## the present

there is only this: the present

as for the past and future, all we know is stories\*

the whole is all that is: the present, stories included

nothing exists apart from the whole

recast for nothing, these are the three marks of existence:

- nothing doesn't change
- nothing isn't dukkha\*
- nothing is independent

nothing coexists with the whole

nothing is other than the whole

no one is\*

2024-05-10 / link to this post from this date at bit.ly/dateposted

\*a link – an asterisk may link to anything (!\*) – hover over links for details\* / more notes follow



QR code for <a href="https://bit.ly/dateposted">https://bit.ly/dateposted</a> – where other links may be of interest as well a note on the post ten theses of secular dharma / Stephen Batchelor\* links to the present\* the three marks of existence (!?) / see also Haldane's four stages of acceptance (!\*)