

Delicious Disguises

Duct Tape Dummy Guide

Hey there! Welcome to our guide on how to make a custom body form of yourself, also known as a “duct tape dummy”, or DTD for short. We use these in order to make your fursuit as custom fitted to you as possible, and as a base for sculpting and patterning markings. The process can sometimes seem intimidating or confusing so we are here to help make it as easy as possible for you to make your own DTD.

There are also some particular requests we have that other makers may not have asked for, so even if you've made one before, please make sure to read this anyways if we have requested a DTD from you.

This method requires that you be able to stay standing up for around an hour, poles are used to support your arms so they don't get fatigued. If you are unable to do this for any reason, physical or emotional (i.e. claustrophobia), please let us know and we can discuss other options for making your custom fitted suit.

You will need to have at least one helper when you make a DTD, this is not something that can be done alone. The more helpers you have, the faster the process! Make sure your helper(s) are not taping you too tightly and absolutely no “mummy-wrapping”, be vocal with your helpers if you feel any pain or dizziness. When taping around the chest and lungs, be sure to breathe in deeply when each piece is applied. Make sure that the tape is not constricting your chest. Do not lock your knees! Your safety is always the first priority. Drink water and use the bathroom beforehand, stretching is good too!

Supplies Needed:

- Painters coveralls

-This will be the base of your DTD, most any kind will do as long as they are not stretchy. If it has a hood, just cut it off to get it out of the way. Here is an amazon listing that has many sizes:

[YIBER Disposable Protective Coverall Hazmat Suit, Heavy Duty Painters Coveralls, Made of SMS Material, Excellent air permeability and water repellency- 1 PCS/PACK \(XXXL, Blue\)](#)

You can also find these at most hardware stores.

- Paper Towels

-to extend arm and leg cuffs to cover exposed skin if needed

- High Quality Duct Tape (150-200 yds)

- It's very important to get good duct tape! Do not get dollar store or harbor freight stuff. Brands we recommend are Duck and 3M.

Here is an amazon listing for 180 yards of 3M duct tape:

<https://www.amazon.com/3M-Industrial-Strength-Multi-Use-Professional/dp/B0977QS23P>

- Sharpie

- Medical scissors

- Here is an amazon listing:

<https://www.amazon.com/Madison-Supply-Premium-Fluoride-Scissors/dp/B00YFG1U86/>

These are for safe escape from the DTD, if you choose not to use these, it's at your own risk.

- A couple of buddies

- We cannot help you find friends, you'll have to figure this one out on your own, sorry! ;P

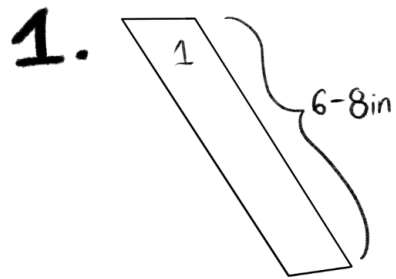
- Poles or chairs to hold up your arms

- Broom/mop handles, vacuum cleaners, a tall chair back, anything that is the height needed to rest your arms on while they are extended out horizontally, roughly armpit height

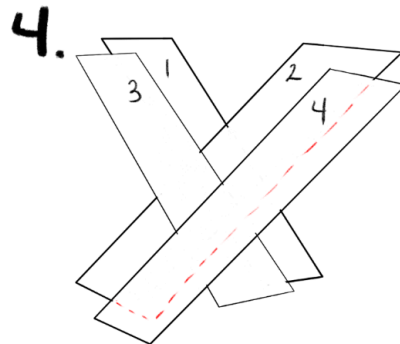


Weaving Tape Pattern:

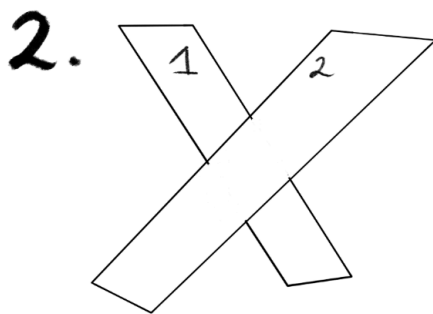
This is an optional but recommended technique that you can use anywhere that you need to fill space on the dummy form. By weaving and overlapping the pieces of tape, the dummy is strengthened, and it's easy to tell where you've been and how many layers there are.



