaining 10 days</li></ul>
Unvaccinated or not up-to-date on COVID-19 vaccinations	<ul style="list-style-type: none"><li>• Test negative daily for 5 days and monitor for symptoms for 10 days from last exposure</li><li>• If symptoms develop, wear a well-fitted mask for remaining 10 days</li><li>• Complete 10-day quarantine at home if unable/unwilling to wear mask appropriately</li></ul>
<i>Written results of your student's negative COVID-19 test must be provided if testing is not performed at school. Results must include your students name, birthdate and the date the test was obtained</i>	

Quarantine (Option 2)	
If your student is:	Then your student will:
Up-to-date on COVID-19 vaccinations*	<ul style="list-style-type: none"> <li>• Wear a well-fitted mask for 5 days from last exposure</li> <li>• If symptoms develop, wear well-fitted mask for remaining 10 days</li> </ul>
Unvaccinated or not up-to-date on COVID-19 vaccinations	<ul style="list-style-type: none"> <li>• Quarantine at home for 5 days and monitor for symptoms for 10 days from last exposure</li> <li>• If symptoms develop, must obtain negative test prior to returning to school or continue quarantine for full 10 days from last exposure</li> </ul>

**Symptoms to monitor for include:**

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| <ul style="list-style-type: none"> <li>• Fever and/or Chills</li> <li>• Cough</li> <li>• Fatigue</li> <li>• Headache</li> <li>• Nausea and/or Vomiting</li> <li>• Shortness of breath</li> </ul> | <ul style="list-style-type: none"> <li>• Muscle or body aches</li> <li>• New loss of smell or taste</li> <li>• Sore Throat</li> <li>• Congestion</li> <li>• Runny nose</li> <li>• Diarrhea</li> </ul> |
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\*To be considered up-to-date on COVID vaccinations, student must have received all recommended doses, including boosters

Steve Torrez, Principal

Mark Wenzel, District Administrator

Julie Lohse, District Nurse