

2026 VFAC Track Series

Friday August 14th, 6:00 pm–8:00 pm

Summary

This event is a track meet hosted by the Vancouver Falcons Athletics Club (VFAC). It will include races over 100mWC, 400m, 400mWC, 4x400 mixed relay, 1500m, and 3000m. It will be held at the Rashpal Dhillon Track & Field Oval at the University of British Columbia. Races will be officiated by BC Athletics Officials and timed using electronic timing equipment. The event will be sanctioned by BC Athletics and World Para Athletics.

Please note that in order to provide an accessible track racing experience, the 2026 VFAC Track Series will not be a certified event for the purposes of BC Athletics, Athletics Canada, or World Athletics rankings. If you are a Masters athlete and wish to compete in a certified event, please register for the BC Athletics Masters Championships taking place alongside the VFAC Track Series this year.

Venue and Date

Date:	Friday, August 14th, 6:00 pm-8:00 pm
Location:	Rashpal Dhillon Track & Field Oval 2329 Wesbrook Mall, Vancouver, BC V6T 1Z3 See map here
Facility Description:	- 8 lane, 400m synthetic polyurethane running track - washroom facilities available - Street parking along Wesbrook Mall and East Mall, with Thunderbird Parkade also nearby
Meet Director:	Conor Brendan Dunne dunnec15@tcd.ie 604-338-1482

Registration

Entries will be received online through Trackie. **No race-day registration will be available.**

- Registration link: [click here](#)
- Trackie registration deadline: Wednesday August 12th 2026, 11:59 pm PST
- Registration fees:
 - \$25 early-bird**
 - \$30 regular

*Register for one event and get any additional events free!

**Early-bird deadline is Friday July 17th, 2026, 11:59 pm PST

- Please note that due to scheduling limitations, the following entry limits will apply to each open event:
 - 400m: 16 men, 16 women
 - 1500m: 16 men, 16 women
 - 3000m: 24 men and women
 - 4x400m Mixed Relay: 16 teams

Once these entry quotas are filled, no more entries will be available. However, if there is sufficient demand for an additional heat in one event, and insufficient demand for an existing heat in another, the race director may decide to add an additional heat for the in-demand event. If you find your desired race distance is full, please contact the race director expressing your interest in scheduling an additional heat for that distance.

Meet Website, Results, Photos

- Event Website: [VFAC Track Series Website](#)
- Race Results: [VFAC Track Series Website](#)
- Race Photos: [VFAC Track Series Website](#)

Tentative Schedule

Legend: WC = Wheelchair

Distance	Heat	Start Time
400mWC	Para Mixed	5:30 pm
400m	Open Men	6:00 pm
	Open Women	6:10 pm
100mWC	Para Mixed	6:20 pm
100m Fun Run	Boys/Girls	6:25 pm
1500m	Open Men	6:35 pm
	Open Women	6:45 pm
3000m	Open Mixed	6:55 pm
4x400m Relay	Open Mixed	7:55 pm

On arrival please register at the VFAC tent to receive your race bib. Please arrive and register no later than 45 minutes before your race. Please note that the schedule may be adjusted depending on early interest and registration trends.

4x400m Mixed Relay

Please note that 4x400m mixed relay teams must be composed of two males and two females and athletes must run in the order: male, female, male, female.

Shoe Regulations

The VFAC Track Series is not a certified event for the purposes of official race results. As such, you are permitted to race in whatever shoes you feel most comfortable in. If you are a Masters

athlete and wish to compete in a certified event, please register for the BC Athletics Masters Championships taking place alongside the VFAC Track Series this year.

Contact Details

- Meet Director: Conor Brendan Dunne // dunnec15@tcd.ie // 604-338-1482
- Event Website: [VFAC Track Series Website](#)
- UBC Track Address: 2329 Wesbrook Mall, Vancouver, BC V6T 1Z3