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SPORTICA: Journal of Sport Science and Physical Education

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ABSTRACT (With Letters ***Arial Narrow***, 11 with 1 Space)
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ABSTRACT
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Keywords: maximum 5 words; keyword one; keyword two etc.

INTRODUCTION

Introduction typed in capital letters [*font* ***Ancient Book*** 12,] contains the background to addressing a problem, urgency, and rationalization of activities, literature review, problem-solving plan, activity objectives, and hypothesis development

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METHOD

The research method explains: approach, scope or object, operational definition of variables/description of research focus, location, population and sample/informants, main materials and tools, data collection techniques, and data analysis techniques. [***Ancient Book***, 12,]

RESULTS AND DISCUSSION

Table 1. Example of Table Form

Group	*Rate-rate*	*t-count*	*t-table*	*p*
Data	17,72	***6,479***	***.179***	***0,000***
Data	15,88			

Research results are presented comprehensively and in accordance with the scope of the study. They may be supplemented with tables, graphs (pictures), and/or charts. Tables and figures are numbered and titled. Data analysis results are interpreted correctly.

Table 2. Example Table

Variables	**Group**	**sig. (Kolmogorov-Smirnov)**	**Information**
Self-Confidence	Experiment	0,200	Normally Distributed
	Control	0,156	Normally Distributed
Concentration	Experiment	0,187	Normally Distributed
	Control	0,134	Normally Distributed

The discussion section presents the findings logically, linking them to relevant reference sources. [***Ancient Book***, 12,].

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CONCLUSIONS AND SUGGESTIONS

The conclusion contains a summary of the research results and discussion. Conclusions are research findings that answer research questions or research objectives. Research results provide suggestions/contributions to the application and/or development of science.

Suggestions contain suggestions for research [***Ancient Book***, 12,].

LIST OF REFERENCES

Contains referenced sources, and at least 80% of them are bibliographies published in the last 10 years. The reference list is written in accordance with the *American Psychological Association (APA) Fifth Edition*. All sources listed in the bibliography must be included in the article manuscript.

It is recommended that the writing of the script and the situations referred to in this script use a reference application (*reference manager*) such as Mendeley, Zotero, Reff work, EndNote, and others. [***Ancient Book***, 12,]

Assabiqi, K. & Pardijono. (2013). Increasing Student Interest through Experiential Learning in Volleyball Underhand Passing (Study on Fourth Grade Students of SDN Pasungmalang 1, Puspo District, Pasuruan Regency). *JPOK: 1 (3)* 648- 651.

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