

## **Can you help fill our Food Pantry shelves?**

The Lincoln Food Pantry is operated by the Society of St. Vincent de Paul (SVdP) at St. Joseph Church. It is open twice a month and serves 200 clients who live, work or go to school in Lincoln or Weston. SVdP also offers emergency financial assistance; rent, utilities, car repairs, medications etc. We expect that the need for food and financial support will greatly increase over the coming weeks.

### **How can you help?**

#### **Donate food:**

The Food Pantry receives approximately 4,000lbs of food from the Greater Boston Food Bank which stocks our shelves, but also fills our refrigerators and freezers with meats, poultry, fish, vegetables, milk, yogurt, cheeses and much more. In addition we receive approximately 1,000 lbs of vegetables. Because food is in high demand right now, we are low on some items. If you would like to support your neighbors in need, here are some suggestions of what you can add to your shopping list:

Progresso soup  
pasta sauce  
cereals  
jelly  
mayonnaise  
shelf stable Parmesan cheese  
crackers  
cookies  
gluten free items  
paper towels and toilet paper

Surprise us and our clients by bringing things you and your children like! All donations are greatly appreciated. Shelf stable items only and please make sure the food is within sell by date.

#### **Where can you leave food donations?**

1. St. Joseph Church - in the vestibule at the side entrance (where the ramp is).
2. St. Julia Church in Weston at the back of the church
3. Donelan's - buy and drop in the collection bin behind the registers.
4. Deliveries - deliveries without a signature required from places like Amazon, Amazon Fresh , Walmart, etc can be sent to: Chris Connell, 142, Lincoln Rd., Lincoln MA 01773

#### **Donate funds:**

Please send checks to SVdP, PO Box 324, Lincoln MA 01773, made payable to SVdP.

#### **For more information:**

Please contact Ursula Nowak at [unowak33@gmail.com](mailto:unowak33@gmail.com) or 781 259 4297

#### **Are you in need of help?**

For food, please contact Karen Boyce at [karenboyce620@gmail.com](mailto:karenboyce620@gmail.com) or 781 259 9303

For financial emergency assistance, please contact Tomasina Lucchese at  
[tomasinal@mac.com](mailto:tomasinal@mac.com) or 617 680 4159

Lets come together as a strong community! Each one of us can do something. Any help you can give is greatly appreciated!