

SPORTS



SEOUL
FOREIGN
SCHOOL

SFS Cross Country - 500 Club

2022-23 Recipients

Megan Lozneau - 510.97 km

2021-22 Recipients

Alma Lilljequist - 747.3 km

Holger Molin - 525 km

Lance Jones - 500.2 km

2020-21 Recipients

Holger Molin - 502.93 KM

Seawon Park - 505.21 KM

Alma Lilljequist - 518.56 KM

Alaina Smith - 570.3 KM

Kenzo Nakamura - 588.12 KM

Leon Lee - 724.89 KM

SFS Cross Country - 300 Club

2021-22 Recipients

Alaina Smith - 406.2 km

Daniel Park - 400 km

Megan Lozneau - 370.49 km