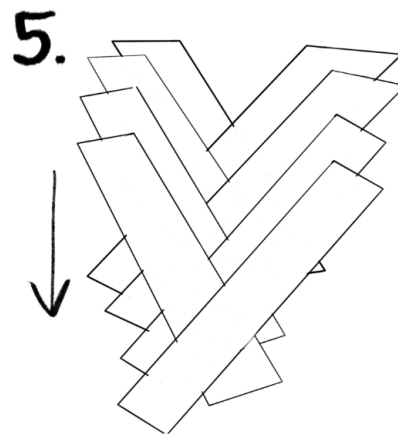
Use small strips of tape



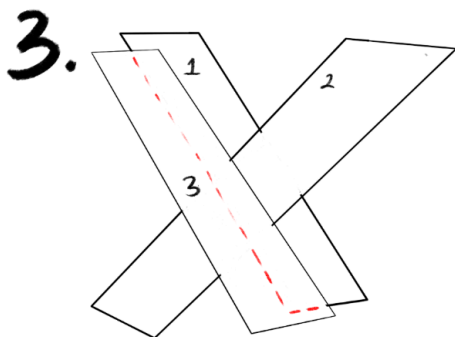
Slide to the right



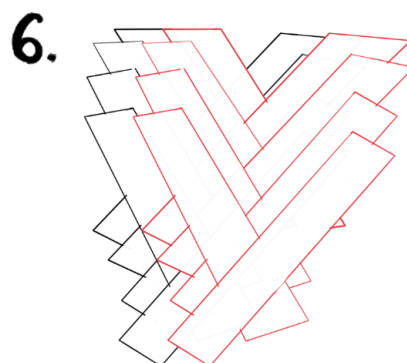
Criss cross



Cha cha again



Slide to the left
(repeat, partly overlapping
the first piece)

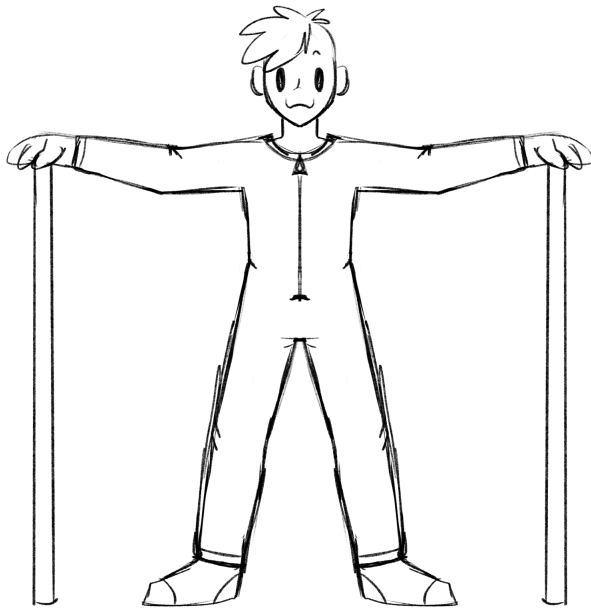


Everybody clap your hands
(next row overlaps the first)

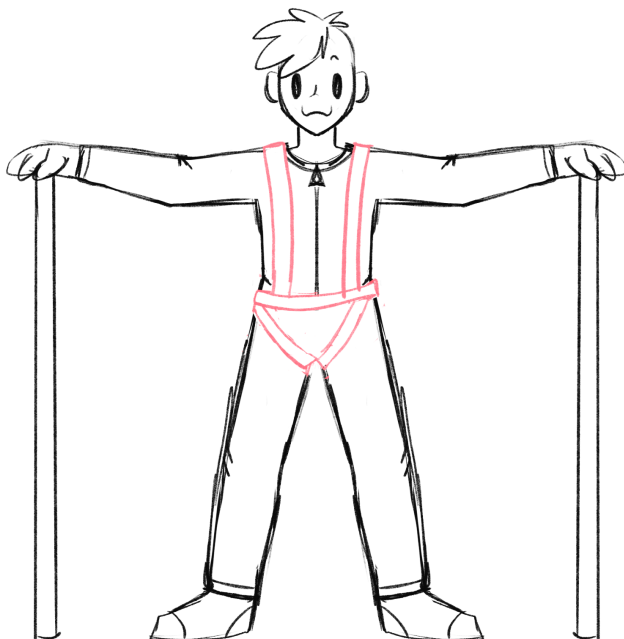
Making the Dummy

Start by getting dressed in the coveralls, be sure not to wear undergarments that you value too much, as sometimes they can get cut in the process of getting out.

