

Dear parents and students,

We are all thinking about you and your families during this confusing and unprecedented time. Our primary concern is for your health and well being. Please know our thoughts are with you.

We will be updating this page frequently, but as our students know, our primary communication has always come from Google Classroom. You can continue to access materials and assignments there. **Parents, you can request an invitation to this Google Classroom, which will give you email reports of what is posted. However, you likely won't be able to access the actual classroom site, so I will list assignments and due dates here for you to see. Please ask your child to show you Google Classroom at any time.**

We will be available throughout the day through our emails and will be available for zoom office hours...

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Again, please take care of yourselves and hope to see you soon! Find time in the day to decompress as well as work. I'll provide some resources for that at the bottom of the page too!

Ms. Taryn Smith

Tentative Schedule - Literature and Composition (Seniors)

Week	Topic of the Week	Due Date for Optional Assignments	Notes
April 6 - 9	Practical Life Skills	End of the week	cooking, cleaning, laundry, paying the bills, writing a check
April 13 - 17	Employment	End of the week	email etiquette, job applications, interviews, contracts
April 20 - 24	Leases/Conflict	End of the week	roommate agreements, how to say no, peer pressure, compromising/negotiation
April 27 - May	Time Management and	End of the week	using a planner, goal setting,

1	Organization		organization hacks, sleep schedule
May 4 - 8	Miscellaneous/student suggestions	End of the week	after graduation, college, relationships, self care, Q & A

Tentative Schedule - APPASE (Juniors)

Week	Topic of the Week	Due Date for Optional Assignments	Notes
April 6 - 9	Postmodern Literature	End of the week	See linked document for student options
April 13 - 17	Representation in Literature	End of the week	See linked document for student options
April 20 - 24	Juxtaposition of setting, characters, and literary devices	End of the week	See linked document for student options
April 27 - May 1	Good vs. Evil	End of the week	See linked document for student options
May 4 - 8	Love, Courage, and Friendship	End of the week	See linked document for student options

Google Classroom Links

[2nd hour: Lit & Comp co-taught with Emily Carter](#)

[3rd hour: APPASE](#)

[5th hour: Lit & Comp co-taught with Emily Carter](#)

[7th hour: Lit & Comp](#)

[8th hour: APPASE](#)

Online Resources

Mental Health and Coping:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html?CDC>

[_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2FManaging-stress-anxiety.html](https://www.cdc.gov/coronavirus/2019-ncov/prepare/Managing-stress-anxiety.html)

Relaxation techniques:

<https://www.mckinley.illinois.edu/health-education/stress-management/relaxation-techniques>

Resources to help you take a break

Virtual recipe box:

<https://humanresources.illinois.edu/campus-wellbeing-services/resources/online-toolkits/Online-Recipe-Box/Recipes.html>

At Home Workouts: <https://watch.lesmillsdemand.com/at-home-workouts>