

# Survival Magazine

Shaunagh, Victoria & Ellie

Title ~ Stranded

What will we have in our magazine?

A games page ~ Ellie

A survival story ~ Shaunagh

An interview ~ Victoria

Survival Tips & needs ~ Victoria

Advertisement page ~ Persuasive ~ Shaunagh

Disaster ~ Titanic explanation ~ Ellie

Cover page ~ Shaunagh.

Diary entry:

Shaunagh wrote a survival story on Aaron Ralston.

Victoria drafted her interview with Aaron.

Ellie began drafting the games page.

15.6.12 Today victoria sorted out the back cover.

Shaunagh did the front cover and ellie continued with her games page.

21/6/12

Shaunagh finished the advertisement page on pages.

## Shaunagh's survival story ~ Aaron Ralston

On Saturday, April 26, without telling anyone his plans, Ralston packed his hiking boots, a hydration system, his backpack, climbing equipment, and a pocket-sized utility tool, put his mountain bike in the back of his truck and drove almost five hours to a remote part of Utah. He then travelled 2 and half hours more to the horseshoe canyon trailhead where Aron Ralston began his journey.

Ralston was only planning to go day hiking so he could explore the slot canyons. He'd taken a gallon of water with him – plenty for such a short trip. He was aiming to be back in Aspen by nightfall.

After meeting two girls and having a swim with them, Ralston suddenly slipped and fell into a chasm, (which is a sharply defined cut in the surface of the earth) dislodging a boulder that crushed his arm and left Ralston pinned against the canyon wall.

He made several attempts to chip away at the boulder with his knife but this only made it worse.

The boulder was crushing his arm so tightly that everything up to his fingertips was numb. He then realized that he was going to have to cut his arm off to survive. He didn't want to. But he did it anyway. Using his knife like a saw, he began cutting through his arm. But his knife was too blunt to cut through the bone and he was beginning to think he would not make it out and die.

After five and a half days in the canyon, Ralston had no more water and was hallucinating. He realized he could use the boulder to snap his bone. He was glad he was going to make it out.

After amputating his own arm, Ralston climbed down a 60ft cliff to the floor of the canyon and a family out hiking found him and called the emergency services.

He was then put in a helicopter and taken to hospital.

Aron Ralston was a strong willed, determined man. His survival story was also made into a movie named 127 hours.

### Interview - Victoria

**Hello and welcome to our interview with Aaron Ralston off 127 hours.**

Aaron: Hi everybody

**So Aaron what were you doing before you fell down the chasm?**

Aaron: Well I was just on my run when I found these girls and we had a swim and then when I said goodbye it was time to go so I went through all the rocks and I thought this rock was stable but it rolled and fell down the chasm with me. My arm became wedged under the rock and I couldn't get it out.

**Sounds like it hurt a lot**

Aaron: Yes, it was very very painful.

**So how did you survive for 127 hours?!**

Aaron: Well I had my backpack which had my drink bottle in it along with some rope and other survival tools.

**Wow I would never be able to survive like that. So how did you get to escape with your arm under the rock?**

Aaron: Well it's really gross but I cut it off with my knife, it stung a lot! My knife was too blunt to cut through my bone. I thought I was never going to make it out but I then realized I could use the rock to snap my bone. I eventually got out and I felt so happy! Then I found a family out hiking and they rang the hospital so they could come to get me then a few minutes later a helicopter arrived and flew me to the hospital.

**It's great that you're alive. So what did you have to eat and drink when you were in the cave?**

Aaron: I only had my drink bottle and I could only have a very small amount of water everyday because I didn't have enough.

**Wow, I can imagine it being very hard not to drink all the water at once.**

Aaron: It was and since I could only use one hand, I dropped my bottle then I didn't have any left at all.

**So what was going through your mind when you were stuck down in the chasm?**

Aaron: I was really nervous and scared that I would die there. Because nobody could hear

me. I thought that I would never get to see my friends and family again. Well, we are glad that you are still with us here today. Thank you very much for your time. If you want to know more about Aaron Ralston you can see him in his movie '127 hours.'



### Survival tips and needs- By Victoria

1. To Survive you need to have  
Shelter- Shelter would be good to have if you were stranded on an island.  
Build a hut or a tree house.
2. Water and food is very important to have with you if your going somewhere alone or even with a group of friends. Being dehydrated can lead to serious hallucination.
3. A flare gun would be good to have. It is a great tool for signaling airplanes, helicopters or boats.
4. A compass is a good source of direction.
5. A torch would be good to have when it is dark and creepy and when you need to go to the toilet.

A knife or Dagger- A knife or dagger would be good to have for opening fish ,  
crabs, and other sea creatures you can eat

Insect repellent and sunscreen- Insect repellent would be good to have if you  
keep getting bit by insects and sunscreen is good so you don't get sunburn.

By victoria