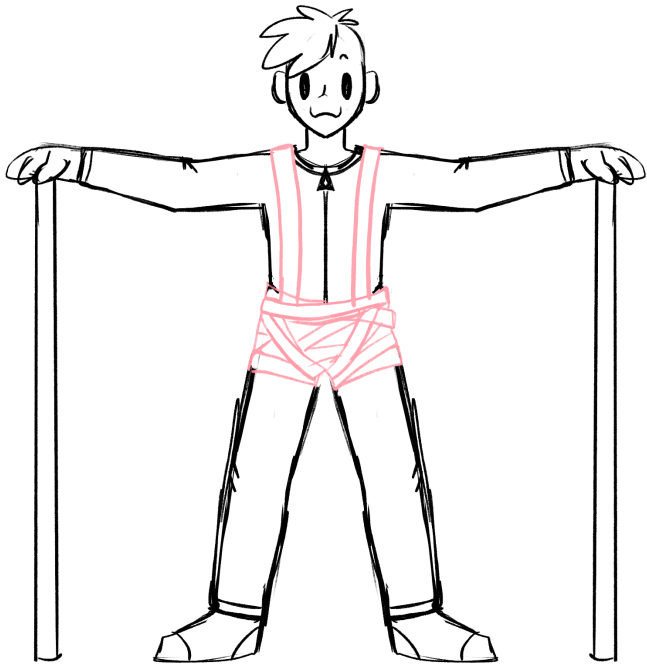
Proper stance is legs spread slightly, arms raised out, roughly shoulder height. Straight out: not hanging down or sticking up above your shoulders. Knees ever so slightly bent, don't lock your knees or you might pass out!



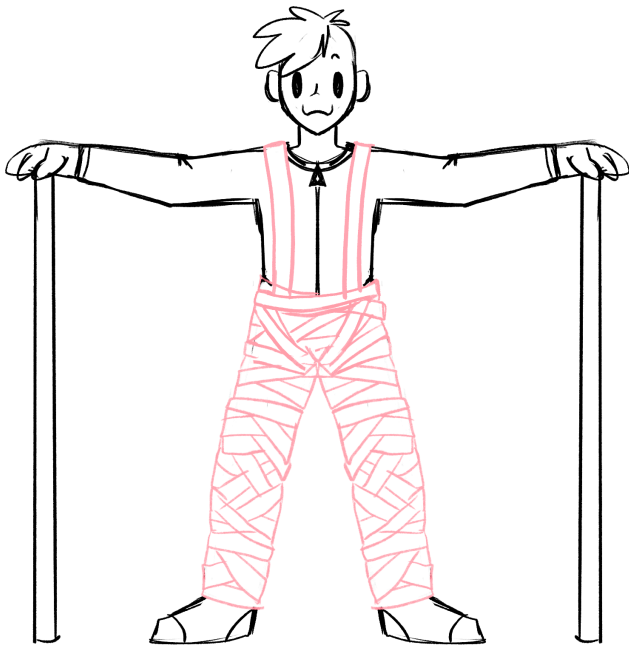
You can have the poles for your arms ready, but feel free to use your arms for the next step if you feel uncomfortable with your helpers touching your groin.



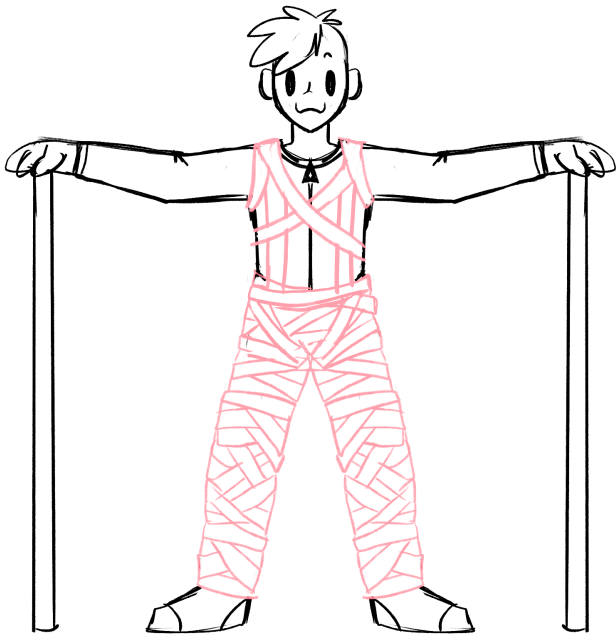
Wrap around your waist and each leg, making a "bikini" shape, and over each shoulder like suspender. You can do this a couple of times until the coveralls are snug in those areas



