

MEDWAY NEUROLOGICAL NETWORK - AGM

www.medwayneuro.org.uk/about

THANK YOU

Thank you to all who attended our Annual General Meeting on Wednesday 27 March. We were honored that Bill Cockcroft DL, representing The Lady Colgain, Lord-Lieutenant of Kent, opened proceedings. We would like to say Thank You to Richard Morsley, CEO Chatham Historic Dockyard Trust, and his Team, for hosting our AGM. We would also like to thank Cedi Frederick, Chair Kent & Medway ICB for being our Guest Speaker. Our very best wishes for a speedy recovery are sent to The Worshipful, The Mayor of Medway - thank you to Cllr Murray for updating the meeting and for passing on our good wishes. The following members of the MNN were elected as MNN Trustees for 2024/25; Phil Bungay (Chair), Linda Nicolaides (Secretary), Martin Nagler (Treasurer), Richard Curzon (Safeguarding Officer), Thomas Akoensi, Tracy Allen, Rohan Charles & Henry Iwunze. Cedi Frederick's talk generated a lot of discussion, so much so, we did not have time hear about our Campaigns or about the Neuro Activities in Medway - all the papers from the meeting are available on our website on the About tab - we encourage you to read them.

Phil Bungay, Martin Nagler, Linda Nicolaides and all the Trustees and Members of the MNN



Deputy Lt Bill Cockcroft opening the AGM



A well-attended AGM



Annual Report

We heard from Martin that the MNN is transitioning from being a community support group to a charity, and that we had started engaging with the Medway & Swale Health & Care Partnership (HCP). We had discussed our Neuro-Hub proposal with them. Martin told us about the fun singing movement group - the Medway Skylarks, and how it was now holding hybrid sessions. Also, we heard about a new Neuro café at the Bread of Life café in Strood.

Campaigns

A MNN campaigns paper for 2024/25 was prepared - we would encourage you to read it on our website. Our Campaigns include help with Cost of Living, Disabled Bus Passes, Medway Adult Social Care Plan, engagement with the ICB & HCP, Bus Passes for Young Carers, the Neuro Hub proposal, & and an Integrated Therapy Center for Medway.



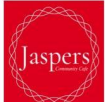


medway Neuro-Cafes



Welcome all who live with a neurological condition as well as carers and friends, for information, support and friendship



First Tuesday of the month 10am to 12pm
Walter-Brice Centre, Tilley Close, Hoo, ME3 9AE

Fourth Tuesday of the month, 10am to 12pm
Bread of Life, 17 Darnley Road, Strood, ME2 2EU

Fourth Wednesday of the month 9am to 11am
St Augustine's Place of Welcome, 192 Rock Road, Gillingham, ME7 5PW

Every Friday 1pm to 3pm during term time at
Jasper's Cafe, Rochester Community Hub,
Rochester Adult Education Centre, ME1 1EW

For more information email: info@medwayneuro.org.uk
www.medwayneuro.org.uk/medway-neuro-cafes
 **Medway Neurological Network**

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Neuro-Activities

We have compiled a compendium of neuro-activities in the Medway Area for 2024/25 - we would encourage you to read it on our website. They include: the establishment of Neuro Info Points at MCH's Walter Brice Center in Hoo, and the plan to extend this to the Healthy Living Centers in Lordswood, Rainham and Gillingham, along with the establishment of an info point in St Augustine's Church in Gillingham. Adding to the established Neuro Cafe in Strood, we plan new Neuro café(s) in: Allhallows, Rainham & Rochester. We promote Medway Adult Education courses for those with Neuro conditions e.g. Singing for the Mind, Gardening, & Tai Chi). Other listings include: Chatham FC hosting a Walking Football Group; Medway Boxing Club hosting B4Parkinson's & B4Dementia sessions; MCH running a Parkinson's Exercise Class. MNN is supporting the establishment of a Neuro Café in Tonbridge, as well as supporting both the Kent MS Therapy Centre & the Parkinson's Centre for Integrated Therapy (PCIT), in Canterbury.



Cedi Frederick - Chair of the Kent & Medway ICB

Thank You to Cedi Frederick, Chair of the Kent & Medway ICB, for being our Guest Speaker at the AGM. We heard from Cedi how the ICB has a mandate to Improve outcomes in Healthcare & tackle inequalities as well as supporting broader social and economic development but Cedi added a note of caution - although the ICB has the enthusiasm to make these changes, it will take time and they would like us all to help. Cedi told how this is an opportunity for the NHS, local authorities and other partners (i.e. social care, the VCSE sector, education and business) to work together. BUT - Cedi told us there are challenges

- Kent & Medway have the highest patient to GP ratio in the UK;
- Although the ICB has a budget of £4bn, they are significantly overspending!

BUT

- The integrated Healthcare system has been set up and is working!
- A Workforce Strategy is being developed;
- A Primary Care Strategy is being developed

&

- The ICB is reviewing the way the NHS in Kent & Medway Communicates and Engages.

Special thanks to: Patricia Reilly, MVA, for the photography, audio video Zoom hybrid technical set-up, and Zoom hosting; Michelle Trumper (wHoo Cares) for the PA System; Rob Flood (City of Rochester Society) for assisting Tricia in Zoom hybrid set-up; Sue Lovell (Versatile Vocals/ Medway Skylarks) for Zoom hosting; Rohan Charles (Alzheimer's Society/ MNN Management Team) for manning the hectic Welcome Desk; Louise Bungay and Janet Odom for helping set the room/ refreshments; and many more who made the AGM a success.