

ABBY'S STORY

Abby worked hard to be an Upstander and help others out. She wanted to stand up for kids who were being bullied, but doing so still made her a little nervous. She was an Upstander, though, because she cared about supporting others and being a role-model. Olivia, age 11, was a classmate of Abby's. Olivia was quiet and had only one close friend, but they weren't together in the same social studies class. Prior to a big test, Olivia realized that her social studies notes weren't complete since she had been out ill for a week. Olivia looked around at her classmates and decided to ask Abby for help. She picked Abby because Abby always seemed to respect and accept others. Abby was nice and funny and Olivia hoped to develop a friendship with her.

While Abby was helping Olivia, Jake and Emily walked over to them. Jake said "Wow Olivia is so stupid, she needs other people to tell her how to study." Emily then added, "Abby, if you help her then you can't sit with us later." Olivia felt awful and she wanted to just get up and run away. Before she could even move, Abby stood up and said "Everybody needs help sometimes and if you are the kind of people who tease others, I do not want to be friends with you anyway." Jake and Emily walked away. The other kids in the room gave them a look of disappointment. Olivia felt so good that Abby and the rest of the class had her back. Olivia and Abby continued to study, uninterrupted.

- How was Abby an upstander in this situation?
- What did other kids in the class do? How do you think that affected Jake and Emily?
- If you were friends with Jake and Emily, what would you say to them?

1. _____

2. _____

3.