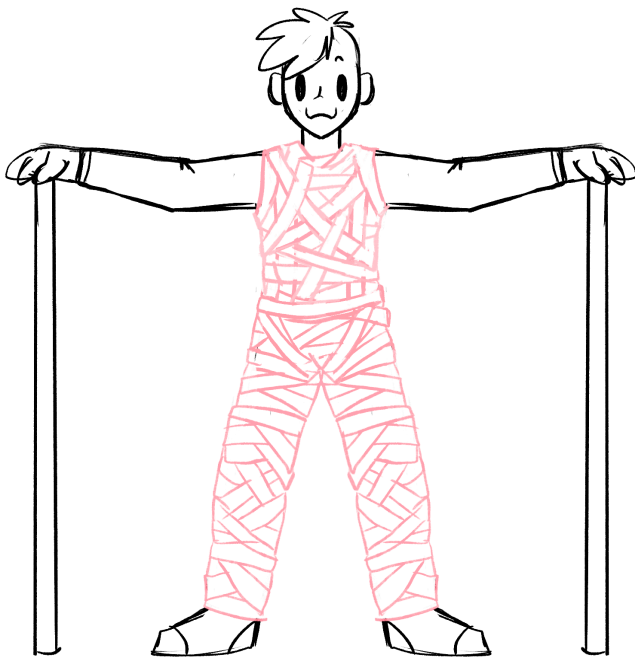
Continue covering the entire crotch and butt area, you want this to be nice and snug, don't be shy! Have your helpers make you some solid duct tape shorts!



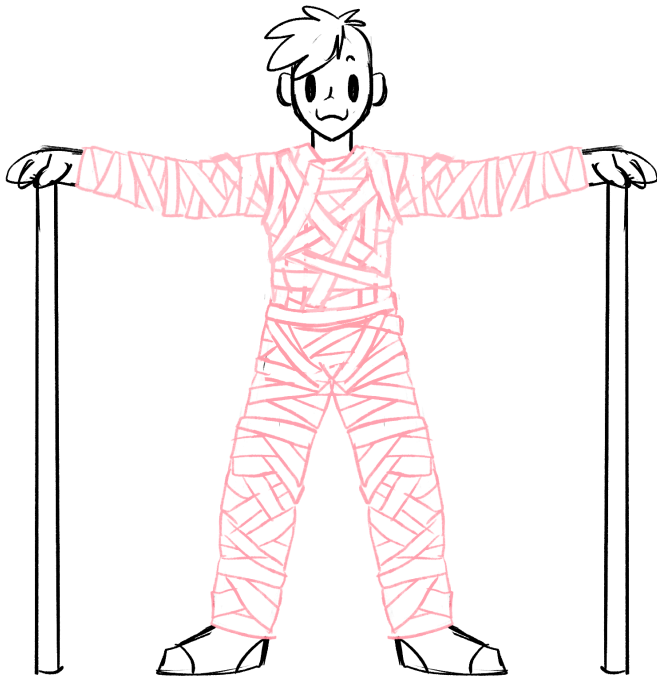
Now turn those shorts into pants! The weaving pattern is very useful here. Make sure that the ends extend all the way to the bottom of your ankles, this is where you can use those paper towels if needed. Taping the entire foot is not necessary.



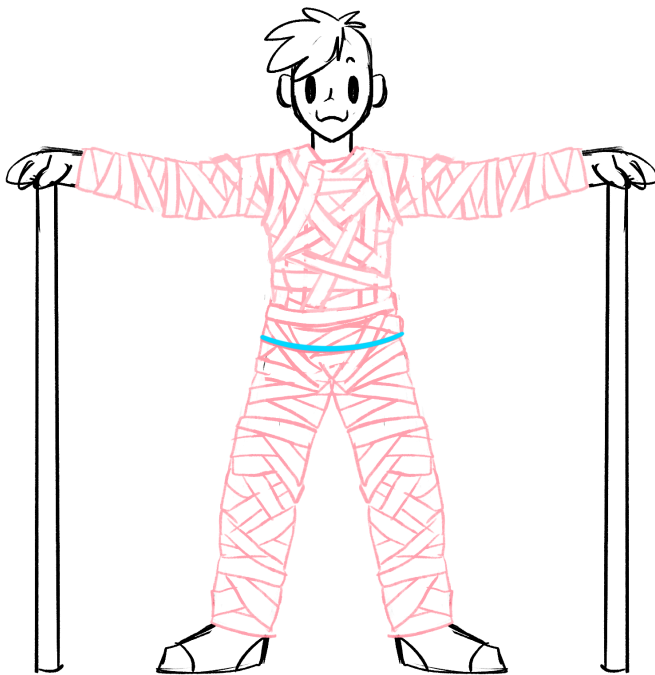
Make loops around the arms, make sure the armpit is nice and snug. Make an 'X' across the chest and back for structure and to compress any wrinkles in the coveralls



Finish covering the entire torso. Once again, the weaving pattern can be useful here. Use paper towels if needed to extended the neckline

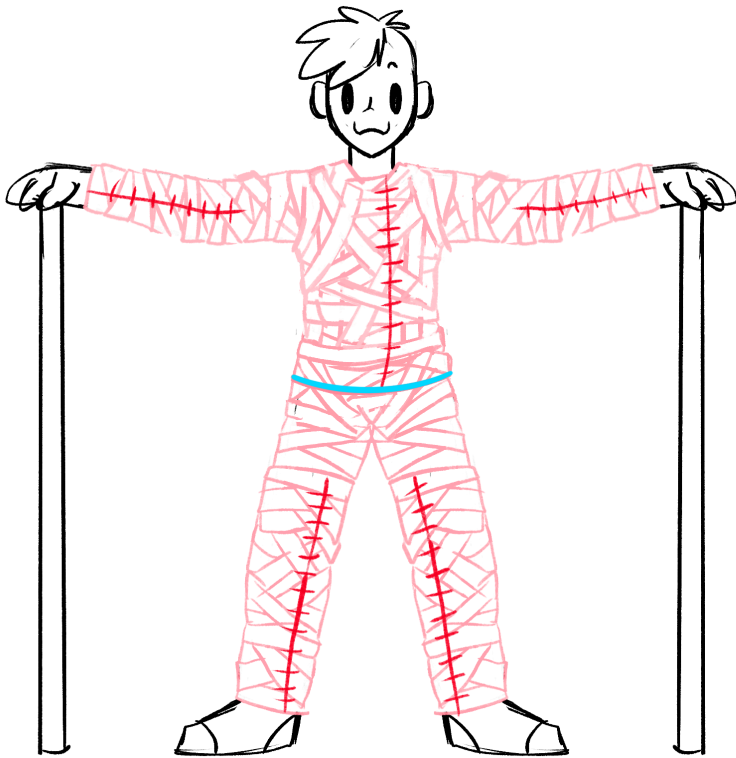


Continue down the arms. Not too tight on the elbows and wrists, make sure there is a tiny bit of room in those areas so you can be cut out. Use paper towels to extend the wrists if needed.



Repeat the entire process! Use all the tape! Layer layer layer! Please make sure the entire dummy is at least three layers thick, four or five is better. Two layers is not enough!

When done layering, have your helper mark where your belt line is, where you would normally wear a belt. And indicate which side is your front.



Lastly, before you are released from your duct tape prison, take a moment to reflect on your life choices while your helper makes lines and hash marks along the places they intend to cut. This is very important, we use these marks to line things up properly when we tape shut and stuff the dummy.

First cut down the front or back of the torso, which you choose may depend on body type, go with whichever is easier to get the medical scissors into. If the person has large breasts or belly, the back may be easier.

Next, cut each limb free, go as high up the limb as needed to get the suit off, and be very careful around the elbows and knees.

DO NOT connect the cuts to each other, there should be five separate cuts (at least, some people may need more cuts).

You're free! Congratulations on completing the fullsuit rite of passage!

Spray that sweaty thing with isopropyl alcohol or febreze as a favor to us and write your name on the front so we know whose it is!

Then fold and ship that sucker to us, we will give you the shipping address via email or DM. Please do not tape the dummy back up along the cut lines.